

New High School Building Site: No Oil

Preliminary boring results show no oil in the ground slated for new building construction

By JAYNE W. MILLER
 WILMINGTON - The High School Building Committee announced at a meeting last week that preliminary results of two studies indicate no oil present in the soil on the site of the proposed Wilmington High School.
 "There was no contamination observed in borings for the new school building site," Owners Project Manager Lisa Matey Bergeron told the Crier.
 "We encountered oil, but not in the building area," said Jon Richardson, Project Manager for architectural

firm Dore & Whittier.
 A geo-technical study of the soils conducted at the proposed building footprint collected a dozen borings reaching down to bedrock to determine the soil strength and bearing capacity prior to construction.
 A geo-environmental study was simultaneously conducted on the portion of the site affected by leaking oil tanks 27 years ago. That specific portion of the site is where the current high school stands and is subject to an Activities and Use Limitation (AUL) as a result of those

past leakages. The study took five soil borings extending down fourteen feet. The testing of this area was conducted, "just to confirm that

activities planned for that area will not disturb the contamination," explained Bergeron.
 Both studies were conducted

by HML Associates of Hingham and were done with a Licensed Site Professional (LSP) on the premises. All the borings were sent to a lab

for analysis and the official report is expected at the end of the week.
 Oil was encountered, as

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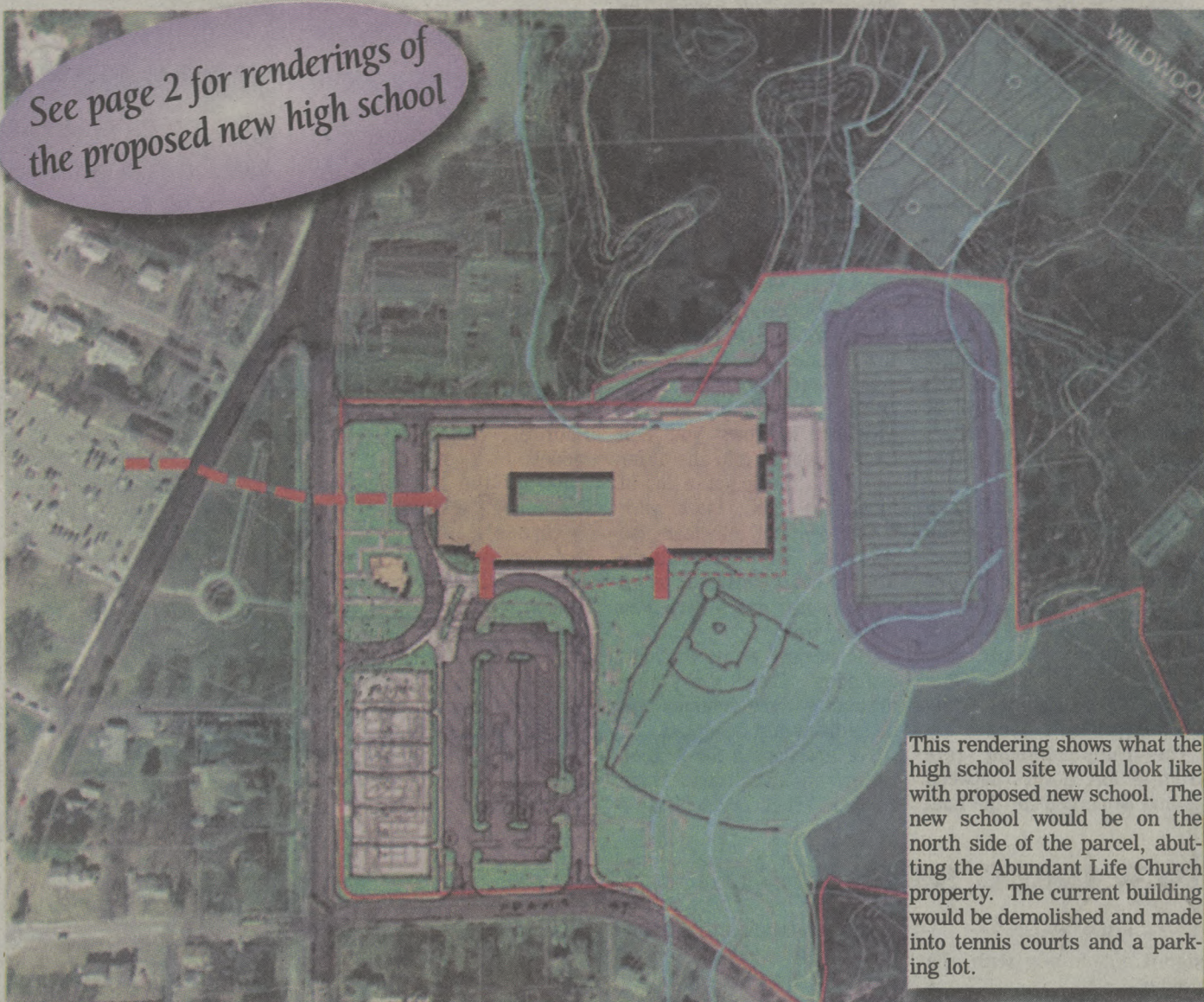
New name; same project

Construction on Burlington Avenue apartment complex slated to begin

By JAYNE W. MILLER
 WILMINGTON - A settlement recently reached between Burlington Avenue residents and The Federated Companies paves the way for a new 108-unit apartment complex on the former Diamond Crystal Salt property.
 A few neighbors opposed the apartment complex at 10 Burlington Avenue and

appealed the decision of the Board of Appeals that allowed the project to change from an ownership/condominium model to rental units; taking the matter to Superior Court. As previously reported in the Crier, Representative James Miceli had joined that appeal, at the request of abutters, and indicated that at least five other families saw

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This rendering shows what the high school site would look like with proposed new school. The new school would be on the north side of the parcel, abutting the Abundant Life Church property. The current building would be demolished and made into tennis courts and a parking lot.

Police seek the Rotund Robber



On August 18, 2011, at approximately 5:00 a.m. a heavy-set white male wearing a red face mask entered the CVS Pharmacy in Wilmington and proceeded directly to the Pharmacy Counter. There he showed the pharmacist a note demanding several types of prescription narcotics. The pharmacist complied with the demand and the suspect immediately ran out of the store and drove off in a full size, dark colored SUV. There were no other customers in the store at the time of the robbery and no weapon was shown. The suspect is described as a white male between his early 20's to early 30's. He appeared to be clean-shaven and is described as being "fat." He was wearing a red face mask with holes cut out, he had a dark green tee-shirt over a white tee-shirt and was wearing black pants.
 Police did not disclose the amount or types of narcotics that were taken in the robbery.
 Police are requesting anyone with information on a possible identification to contact the Wilmington Police Department at 978-658-5071.

A look back at Wilmington of yesteryear...

Bringing Hawaii to Wilmington...almost

(Originally published in the Town Crier, Sept. 7, 1961)
By CAPT. LARZ NEILSON
 WILMINGTON - If Ernest Durb should happen to look out his window, he might discover that part of the part of the chicken fence he put up to

divide portions of his yard are gone.
 Perhaps Ernest knows it already. Perhaps he knew it at the time it disappeared. And perhaps he didn't, but that chicken wire went to serve in a noble if futile cause - the luau of the Amateur Hawaiians of Lawrence Acres, last Saturday evening.
 It all began in the fertile mind of Walter (Heileikukua) Drew of Lawrence Court.
 "Why not?" reasoned Spike Heileikukua, "one evening about three weeks ago, have a neighborhood roast pig festival, native Hawaiian style, complete with plenty of pineapple juice?"
 He spoke to a neighbor, found him enthusiastic, spoke

to another, etc. etc. In no time at all, 30 families had kicked in \$7.00 apiece for a real Hawaiian holiday.
 Of course, no one could make any poi, because the nearest source of taro, a necessary ingredient, is in Hawaii. But even if they could have had a barrel of poi, it was quite possible that the ladies of the Lawrence Acres area might have objected to the approved method of eating poi, i.e. hands into the barrel, no knives and forks, and lick off the excess poi with tongues.
 So it was decided to have a tossed salad. About a barrel of salad would do,

CONTINUED PAGE 2

The schools are ready

Windows replaced, roof repairs, upgrades, and more!

By JAYNE W. MILLER
 WILMINGTON - While kids are lamenting the waning days of summer, parents can take comfort in the knowledge that the schools are ready to open following a summer packed with repairs and upgrades to school buildings.
 Business Manager Paul Ruggiero spoke with the Crier about the variety and plethora of projects underway in Wilmington's learning communities.
 Perhaps largest among those projects was the total replacement of windows at the Shawsheen School.

Town meeting voted in 2009 to appropriate \$715,000 to replace the windows at the

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Woburn Street School custodian Corey Stornaieuolo was working on Monday afternoon preparing for the 2011-2012 school year.
 (photo by Maureen Lamoureux-www.shootingstarspix.com)

Kiwanis helped her start

Martorana has dedicated her life to improving the world

By MARCY RAGUCCI
 WILMINGTON - The Wilmington Kiwanis played a very important role in the path that Kathryn Martorana, has been on since they sponsored her in 2007. Martorana currently serves as Campaign Coordinator for Oxfam America's Oil, Gas, and Mining Program.
 It began in 2007 with a simple letter from Andover resident, Kathryn Martorana, who had just earned a B.A. in International Relations from the University of Delaware.
 "I sent a letter to the Wilmington Kiwanis Club requesting funds for my participation with World Teach. I gave a presentation for the Wilmington Kiwanis Club in the fall of 2007 where they offered \$500 towards my participation in World Teach," recalls Martorana.
 Chris Lyman, President-Elect of the Kiwanis Club of Wilmington, remembers, "Kathryn had written to us and asked us for her support in her post graduate effort and, because she is from a local town, we invited her to come and address the club and tell us about the program. The

club membership was so impressed with her and this endeavor that we felt she was deserving of our support. We have 'Children Priority One' as the Kiwanis International initiative aimed at helping all children around the world and felt it fit well with this mission, and so we supported her with a \$500 contribution to her goal of \$9,000 that she needed to raise to participate and she was short just a little over this amount. Members also made individual contributions."
 Martorana is the first college graduate doing a service project like WorldTeach that the Kiwanis Club of Wilmington has supported. In addition to supporting Wilmington events and initiatives, the Wilmington Kiwanis has provided financial support to other programs in the area like Camp Sunshine in New Hampshire.
 Lyman explains, "Our criteria for support is individualized, often depending on budgetary availability of funds as much of our budget is earmarked early in the fiscal year for programs in town we support such as Fourth of July celebration, senior citizen events, bike rodeo, Easter egg

hunt, Horribles Parade and scholarships. As well, we have many requests made in writing for which we have to decline. I think her (Martorana's) willingness to come and tell us about the program and its benefits to the children of Namibia was persuasive and we all felt a need to help. We wish we could help more often and with a larger contribution, but all our money is raised through our own fundraising activities and yearly budgets fluctuate."
 As a result of the Wilmington Kiwanis Club's assistance, Martorana first traveled to Onayena, Namibia in December 2007 and returned in December 2008.
 "After returning from Namibia, I spent a few months reintegrating into life in the U.S., spending time with family and friends. I began working for Oxfam America in April 2009 in the Boston office with their CHANGE Initiative - a student leadership program," said Martorana.
 Continuing to explain her path, Martorana adds, "In September 2009 I moved to Washington, DC where I began

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New High School Building Site: No Oil

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expected, in the AUL area during the geo-environmental study. Leaking underground tanks for the high school released oil in 1984 and a malfunctioning pump released a smaller amount in 1986. The town took steps in 1984 and again in 1988 to remove the oil tanks along with contaminated soils and groundwater and remediated the accessible portions of the site. Some contaminated soil remains beneath the current school building where it is inaccessible.

An AUL was attached to the deed in 2002 and states that "a condition of No Significant Risk to health, safety, public welfare or the environment exists", "subject to certain restrictions on use." Educational use of the property is explicitly allowed.

"It's very common to find

some contamination from historical underground storage tanks," added Bergeron. "We find that in many of the older schools."

The High School Building Committee also discussed three roof design proposals, all lending a different look and, ultimately, cost to the new school. The first is a flat roof with detailed cornices and screening just around the HVAC equipment. This option is the least expensive.

The second option offers a faux mansard roof design that sits on top of the flat roof and extends around the edge of the entire building. Many on the High School Building Committee liked this option best because it seemed to respect the historic nature of the surrounding neighborhood full of Victorian and Queen Anne style homes. The faux mansard roof is also the

most expensive option.

A third option proposing a modified mansard, or sloped screen, offers a design between a flat roof and a mansard. In this option, the roof sits back six feet from the edge and would stand just over the learning communities.

The Committee asked Dore & Whittier to review additional options and bring back the altered designs along with pricing to the next meeting. The committee will then come to consensus based on cost and priorities.

A joint meeting of the Board of Selectmen, the School Committee and the High School Building Committee is planned for the September 12 Selectmen meeting, which will take place at 7:00 p.m. at Town Hall.

The schools are ready

FROM PAGE 1

Shawsheen School. Last fall the district was awarded a grant from the Green Repairs Program through the Massachusetts School Building Authority. The Green Repairs initiative went out from the state for the express purpose of granting funds to districts for the repair or replacement of roofs, windows and/or boilers in public school facilities that are structurally,

"I thought that we had nothing to lose in applying and a lot to gain if we were chosen," Superintendent of Schools Joanne Benton was quoted at the time. "This is a win-win for Wilmington. We get energy efficient windows and about \$300,000 dollars to do another project."

The reimbursement rate from MSBA hovers between 43 and 48 percent of the bud-

geted cost.

George Hooper, Superintendent of Public Buildings for Wilmington, told the Crier that the plan was to replace all the windows in the Shawsheen School, built in 1970. The windows, with the exception of a few replacements over the years, were all original.

"They are probably the least efficient windows you can have," Hooper told the Crier last fall. "They got a lot of bang for their buck with those original (40-year-old) windows. The old windows are not energy efficient at all and in some cases have also clouded over."

The project scope includes ensuring that everything around the new windows will be caulked and insulated.

"We are hoping for a good return on investment," said Hooper. "They are telling us

we should see around a 40 percent energy reduction."

The Department of Public Buildings also repaired the roof at the Wildwood School as well as replaced tiles in several classrooms. Continuing the energy efficiency efforts across the district, a number of new energy efficient lighting fixtures were installed at the Boutwell, replacing older models.

Outside the buildings the Department of Public Works is currently fencing around the tennis courts, which should be finished the middle of next week and will resurface the courts after Labor Day. Tennis courts at the Woburn Street School and on Boutwell Street will also receive new fencing.

None of the repairs will impact the opening of school, said Ruggiero.

New name; same project

FROM PAGE 1

significant issues with the project.

Now that the parties have settled, the project can move forward. The terms of the settlement are confidential, said Suzanne Tamargo, Vice President of Marketing and Public Relations. The project will be named Legacy Park replacing the original Crystal Commons. Construction is slated to begin in October with projected completion in June 2012.

The Federated Companies, located in Boston and Miami, are a privately held property development and manage-

ment firm looking to develop the 11.5-acre parcel. The Board of Appeals originally permitted the site for 108 luxury condominiums within two three-story buildings, with 30 of those units designated as 'affordable' under the state's 40B affordable housing law.

At the December 2010 Board of Appeals meeting, Federated presented a plan to change the units from ownership condominiums to apartment rentals. Federated also proposed to scale back the

overall footprint of the building. Thirty units will still be priced affordably but, as a rental property, all 108 units will count toward the town's affordable housing stock.

Federated had previously asked for a minor change to the comprehensive permit to allow them to reduce the building size by 10 percent, in the square footage of the units, not the number of units.

Bringing Hawaii to Wilmington...almost

FROM PAGE 1

Heileikukua decided. Of course, it would have to be in serving dishes and served with forks and spoons. This much could be conceded to the fashions of the haole, especially the haole wahinis.

Now, the main ingredient of a luau, as any native of Hawaii can testify, is a roast pig.

Heileikukua and his friends, money in hand, went in search of two pigs, suitable for roasting. In Tewksbury, they found them, bought them, and took them away, secured with suitable chains around their necks.

Taking the pigs away from their native homes was only the beginning. In order that no wahini be distressed at the thought of eating uninspected pork, Atty. Dick George, who just happens to work for Swift & Co., just happened to be

able to take the porkers into the plant to have them pre-cooked and government inspected. It took a little Whereas and To-wit work on the part of Dick, but when those porkers left the Swift plant, they bore on their hides the stamp of approval of the U.S. Dept. of Agriculture.

Meanwhile, another Lawrence Acres man, Ted Forgeron, who happens to be employed by a large company which deals in the more-or-less occult sciences of today went into conference with some of his fellow employees.

We cannot roast a pig in the approved Hawaiian style, Ted told the engineers, because we do not have banana leaves. What shall we do? The engineers thought. Finally one of them took his hand away from his chin and asked, why not roast the pigs on a spit, as they did in Merrie Olde England?

The engineers pooled their knowledge and their sciences, and in a few days came out with a roasting spit, tested for 160 pounds, more than any

pig would weigh.

Driven by an electric motor with a chain drive, it would slowly roast Sir Porker and keep turning him all the time, to make sure that all parts had the same exposure.

The collective work of a half dozen men, it was taken to Ted's back yard, set up and tested. It worked perfectly.

Last Friday was the day to start the actual preparations for the luau.

The porkers, properly slaughtered and cleaned, were impaled on the spit, in the Forgeron's back yard.

The ladies, up and down the Lawrence Acres area, were preparing tossed salad and other goodies.

The men went to stores and bought such things as ten dozen rolls, canned olives and other supplies, including gallons of pineapple juice and other ingredients to mix with said juice.

Meanwhile, in the back yard, something was wrong with the driving mechanism. The motors did not turn the spits. Perhaps it was left-handed electricity, or maybe the moon was in the wrong position, but without being able to have the spits turned, the pigs couldn't possibly be roasted to the perfection demanded by Heileikukua Drew.

Someone got some stillson wrenches, and all night long, the men of Lawrence Acres took their turns at the duty of hand turning those spits. It was hot, tedious work, but Heileikukua must be satisfied!

Well along into Saturday, the pigs began falling apart on the spits.

That was the moment of truth for Ernest Durb's chick-

en wire fence. Whatever purpose Durb's fence may have had in the past, the time had now come for it to preserve those pigs.

Down came the fence, and willing hands wrapped the pigs in chick wire, to keep them from falling apart. Meanwhile, of course, the volunteer spit-turners kept up their never ceasing work.

Someone, the person who did it shall never be named, had made a sauce, with which to ensure that the porkers would have a full, succulent flavor.

Heileikukua brought over the sauce, and for the last four hours of cooking, volunteer workers liberally daubed the piece de resistance with that sauce.

It was hot work, but of course, it was worth it.

Came 9 p.m., Sept. 2, 1961.

The end of Lawrence Court had been suitably decorated. Tables were set up, loaded with goodies and pineapple juice.

And to the tables, well decorated, came the first of the two pigs. It looked delicious. But the looks didn't fully tell the story, for there was an odor, a something that made the wahinis of Lawrence Acres wrinkle their noses slightly.

Heileikukua had the honor of carving the first pig. He took up his knife and advanced to the task.

The closer he approached, the more he lost his enthusiasm. There was something, he just couldn't decide what.

He impaled the porker with a large fork and started to wield the knife in masterful style.

But he never finished that first stroke of the blade.

It was the sauce; something was absolutely indescribable.

The pig was set aside and put on a barrel in the back of Forgeron's home. One of the neighborhood dogs, noticing that the pig was unguarded, came up and sniffed it. He turned away.

It was a real emergency - hungry guests and no meat!

Heileikukua jumped into his car and drove to the nearest meat market that he knew would be open at 10 p.m. on a Saturday night, Freddie's in South Tewksbury.

"I want some cold cuts" Heileikukua told Freddy, about 9:55 p.m.

Look, said Freddy. "It's just about closing time."

"Start carving!" said Heileikukua.

Freddy started caving. About five pounds of cold cuts later, he stopped and looked at Heileikukua. How much meat does this crazy man want, anyway?

Heileikukua waved a bunch of bills in the air. "Carve!" he ordered. And Freddy carved. Ten pounds later, and only then was Heileikukua satisfied.

He returned to the Lawrence Acres Hawaiians, fully laden with a sort of substitute for a luau of roast pork.

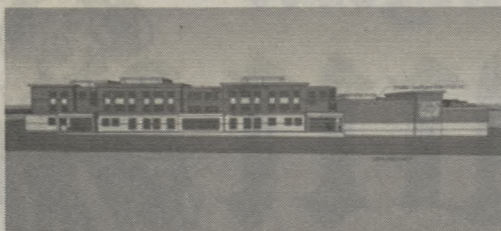
The party, sans roast pig, was still a tremendous success. It broke up about 1 or 2 a.m.

And at 3 a.m., Mrs. Forgeron woke up.

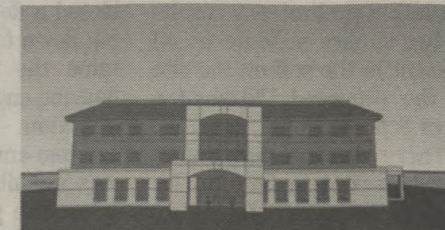
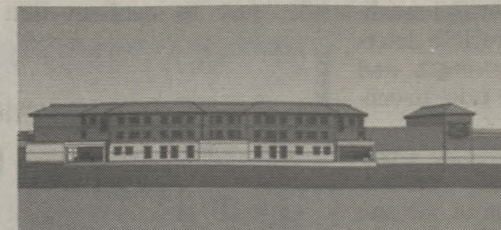
"What," she asked her husband, "is that odor?"

So Ted went out and buried the pigs, still untouched by the neighborhood dogs.

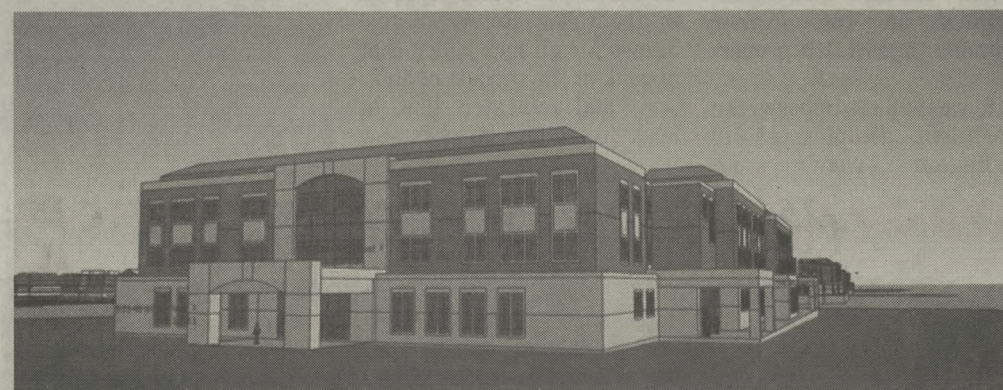
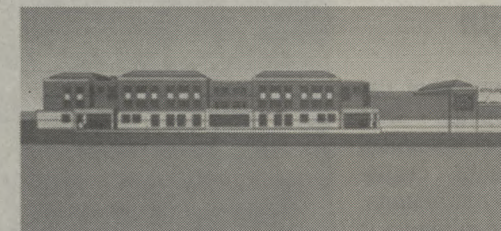
Flat Roof



Faux Mansard Roof



Sloped Screen Roof



Above are the three roof options for the proposed new high school that were presented to the High School Building Committee on Thursday night. See story (New High School Building Site: No Oil) for details.

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It's Your Money

by Joyce Brisbois



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As couples remarry, though, whether after a death or a divorce, their needs are often quite different. And what they bring to the marriage may need to be protected. Sometimes a prenuptial agreement makes sense. Such an agreement generally states how money will be divided if the marriage doesn't work out.

Does one spouse or both have children from a previous marriage? A pre-nup can state which assets should go to the kids. A family business? A pre-nup can outline who gets any appreciation in its value. Does one spouse have vastly more savings—or debts—than the other? A pre-nup can determine how the assets will be divided and the debts taken care of in case of a breakup.

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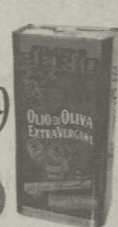
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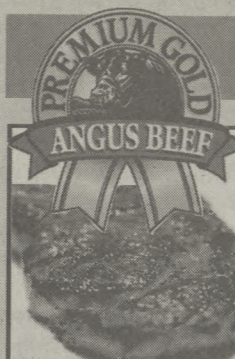
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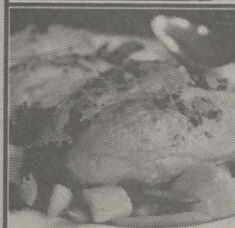
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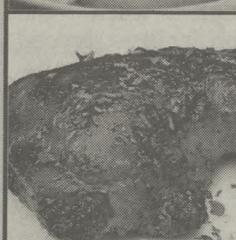
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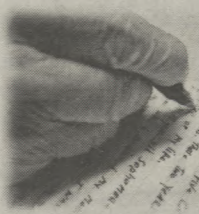
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Letter to the editor

Thank you for what you and your Local Heroes team do for us

(The following letter was written to Lou Cimaglia, founder of Local Heroes. It is being published here with the author's permission.)

Hey Lou,
Kyle M here, I can't thank you enough for what you guys down at Local Heroes do for us. I remember when I used to be down there sending packages out to my brother and my cousin. Now I'm here.
There are not a lot of people in the world who have shown

the great support that you and the rest of the team do for us. The guitar came here in great condition, no cracks, no missing pieces. And the care packages have everything I need in them, and if there are any extra items, I give them to my brothers here. What you guys do for us makes our days easier. And I can't thank you enough for everything you do.

Semper Fidelis
USMC
LCpl Kyle M

A benefit for Mikey

Laser tag at LaserCraze for a good cause

WILMINGTON - On Thursday, September 1, from 5-9 PM at LaserCraze in Woburn (15 Presidential Way), there will be a fundraiser being held for Mikey Murphy and his family. Mikey Murphy is the local Wilmington teen who went into cardiac arrest back in June. Since then, he has awoken from his coma and is undergoing intensive therapy to recover from resulting brain damage.

The upcoming event consists of two aspects. One is the Adrenaline Zone for children ages 10 & under. For this, wristbands cost \$9 for entrance into the Adrenaline Zone bouncy houses. The second event includes games of laser tag. Laser tag is \$12 for one game, or \$21 for two. Anyone aged 7 and older may play in the laser tag arena.

The first game to benefit Mikey begins at 5:15 p.m., with the second starting at 5:45, then 6:15, 6:45, 7:15, 7:45, and the last game is at 8:15.

Anyone interested in playing should show up on the hour, or on the half hour mark to register.

Forty-five percent of all sales made during the four-hour period from Adrenaline zone and laser tag games will go directly to Mikey and his family.

Everyone is encouraged to support this event, as it is a wonderful and fun way to help out a local family that is going through so much.

To book a session for you and your friends at LaserCraze, call 781-729-9300 and be sure to book it between the times of 5:00 p.m. and 9:00 p.m. next Thursday.

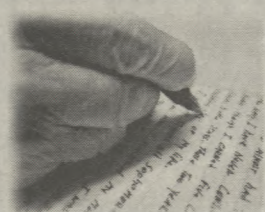
Anyone looking to get involved in the fundraising efforts, such as selling items at the event with proceeds going to Mikey and his family, is encouraged to contact event coordinator Angelina Amato at 617-283-4039 or e-mail her at Angelinab.Amato@yahoo.com.

Rebecca Quigley on Dean's List at Roger Williams

BRISTOL, RI - Rebecca A. Quigley, a resident of Tewksbury, has been named to the Spring 2011 Dean's List at Roger Williams University. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester, provided that they have not received any of the following grades: F, I, NP or NS.

Roger Williams University located in Bristol, R.I. is a leading independent, coeducational liberal arts university with education for the professions, where students

learn to be global citizens. With 42 academic programs, an array of co-curricular activities and study abroad opportunities on six continents, RWU is committed to its mantra of learning to bridge the world. In the last decade, the University has achieved unprecedented successes including recognition as one of the best colleges in the nation by Forbes, College of Distinction by Student Horizons, Inc. and as both a best college in the Northeast and one of the nation's greenest universities by The Princeton Review.



Letter to the editor

Stop the new high school

Dear Editor;
I read your editorial critique of my letter to you last week. You are absolutely right. It is the High school building committee that voted for the location of the proposed new high school before there were any soil testings or investigations. It should be noted that 4 permanent building committee members and a former one sit on the high school building committee. You stated that the oil discovery was categorically false. The oil that was gushing out of the ground was collected by me in a laboratory collection vial. I was on my way to the Board of Health director's office with the sample when the Wilmington police stopped me, detained me, and confiscated the oil sample. The sample now sits in the Wilmington police evidence room. Lt. Neville and Lt. Desmond are in charge of the evidence room. So suffice to say that the oil discovery is categorically TRUE!

Thank you for correcting me on my cemetery plot deficiency. Apparently, you wanted me to include the plots for those who wish to be buried at sea in the Wildwood cemetery wetlands. After a detailed report from Mr. Don Onusseit (D.P.W. superintendent) regarding the number of available cemetery lots, it was calculated that there are 1,540 plots at the Wildwood cemetery. This does not even meet 7% of the needs of the Wilmington population which is 22,809, according to the 2010 annual report. Mr. Onusseit's submittal is as follows: 170 4-grave sites (totaling 680), 158 2-grave sites with flush marker (totaling 316), 139 2-grave sites with monument (totaling 278), 86 1-grave sites (totaling 86), and 180 veteran's graves for a combined total of 1,540 sites. Out of town residents who have lived here before can buy lots. This further shows even a greater need for cemetery expansion planning. It does not make any sense to incur expensive land purchase costs or expensive development costs in another area of town to address this need. The property on Wildwood Street that is owned by the town across from the Wildwood cemetery is the most logical location for expansion. The land has

sandy soils, is level, has road frontage, and would not require our cemetery workers to move equipment to a remote location.

It is difficult to say how many students the school is being sized for because of conflicting reports. One thing is for sure. It is grossly inadequate. The school superintendent doesn't seem to understand something: Elderly people with 3 and 4 bedroom homes, usually, don't sell their homes to other elderly people. Wilmington has a significant elderly population. People with children or plans to have children tend to buy 3 and 4 bedroom homes. I think it is safe to say that this blows her enrollment projection analysis apart. Wilmington high school at one time educated approximately 1,200 students. Other architects agree this school sized for 960 students is not a sustainable school. 40B projects that have been built in town have not been built on 75-acre sites. Massive volume, combined with economic and policy changes causing disqualifications for mortgages, would create student enrollment trend changes for 40B cluster zone projects.

I have attended all the high school building forums. I think it is safe to say that the proposed school designs would make the ugly mill buildings in Lawrence look glamorous. These designs would definitely win first prize for the ugliest building award in Wilmington. They haven't said if they are going to try to match the pink poke-a-dotted public safety building design. The high school (with its 3 floors) being proposed without full air conditioning might require a name change. We can call it the Wilmington high school sauna. Heat rises, this ought to be an interesting learning environment on the third floor.

You didn't mention the upcoming employee pension fund crisis. Is it because the Town Manager doesn't want to lose the support of all the current employees and retirees for his misguided school proposal and over staffed departments? Maybe you and others can do some Internet searches for towns in America that have gone bank-

rupt and municipalities with a pension fund crisis. Income generation from transforming Wilmington high school to rentable office space would make sense if a well planned high school were to get built in a logical location. You do not knock down a building with local economic stabilizing ability. This building has had millions of dollars in upgrades and additions. This misguided proposal should be stopped now and not another dollar wasted. A continuation of expenditures for this proposed high school should be viewed as a defrauding of the community. I hope the voters of Wilmington give the Town manager a big two thumbs down and come out and slam this tax increase proposal, school location, and design request down the toilet where it belongs.

Sincerely,
Kevin MacDonald
Wilmington

(Editor's note: the editorial staff of the Town Crier does not offer "critiques" of letters to the editor. Readers of the Town Crier are welcome, and encouraged, to present differing opinions. Editor's notes are offered when the author of a letter to the editor presents erroneous statements-of-fact. Reiterations of falsehoods are offered again this week, so here we go again...

- It was not stated by the editor, nor was it implied, that there was no "discovery of oil" during the boring tests. Last week's editor's note corrected the author on his phrase that "oil was found bubbling out of the ground," which, again, was categorically false. Furthermore, the preliminary results of the soil tests for the proposed building site show no oil or contamination. Soil tests taken from the current site of the school do, as expected, reveal the existence of oil. However, the contaminated area will be utilized as a parking area, which is acceptable under the conditions of the existing Activities Use Limitations.

- For the second time in two weeks, yes, there is land available - aside from wetlands - within Wildwood

Cemetery that is available, but which has not yet been designated for plots. The author asked the DPW Superintendent to detail the available plots - he did not ask about the available potential for burial plots.

- There are no conflicting reports regarding how many students the new high school is being sized for, aside from those presented by the author of this letter. The school is being built to educate 960 students.

- For the second time in two weeks, the enrollment projections are Massachusetts Building Authority-approved. They are not the School Superintendent's projections. They were developed by the New England School Development Council (NESDEC) and were approved by the MSBA. With all due respect to Mr. MacDonald's credentials for projecting school enrollment, the NESDEC is a private, non-profit educational organization with more than 300 school districts as its affiliates across New England. It was founded in 1946 at the Harvard Graduate School of Education, and today leverages the expertise of over twenty former school administrators and workshop providers to provide resources to member districts. As an aspect of its planning service, NESDEC offers comprehensive enrollment projections.

- The author states that "other architects agree" that the enrollment projections are inadequate. This vague statement cannot be verified by the Town Crier.

- Last week's editor's note did not mention the "pension fund crisis," for two reasons - firstly, it was not germane to the subject at hand, and secondly, the author's reference to such a 'crisis' fell within the realm of opinion. Furthermore, the editor would not speculate on the Town Manager's strategies or to his thought process.

- For the second time in two weeks, the existing residential zoning at the current high school, not to mention the designation of the area as a Historical District, would not lend itself to "rentable office space."

Shield" yourself from a cell phone radiation scam

MARLBOROUGH - Scammers are always looking to make a quick buck, and with consumers concerned about harmful exposure to cell phone emissions, many scammers are looking to promote "shields" that can protect from the cancer causing waves. Better Business Bureau (BBB), along with the Federal Trade Commission (FTC) are warning consumers to be on the lookout for these so-called "shields" and advising consumers to turn to free options when limiting exposure to cell phone electromagnetic emissions.

Like many other too good to be true products, there is no scientific proof that these shields are actually effective. While it is always good to protect yourself from potentially harmful emissions, there are other ways to do it besides investing in a shield for your cell phone. The FTC even notes that these so-called "shields" may even interfere with your cell phone's reception.

"Leave it to scammers to jump on the latest scientific frenzy," said Paula Fleming, vice president of communications and marketing for the

local BBB. "It's important for consumers to do their research before investing in any too good to be true technology. More times than not, victims will end up with a faulty product that, in many cases, doesn't actually do any good."

BBB and the FTC advise consumers to consider these free options for limiting cell phone electromagnetic emissions:

Go hands free. When chatting on the phone for long periods of time consider using a hands-free device, like an earpiece, or using the speakerphone feature. For the short conversations, you may even want to consider just texting the message, which allows for a quick response and keeps the phone away from your head.

Wait for a good signal. When you have a weak signal, your phone works harder, emitting more radiation. Phones also give off more radiation when transmitting than when receiving, so tilt the phone away from your head when you're talking, and bring it back to your ear when you're listening.

Shop around. When looking

for a new cell phone, consider investing in one that has a low specific absorption rate (SAR) before you buy. Measured in watts per kilogram of tissue, the SAR reveals how much radiation the body absorbs while using the mobile device. The FCC has record of this information for phones that were made in the last two years. You can

find the FCC ID number on the inside of your cell phone's case. Legally, in the US, a phone can't emit more than 1.6 watts per kilogram.

For more consumer tips you can trust, visit bbb.org/us/bbb-news and for more tips specific to cell phone emission, visit ftc.gov/bcp/edu/pubs/consumer/alerts/alt109.shtm.

How to submit news items...

The Town Crier goes to press on Wednesday afternoons and has a deadline for submissions as of noon on Mondays

Preferred Submission Method:

E-Mail to sbjork@yourtowncrier.com

E-Mail guidelines:

- News releases, news tips or information, letters to the editor - send either as copy in the original email or as an attached TEXT or Word document.

- Photos/images - send as an attached JPEG at a minimum of 200 resolution. Please do not embed the image within a Word document.

- All submissions must be accompanied by name, address, and a daytime telephone number. There are no exceptions.

Other submission methods:

- Deliver to the Town Crier offices at 1 Arrow Drive in Woburn, MA during business hours, 9:00 a.m. to 5:00 p.m.

- Submissions may also be mailed to - Town Crier, 1 Arrow Drive, Woburn, MA 01801

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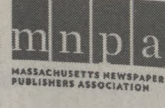
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8 OZ

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Butter**

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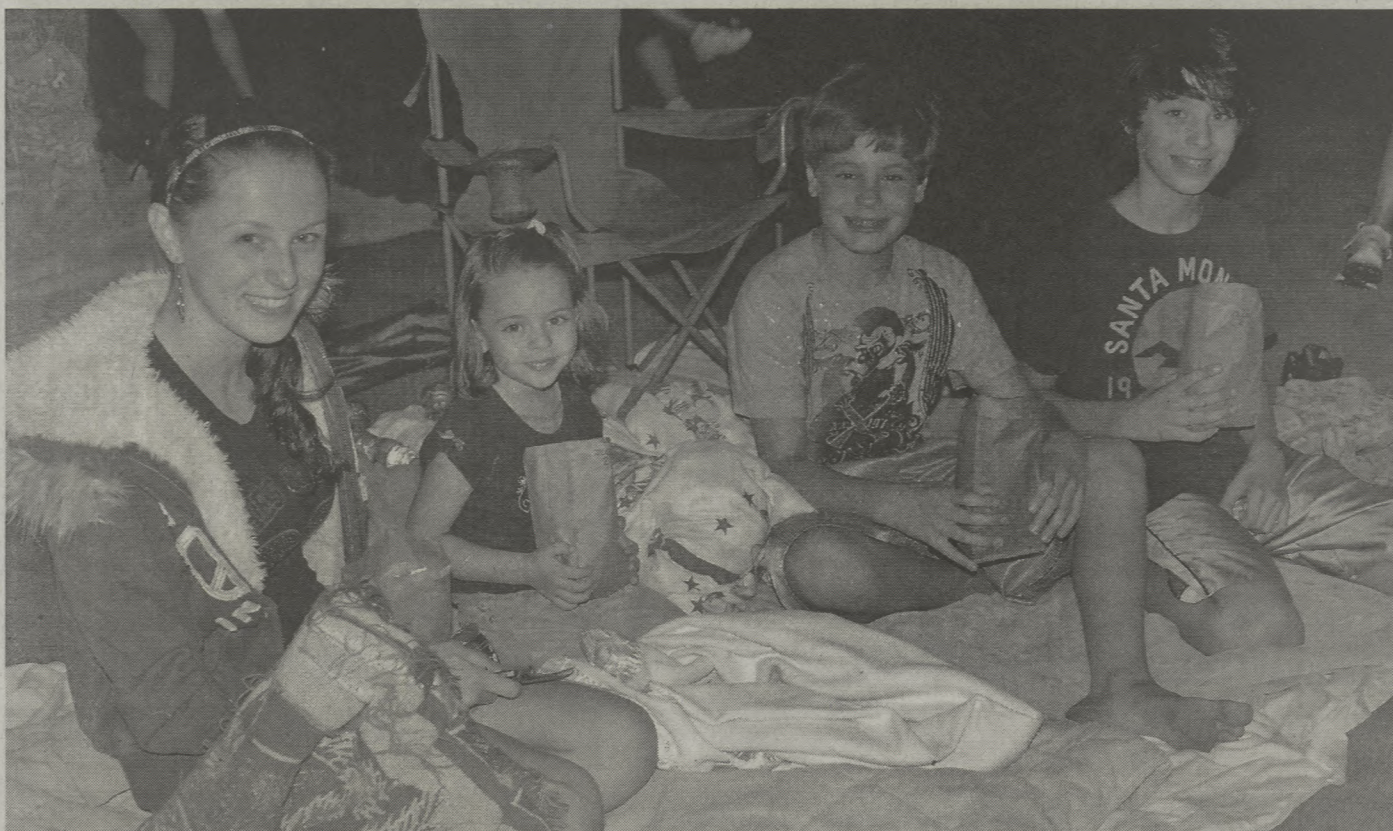
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The Wilmington Rotary Club presented Movie Night on Tuesday. Adults and children alike enjoyed the magic of Steven Spielberg's "E.T." outdoors and under the stars in front of a giant movie screen at Rotary Park. Cayman Hardy, Cheyenne Marchese, Kellan Hardy and Sean Hardy - with popcorn at the ready - waited for the film to begin.
(photo by Maureen Lamoureux-www.shootingstarspix.com)



Let's Hear it!!

Your Two Cents...



Another school year upon us, so you know what that means...filling out the repetitious contact and emergency contact information cards BY HAND!! The cards ask for the same information yet you must fill out more than one for each child. WPS...it's 2011....many school systems in MA have students using iPads in school yet we're still using a chisel and rock tablet to send vital information to the schools.

Wouldn't this be much easier to complete online, just updating information every year as it changes???

Wilmington



To Mr. Macdonald:

Every man has a right to be heard; but no man has the right to strangle democracy with a single set of vocal cords. ~Adlai Stevenson

Wilmington



Many thanks to the lady who found my pocket-book in the Market Basket parking lot and handed it in to the service desk so that I could be called to pick it up there. Decent, honest people like you help the rest of us to keep the faith.

Wilmington



Does the Town Crier really have to print every letter submitted, no matter how ridiculous?

Wilmington

(Editor's note: the Town Crier is under no obligation to publish submitted letters or articles. However, it is the Crier's policy to welcome discourse and varying viewpoints at every available opportunity.)



I enjoyed the letter last week from Kevin MacDonald. I am moving to Mars and was hoping he could refer me to a good real estate agent.

Wilmington



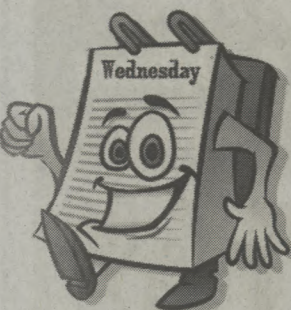
Perhaps Mr. MacDonald should put tape on his mirrors at home so he doesn't accidentally walk into another dimension.

Wilmington



Really Kevin... I did not know the oil was bubbling from the ground at the high school. Why doesn't the town tap into it so we can all move to Beverly ... Hills that is, swimming pools and movie stars...

Wilmington



Community Calendar

send your item to:
calendar@yourtowncrier.com

Wilmington

Sundays through September 4: 12:30 p.m. - 3:30 p.m., Wilmington Farmers Market across the street from the Town Common next to the Fourth of July Building.

Sat: August 27: 9 a.m., A Poker Run will be held at the Tewksbury/Wilmington Elks on South Street in Tewksbury. Cost is \$20 per bike with one rider and \$10 for each additional rider. Registration begins at 9 a.m.

Thurs: September 8: 7 p.m., Go to the Wilmington Memorial Library to hear Fred Nothnagel give a presentation on when to make a career change.

Fri: September 9: 3:30 p.m., Go to the Wilmington Memorial Library to use Skype to ask James Preller, author of Bystander, questions about the book. Registration is required. To register please go to the "Calendar of Events" at "www.wilmli.org" or call (978) 694-2098.

Sat: September 10: 1 p.m., Go to the Wilmington Memorial Library to make pastel flowers with Greg Maichack. Supplies will be provided. Limit of 20 participants.

Sun: September 11: A day trip to Plymouth will be held. Cost is \$90 per person. To register go to the Town Hall, Room 8. For more information please call (978) 658-4270.

Tues: September 13: 1 p.m., Join Mel Simons at the

Wilmington Memorial Library as he presents the songs of Frank Sinatra.

Tues: September 13: 3 p.m., Go to the Wilmington Memorial Library to make CD clocks. Registration begins September 1. To register please call (978) 694-2098 or go to the "Calendar of Events" at "www.wilmli.org"

Thurs: September 15: 1 p.m. Go to the Wilmington Memorial Library to learn about Estate Planning from Patrick Curley.

Thurs: September 15: 3 p.m., Go to the Wilmington Memorial Library to share your ideas for the Teen Zone.

Fri: September 16: 7 p.m. - midnight, Comedy show/DJ and dancing fundraiser for Shawn Lee and Tom Miller will be held. Tickets are now available. To purchase tickets, call or stop by the Public Safety Building at the Wilmington Police Department front desk and ask for Susan O'Neil from 8 a.m. - 4 p.m. Tickets are limited.

Sat: September 17: 8:30 a.m. - 10:30 a.m., Go to Silver Lake to learn about Fly Casting from Ed Flaherty.

Mon: September 19: 7 p.m., Go to the Wilmington Memorial Library to learn how to bake bread. Registration begins Monday, August 22. To register please call (978) 958-2967 or go to the "Calendar of Events" at "www.wilmli.org"

Fri: September 30: 3:30 p.m., Go to the Wilmington

Memorial Library to discuss Magic Tree House Seasons of the Sandstorms by Mary Pope Osborne.

Sun: November 6: 2 p.m., A show titled "Wilmington Has Talent" will be held at the Wilmington High School auditorium. Tickets will be on sale at the Senior Center on October 3 and cost \$5 per person.

Tewksbury

Thurs: August 25, Dr. Smith will conduct a Podiatry Clinic at the Tewksbury Senior Center. A co-payment of \$15 is due upon registration and the clinic is limited to 30 Tewksbury Senior Citizens. Registrations are now being accepted.

Mon: August 29, An "Intake of Items" day will be held at the Tewksbury Senior Center.

Tues: August 30: 5:45 p.m., Go to the Tewksbury Public Library to see "The Conspirator." Rated PG-13.

Wed: August 31: 6 p.m., Join Peter and Debbie Lincoln at the Tewksbury Library to learn about their journey to each of the 351 cities and towns in Massachusetts.

Tues: September 6, A day trip to Foxwoods will be held. Cost is \$21 per person.

Fri: September 9: 7 p.m. - 10 p.m., A dance will be held at the Tewksbury Senior Center. Tickets cost \$10 per person and are available now or may be purchased at the door.

Mon: September 12, A golf tournament will be held at the Indian Ridge Country

Club. Cost is \$130 per person or \$500 per foursome. The public is welcome. For more information please call Linda Brabant at 978-640-4480 or 978-851-4243.

Surrounding Communities

Wakefield

Sat: September 10: 11 a.m., The annual Walk of Hope will be held at Lake Quannapowitt in Wakefield. Registration begins at 9 a.m. To register as a walker or as a team please call The Angel Fund at 781-245-7070 or go to "www.theangelfund.org"

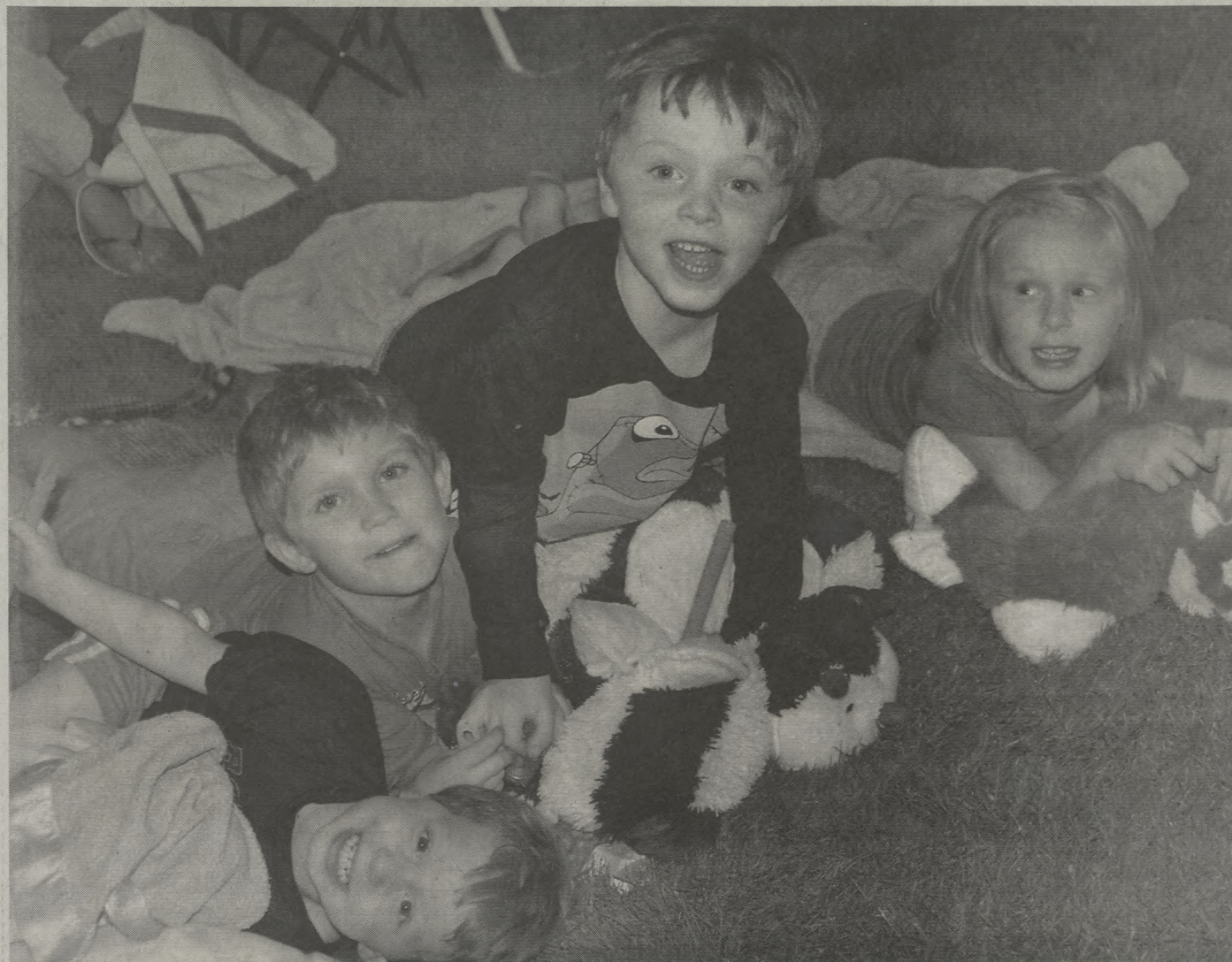
Ipswich

Sat: September 10, A bike ride to benefit neurofibromatosis will be held at Crane Beach in Ipswich. For more information please call The Neurofibromatosis Northeast Office at (781) 272-9936 or visit "www.nfincene.org"

Stoneham

Fri: September 9: 7 p.m. - 8 p.m., A book signing will take place at The Book Oasis located on 311 Main Street in Stoneham.

Wed: September 21, A play will be held at the Stoneham Theater. Tickets cost \$25 per person. Sign-ups start Wednesday, August 24 at the Wilmington Senior Center.



Ryan Archer, Owen Killilea, Brady Gavegnano and Julia Archer enjoyed watching the exploits of E.T. at Rotary Park on Tuesday night. The Rotary club's first Movie Night was a huge success.
(photo by Maureen Lamoureux-www.shootingstarspix.com)

Want your opinion heard?

Send your Two Cents to:

twocents@yourtowncrier.com.

All submissions must be accompanied by contact information for verification purposes.

Submissions exceeding 200 words will not be considered for publication.

All submissions chosen for publication will be done so anonymously.

Job expo at Gillette Stadium for vets

FOXBOROUGH - Veteran-friendly employers, franchisors, and educational institutions will be in attendance offering a variety of opportunities. It's not often that you get an exclusive opportunity to meet face-to-face with veteran-friendly recruiters and to network

with other veterans about career opportunities. Here's your chance!

Event details are as follows:

Thursday, September 15, 2011 - 11 a.m. to 3 p.m., Gillette Stadium, 1 Patriot Place, Foxborough.

iPods for Wounded Veteran's Poker Run Successful

BILLERICA - "Successful," "Patriotic," "Tremendous," and "Fun" are some of the words attendees of the iPods for Wounded Veteran's first annual Motorcycle Poker Run used to describe the event. Sunday, August 14th brought little rain but a lot of support for the cause. "There was a darn good turnout for the weather," Ed Williams, Secretary and Treasurer for iPods for Wounded Veterans explains.

Slight showers couldn't stop the countless people who came to the VFW Solomon Post 8819 to enjoy the poker run, barbeque, and concert by Rick Larrimore and Blondes Have More Fun!

"It went well and we had a good turnout," said Michael Parker, the poker run coordinator, "Everyone cooperated and welcomed us with open arms."

Williams agrees, "All the volunteers, especially those at the Billerica VFW and Women's Auxiliary Units did a tremendous job."

A fleet of motorcycles from as far north as Manchester, NH, and as far south as Waltham, MA were escorted by the Middlesex Sheriff's department motorcycle team and cruiser. Traveling out to the Townsend and Pepperell VFW halls, as well as other VFW halls in the Merrimack Valley, a convoy of motorcycles - with the lead motorcycle displaying the American flag - were followed by a diesel Ram dually displaying an American flag and a POW flag. The spectacle made spectators pause and reflect on the young men and women who are bravely protecting the country.

The event included the attendance of the 6th

Middlesex Regiment, Billerica Minutemen. They fired a volley after the national anthem was sung by Brittany Gagliardi, who had two cousins serving in Iraq and Afghanistan. The regiment also fired a volley as the poker run began.

The objective of the day's

After the poker run, the participants were able to enjoy an incredible BBQ as well as a benefit concert by Rick Larrimore, a Rod Stewart tribute performer. Rick entertained a large crowd.

"Rick Larrimore did a tremendous job," proclaimed iPods for Wounded Veterans

by mailing donations to the VFW Post 2458, c/o Paul Cardello, 4 Heather Dr., Wilmington, MA, 01887. Checks can be made out to "iPods for Wounded Veterans". You can also support the group by participating in the group's ongoing Car, Truck, and Heavy



A convoy of motorcycles follows the escort provided by the Middlesex County Sheriff's cruiser during the iPods For Wounded Veterans motorcycle run held on August 14.

events were to raise money so that Paul Cardello, Chairman of the iPod for Wounded Veterans, can hand deliver iPods to wounded troops at the Walter Reed and Bethesda Md. Hospitals. The iPods for Wounded Veterans Committee is getting geared up for its big trip to Washington D.C. Members include the Commander of the Solomon Post 8819, John Parker, Rose Parker, Michael Parker, Ed Williams (Secretary and Treasurer of Solomon Post 8819), Paul Cardello (Chairman of the iPod for Wounded Veterans and Wilmington Cable TV celebrity), Linda Cardello, Wayne A. Fox (Co-Chairman) and Joe Zuffate.

Chairman Paul Cardello.

John Parker, Commander of the VFW Solomon Post agreed, "The party went very well; everybody had a great time."

iPods for Wounded Veterans would like to thank everyone who supported this important occasion and great cause. All proceeds from the event will be used for a mission to hand-deliver iPods and other gifts to the recovering wounded warriors at the National Naval Hospital at Bethesda and Walter Reed Medical Center.

As this trip will take place in the late fall, donations are needed now more than ever. You can contribute to iPods for Wounded Veterans' cause

Equipment Donation Program. Any working or nonworking vehicle can be donated to the group as a tax-deductible gift, and will be towed away for free. To schedule a pick-up, call 855-IPOD-4-VET (855-476-3483). For more information on the 501 (c) nonprofit organization, Chairman Paul Cardello can be reached at (978) 658-8743. iPods for Wounded Veterans would like to extend its sincere gratitude to all of those who have helped with this event, and who continue to aid the group's projects. The communities' efforts let the wounded warriors of the U.S. military know that America cares.

Two studs



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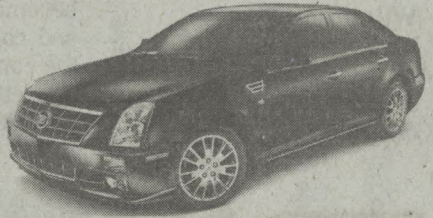
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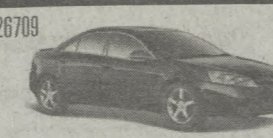


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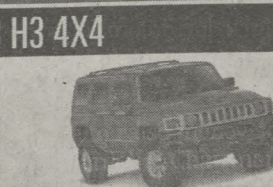


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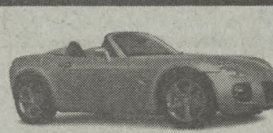


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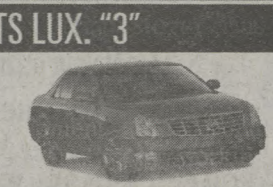


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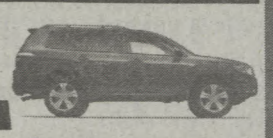


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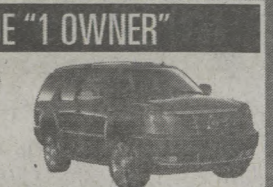


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OBITUARIES

Maureen F. (Nigro) Huston

Owned and operated Bird Houses & More

SPENCER: Maureen F. (Nigro) Huston, 66, of Cornfield Road died Thursday, Aug. 18 in her home surrounded by her loving family after a long illness.

She leaves her husband of 45 years Clifford A. Huston, a son Jeffrey J. Huston and his wife Karen of Spencer, a daughter Wendy E. Ryan and her husband Todd of Spencer, five grandchildren Brittney E., Danielle E., Kristen E., Kylie A. & Liam J. and several nieces and nephews. She was pre-deceased by a brother Frank P. Nigro, III.

Mrs. Huston was born in Boston, daughter of Frank P. and Elizabeth M. (Lynch) Nigro, Jr. She worked for many years at the Fallon Clinic most recently as an ophthalmologist technician and previously in the pediatrics department. She enjoyed crochet, reading, crafts and dancing. She owned and operated the former Bird Houses & More



craft store in Spencer.

A Funeral Service will be held Wednesday, Aug. 24 at 11:00 a.m. in J. Henri Morin & Son Funeral Home, 23 Maple Terr., Spencer. Burial will be private at the convenience of the family. Calling hours are Tuesday from 5:00-8:00 p.m. In lieu of flowers memorial donations may be made to UMass Memorial Hospice, 650 Lincoln St., Worcester, MA 01605

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Emilio Mattucci, 80

Korean War veteran

WAKEFIELD - Emilio Mattucci, 80, of Wakefield, formerly of Wilmington died following an accident on July 28, 2011. Born and raised in Malden, he spent time working as a mason and in shoe repair. He was the husband of Doris Mattucci of Wilmington.

During the Korean War, he served in the U.S. Marines.

In addition to his wife, he is survived by his sons: Kenneth of New Hampshire, Richard of Maine, Robert of Wilmington, Harold DeNault of Billerica, James DeNault of Worcester. He leaves two sisters, Edna Flowers of Woburn and Edith Voight of Stoneham. Also survived by many nieces and nephews.

At the request of the family all services will be private.

Cecelia V. Rochon

Avid bowler and huge Red Sox and Patriots fan

TEWKSBURY - Cecelia V. (Doucette) Rochon, age 92, of Tewksbury, formerly of Waltham, passed away peacefully on Tuesday, August 23, 2011. Cecelia was born on March 4, 1919, she was the cherished only child of Samuel and Mary (Farrell) Doucette. Cecelia was raised and educated in Boston. She married the love of her life George T. Rochon in 1940, together they celebrated over 58 years of marriage and raised three beautiful daughters before his passing in 1998. Cecelia resided in



Waltham for over 50 years before moving closer to her family in Tewksbury a few years ago when her health started to decline.

Cecelia will be fondly remembered for her devotion to her family, she loved being a wife and mother but was elated when the grandchildren came along and the great-grandchildren started to arrive. She was spunky and fun, she treasured every moment spent with those kids, whether it was enjoying a family holiday, special celebration, or sporting event.

"Nana", as she was referred to, loved to dance and was an avid bowler. She was a huge Red Sox and Patriots fan taking in every game and rooting on her favorite teams.

Cecelia came from a small family and left a huge legacy, she will always be remembered for her caring ways and her kindness towards others. She may have been small in stature but she was a huge part of so many lives and will be greatly missed.

Cecelia was the beloved wife of the late George T. Rochon, devoted mother of Patricia (Richter) Beauchaine of Tewksbury formerly of Wilmington, Marie Arsenault of Tewksbury, and the late Barbara Doiron, loving "Nana" of Robert Richter & his wife Julie of Billerica, Cheryl Richter of Florida, Kenneth Richter & his wife Kathy of Dracut, Michael Doiron & wife Sue of Stowe, Randy Doiron & his wife Lisa of Waltham, Tracey Moakler & her husband John of Riverside, RI, and great-grandchildren Danny, Bryan, and Meghan Richter, Lindsey Richter, Christopher, Nicholas, and Emily Doiron, and Logan Moakler.

Family and friends will gather at the Nichols Funeral Home, Inc., 187 Middlesex Ave. (Rte. 62), Wilmington, on Saturday, August 27th at 8:30 a.m. followed by a Mass of Christian Burial in Our Lady Comforter of the Afflicted, 920-R Trapelo Road, Waltham at 10:00 a.m. Interment to follow in the family lot at Mount Feake Cemetery, Waltham. Visiting hours Friday, August 26th from 4-7 p.m.

J. Lorraine Roy

Executive assistant at Foster Grant Company

LEOMINSTER - J. Lorraine Roy, 67, of West Street, formerly of Wilmington, died Tuesday, August 23, 2011, at Massachusetts General Hospital, Boston after a lengthy illness.

She is survived by her husband of 43 years, Raymond A. Roy; two sisters and their husbands, Sandra and Jack Cushing of Wilmington, Carol and Dick Wood of Portsmouth, NH; her brother in law Norman Roy and his wife, Mary, of Weston. She also leaves many nieces and nephews.

Mrs. Roy was born in Wilmington, January 4, 1944, a daughter of Lloyd and Grace (Porter) Matthews and was a graduate of Wilmington High School. She resided in Leominster for over 40 years but very much enjoyed spending time at her vacation home at Lake Ossipee, Freedom, New Hampshire.

She worked as an executive assistant at the Foster Grant Company in Leominster. She also worked at the H. Heller Company in Littleton and the Cabot Corporation in Boston.

A funeral Mass will be cele-



brated 11 AM Friday, August 26th at St. Joseph's Church, 49 Woodland Street, Fitchburg. Burial will be in St. Joseph's Cemetery.

A visitation period will be 9:30-10:30 Friday at the Louis M. Isabelle Funeral Home, 316 Clarendon Street, Fitchburg. Please see www.isabellefuneral.com for additional information.

Memorial contributions may be made to Massachusetts General Hospital, CAPD Unit, 165 Cambridge Street, 5th Floor, Boston, MA 02114. http://www.massgeneral.org/give/howtohelp/

Area students on Dean's List at Syracuse

SYRACUSE - The following students from Syracuse University have been named to the Spring 2011 Dean's List. To qualify for the Dean's List, students must achieve at least a 3.4 grade point average (on a 4.0 scale) during the semester.

Tewksbury

Moira Concannon (College of Arts and Sciences)
Justin Nichols (College of Visual and Performing Arts)

Wilmington

Nira Pandya (College of Arts and Sciences)
Jonathan Spurr (L.C. Smith College of Engineering and

Computer Science)

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8/24/11

G.S.

A PRAYER TO THE BLESSED VIRGIN

(never known to fail)

O Most beautiful Flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my request. O Star of the Sea, help me and show me herein you are my Mother.

O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart, to succor me in this request; there are none that can withstand your power.

O, show me herein you are my Mother. O Mary, conceived without sin, pray for us who have recourse to Thee. (3 times)

Sweet Mother, I place this request in your hands. (3 times)

Say for 3 consecutive days and publish. God Bless
8/24/11 S.P.

A PRAYER TO THE BLESSED VIRGIN

(never known to fail)

O Most beautiful Flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my request. O Star of the Sea, help me and show me herein you are my Mother.

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Sweet Mother, I place this request in your hands. (3 times)

Say for 3 consecutive days and publish. God Bless
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Tewksbury's Tommy Branchaud pitches during the whiffleball game at the Trahan Summer Social held recently.

Photo by joebrownphotos.com

Farmers Market

Sunday, August 28

WILMINGTON - Shop for great local food and hand-made goods at the Wilmington Farmers Market on Sundays from 12:30 pm to 3:30 pm through September 4; corner of School Street and Middlesex Avenue.

Specialty Food: Kitteredge Candles, Tortured Orchard (sauces and marinades)

Artisans: Beads, Fleece, and More; Utterly Eclectic, Snug Harbor

Community Table: Garden Club

Education Table: Dr. Sandy Stephens-Bike to the WFM (safety, nutrition, being green)

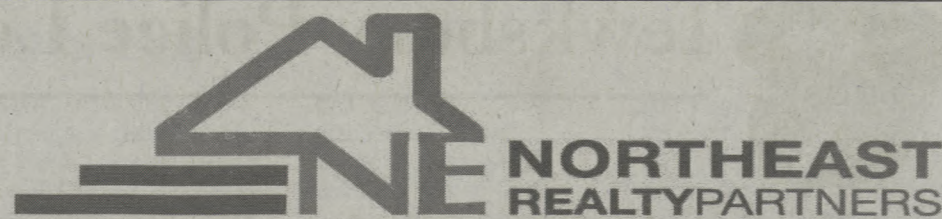
Weekly vendors: Farmer Dave, Hilltop Farm, Warner Farm, Gauotte Farm, Lyn-Dell Farm (grass-fed beef), Seafood Express, Red Barn Coffee Roasters, Danish

Pastry House, Robbins Nest Bakery, Wicked Good Soap Company, Carlisle Honey, Fior D'Italia (pasta and cheese), and the Well Fed Dog

Bliss achieves Dean's List at The College of New Jersey

EWING, NJ - Ariel S. Bliss, a resident of Tewksbury, and a Music Education major, has earned the esteemed honor of placement on the Dean's List at The College of

New Jersey (TCNJ) for the 2011 spring semester. To achieve this honor, a student must carry 12 or more credits that semester and have a 3.5 grade point average or above.



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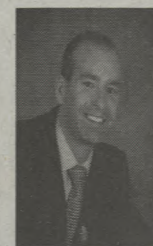
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2005 Mazda Mazda6 Sedan I H1117741, Gray, 60K miles	\$10,980
2003 Honda Accord LX V6 Sedan HP3940, Silver	\$10,990
2002 Honda Accord EX Sedan H111908, Blue, 59K miles	\$10,990
2006 Toyota Corolla LE Sedan HP39451, Red, 49K miles	\$11,990
2003 Honda Pilot EXL 4WD H1117351, Slate Gray, 89K miles	\$12,490
2005 Nissan Maxima SE HP390411, Silver, 79K miles	\$12,490
2005 Honda Accord LX Sedan H111958, Black, 57K miles	\$12,980
2006 Honda Accord EXL Coupe H120060, Silver, 99K miles, 1 Owner	\$12,990
2006 Honda Pilot EX 4WD H111606, Silver, 98K miles, 1 Owner	\$13,910
2007 Honda Accord SE Sedan H111872, Silver, 68K miles	\$13,990
2007 Honda CRV LX 4WD H111716, Green Tea, 96K miles	\$14,490
2006 Subaru Outback LL Bean H1114222, Green, 74K miles	\$15,960
2008 Honda Civic EX Coupe HP3925, Black, 30K miles, 1 Owner	\$15,990
2008 Honda Civic EX Coupe HP3948, Galaxy, 40K miles, 1 Owner	\$16,290
2007 Nissan Xterra S 4WD H111775, Gray, 66K miles	\$16,990
2009 Honda Civic LX Sedan H120056, Pol. Metal, 28K miles, 1 Owner	\$16,990
2005 Toyota Sienna XLE Nav. H1118651, Blue, 69K miles	\$17,490
2009 Honda Accord LX Sedan H111099, Silver, 28K miles	\$17,915
2009 Honda Odyssey LX H111920, Silver, 61K miles, 1 Owner	\$18,390
2009 Toyota Camry LE Navigation H1117732, Beige, 25K miles	\$18,890
2008 Honda Accord EX Sedan H111808, Black, 36K miles, 1 Owner	\$18,980



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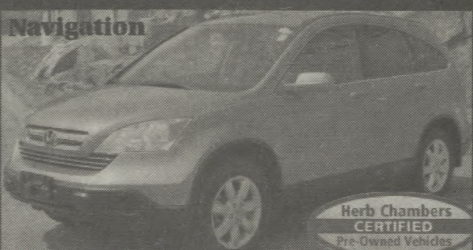
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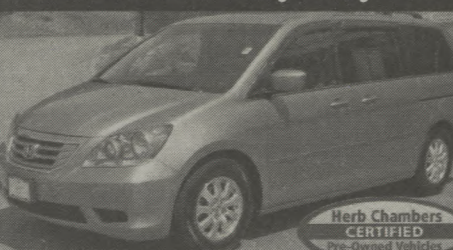
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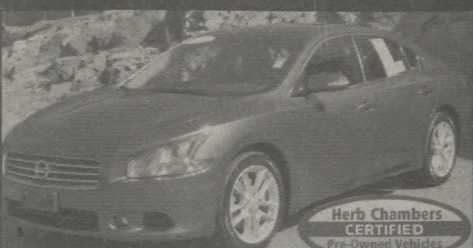
H111830
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2008 Honda Accord EXL Sedan HP3955, Silver, 27K miles	\$20,415
2009 Honda Accord EXL Sedan HP3957, Taffeta, 28K miles	\$20,490
2008 Honda Accord EXL V6 Sdn. H111373, Pol. Metal, 33K mi., 1 Owner	\$20,490
2007 Ford F150 Supercrew 4WD HP39201, Black, 54K miles, 1 Owner	\$20,525
2009 Honda Accord EXL Sedan HP3956, Polished Metal, 31K miles	\$20,790
2008 Honda Accord EXL Sedan H111809, Black, 22K miles, 1 Owner	\$20,930
2010 Honda Insight EX Sedan HP3947, Clear Sky Blue, 12K mi., 1 Owner	\$20,980
2009 Honda Accord EX Sedan H111744, Basque Red, 23K miles, 1 Owner	\$20,990
2008 Honda Pilot EXL 4WD HP3912, Nimbus, 80K miles, 1 Owner	\$20,990
2007 Honda Odyssey EXL Res H1116752, Mocha Gold, 64K miles	\$21,490
2008 Honda Accord EXL V6 Sdn. H111782, Polished Metal, 35K miles	\$21,490
2009 Honda Accord EXL Sedan H111845, Silver, 15K miles, 1 Owner	\$21,890
2007 Toyota 4 Runner SR5 H1118571, Silver, 39K miles	\$23,490
2009 Honda CRV EXL 4WD H1113371, Black, 33K miles, 1 Owner	\$24,290
2009 Honda CRV EXL 4WD H111877, Black, 32K miles, 1 Owner	\$24,290
2010 Honda Odyssey EX HP3888, Slate Green, 25K miles	\$25,950
2009 Nissan Maxima SV Sedan HP3934, Dark Slate, 32K miles, 1 Owner	\$26,990
2009 Honda Pilot EXL 4WD H110884, Polished Metal, 37K miles	\$27,980
2010 Toyota Highlander H1118121, Silver, 16K miles, 1 Owner	\$28,990
2009 Honda Pilot EXL Res H111893, Silver, 31K miles	\$29,490
2009 Infiniti G37X S Nav. Sdn. H111894, Dark Slate, 23K miles, 1 Owner	\$31,980
2011 Honda Pilot EXL 4WD HP3936, Polished Metal, 12K mi., 1 Owner	\$32,940

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Tewksbury Police Log

This week's Tewksbury Police Log will appear in next week's edition

TOPS ten tips: Cycling on the road to success

MILWAUKEE, WI - Bicycling is a healthy way to experience the outdoors and incorporate physical activity into an individual's daily life. It's a flexible activity - not limited to certain ages or intensity levels - that keeps people moving, helps with weight control, and provides enjoyment. With summer in full swing, TOPS Club, Inc. (Take Off Pounds Sensibly), the nonprofit weight-loss support organization, offers tips for safe cycling. Whether you are a member of TOPS or not, use these ideas to stay fit and cycle sensibly.

1. Good fit makes you fit. When choosing a bike, make sure the frame is appropriate. To find the right fit, straddle the bike and stand flatfooted. There should be at least one inch of clearance between your groin and the top tube and two inches on a mountain bike.

2. Location, location, location. The handlebars and seat should be positioned correctly for a comfortable, optimal ride. The seat should be located high or low enough so each knee is bent only slightly at the bottom of each rotation. Seats are not "one size fits all" and should be appropriate to your build and riding situation.

3. You're not as hardheaded as you think. Always wear a helmet when you ride. This simple rule pro-

tections you from head trauma and brain injury. The helmet should have a bright, visible color and snug fit that covers as much of your head as possible.

4. Nighttime is not the right time. Avoid riding your bike at night. Most cycling accidents occur between 6 p.m. and 9 p.m. when light levels are low. If you must ride in low-light conditions, wear brightly colored, reflective gear and install a bright headlight and blinking red taillight for better visibility.

5. Give your brakes a break. Gently and firmly pump brakes at the same time. Don't squeeze the brakes too hard - and never squeeze the front brake first.

6. Know the rules of the road. Attach a rear-view mirror to your helmet, handlebar, or eyewear. Ride with traffic, obey all traffic rules, and yield the right-of-way to pedestrians and other vehicles. Observe your surroundings and communicate with drivers, using hand signals and eye contact.

7. What's your hurry? If you're out of shape or unaccustomed to riding, start slowly. Thirty minutes on a flat terrain is a good way to start for the first few weeks. Gradually work up to greater intensity and hillier terrain for better workouts.

8. Be kind to your body. Cycling should not involve stress or strain. Keep your

arms and shoulders relaxed and avoid locking your elbows. Shift your hand and body positions frequently.

9. Share the ride. Riding with another person - or as part of a group - can motivate you to become a better cyclist and make the miles fly by more quickly.

10. Variety is the spice of life. Cycling should not be your only workout. It is not a weight-bearing exercise, so be sure to vary your fitness routine with walking, weightlifting, and other activities.

TOPS Club Inc. (Take Off Pounds Sensibly), the original, nonprofit weight-loss support and wellness education organization, was established more than 63 years ago to champion weight-loss support and success. Founded and headquartered in Milwaukee, Wisconsin, TOPS promotes successful, affordable weight management with a philosophy that combines healthy eating, regular exercise, wellness information, and support from others at weekly chapter meetings. TOPS has about 170,000 members in nearly 10,000 chapters throughout the United States and Canada.

Visitors are welcome to attend their first TOPS meeting free of charge. To find a local chapter, view www.tops.org or call (800) 932-8677.



Wilmington Police Log

Monday,
August 15

9:01 a.m. A motor vehicle-related accident occurred at the intersection of Grove Avenue and Main Street.

12:37 p.m. A motor vehicle-related accident occurred in the vicinity of 66 Concord Street.

4:41 p.m. A motor vehicle-related accident occurred at the intersection of Andover Street and Fiorenza Drive.

5:29 p.m. A motor vehicle-related accident occurred in the vicinity of 193 Main Street.

Tuesday, August 16

7:22 a.m. A motor vehicle-related accident occurred on Main Street.

11:38 a.m. Police responded to a report of a domestic disturbance at a residence on Lee Avenue.

Wednesday, August 17

9:26 a.m. A vehicle parked at a residence on Avalon Drive was burglarized overnight.

10:38 a.m. A vehicle parked at a residence on Avalon Drive was burglarized overnight.

12:42 p.m. A motor vehicle-related accident occurred at the intersection of Eames Street and Main Street.

1:52 p.m. A motor vehicle-related accident occurred

on Lowell Street.

4:29 p.m. A business on Woburn Street was reportedly burglarized sometime over the previous weekend.

Jesus M. Cruz, 47, of 297 Park Street in Lawrence, was arrested on the ramp to Interstate 93 on the basis of a warrant and was charged with operating a motor vehicle with a suspended driver's license, and operating an unregistered motor vehicle.

Thursday, August 18

7:35 a.m. A motor vehicle-related accident occurred on Middlesex Avenue.

1:58 p.m. A residence on Harold Avenue was damaged maliciously.

6:18 p.m. A motor vehicle-related accident occurred in the vicinity of 355 Middlesex Avenue.

9:06 p.m. A motor vehicle-related accident occurred at the intersection of Lowell Street and Woburn Street.

9:48 p.m. A motor vehicle-related accident occurred at the intersection of Main Street and Cottage Street.

11:01 p.m. A vehicle parked on Shawsheen Avenue was damaged maliciously.

Friday, August 19

3:25 p.m. A motor vehicle-related accident occurred in the vicinity of 316 Lowell

Street.

6:41 p.m. A woman was reportedly assaulted at a business on Shawsheen Avenue.

7:01 p.m. Police responded to a report of a domestic disturbance at a residence on Salem Street.

Stephen Cody McDonald, 20, of 25 School Street in Wilmington, was arrested in the vicinity of 205 Main Street and was charged with disorderly conduct and vandalizing property.

Saturday, August 20

9:19 a.m. Street signs on Swain Road were reportedly vandalized.

1:49 p.m. A motor vehicle-related accident occurred in the vicinity of 235 Main Street.

Sean P. Salvi, 38, of 500 Broadway in Malden, was arrested on the basis of a warrant.

Sunday, August 21

6:21 p.m. Property on Shawsheen Avenue was damaged maliciously.

8:44 p.m. A motor vehicle-related accident occurred at the intersection of Concord Street and Woburn Street.

8:56 p.m. A residence on Washington Avenue was damaged maliciously.

9/11 Tenth Anniversary Commemoration

Dignity-honor-respect-remembrance

WILMINGTON - The Wilmington Council of Churches and the Town of Wilmington will sponsor a tenth anniversary commemoration of the events of September 11 on Sunday, September 11, 2011.

At 3 p.m., there will be an ecumenical prayer remembrance service at St. Thomas

of Villanova Church

At 4 p.m., led by an honor guard, fire, police, EMT's, town officials, and town folk; those participating will proceed to Town Common for a civic call to remembrance and placement of wreath on Common. Hospitality in Villanova Hall.

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Discussing iPods For Wounded Veterans at WCTV are, from left to right, Joe Zuffante; President of Teamsters local 122 Boston, Paul Cardello; iPods for Wounded Veterans Chairman, John Parker; Veterans liason, Col. David W. Sutherland; Special Assistant to the Chairman of the Joint Chiefs of Staff, Wayne Fox; Co Chairman iPods For Wounded Veterans, Ed Williams; Secretary/Treasurer iPods For Wounded Veterans, Maj. Ann Curtis; Office of the Chairman of the Joint Chiefs of Staff, Mass State Representative Jim Micelli; Capt. Chris Manglicmot; Office of the Chairman of the Joint Chiefs of Staff

Tewksbury Public Library celebrates the New England Patriots this September

TEWKSBURY - Are you ready for some football...IN THE LIBRARY?

This September, visit the Tewksbury Public Library on Wednesday nights to hear from some of the state's best and brightest New England Patriots writers.

On Wednesday, September 7 at 6:30 p.m., Donald Hubbard will be discussing his latest book - 100 Things Patriots Fans Should Know & Do Before They Die. About the Book: "100 Things is the ultimate resource guide for true fans of the New England Patriots. Whether you are a die-hard booster from the days of Babe Parilli or a new supporter of Bill Belichick and Tom Brady, these are the 100 things ever fan needs to know and do in their lifetime. Donald Hubbard has collected every essential piece of Patriots knowledge and trivia, as well as must-do activities, and ranks them from 1 to 100, providing an entertaining, easy-to-follow checklist as your progress on your way to fan superstardom."

On Wednesday, September 14 at 6:30 p.m., Bob Hyldborg will be discussing his latest book - Total Patriots: The Definitive Encyclopedia of the World-Class Franchise. About the Book: "Total Patriots delves into the rich history of New England's favorite team with an unparalleled enthusiasm for the

statistics and stories that comprise one of the most respected franchise in professional sports. Bob Hyldborg's meticulous research uncovered a wealth of never-before published data. From the team's early days in the AFL - when the Boston Patriots were led by Butch Songin, Gino Cappelletti, and Babe Parilli - to its dynasty days under the leadership of Tom Brady, Troy Brown and Tedy Bruschi, this book is the ultimate resource for football fans and historians."

On Wednesday, September 21 at 6:30 p.m., Michael A. King will be discussing his latest book - Patriots Passion: From Day One. About the Book: "Patriots Passion is a one-of-a-kind publication that covers a half-century of New England/Boston Patriots football history, with over 1,000 anecdotes, facts, tidbits and trivia of never before recalled Patriots moments. Sure to make you the smartest Patriots fan in the room!"

On Wednesday, September 28 at 6:30 p.m., Sean Glennon will be discussing his latest book - Game Changers: The Greatest Plays in New England Patriots History. About the Book: "Game Changers is about the big moments that have separated triumph and tragedy, the times when one play - one

great cut, one lucky grab, one missed tackle - altered the course of a game, a season, even an entire era in franchise history. Through expertly crafted narratives that revisit key plays and huge games; action-packed photography; and all-new commentary from players, coaches and expert observers, Game Changers brings to life the on-field events that mattered most during the first 50 season of Patriots football."

The Game Plan: All talks are FREE thanks to the generosity of the Friends of the Tewksbury Public Library. Talks are held in the Meeting Room. Doors open at 6:15 p.m. Talks begin at 6:30 p.m. Guests will have an opportunity to ask questions at the end of each talk. Interested guests will also have an opportunity to purchase signed copies of each writer's books. Light refreshments will be served. Door prizes will be awarded. Pre-registration is strongly recommended as it aids the presenter and library staff in planning. To pre-register, call the library at 978-640-4490 x 205 or visit the library's website at www.tewksburypl.org, click on 'calendar of events,' scroll to the event, click 'register,' and fill out the brief registration form.

Roger Williams University spring 2011 Dean's List

BRISTOL, RI - The following Wilmington residents are among those to be named to the Roger Williams University Dean's List for the Spring 2011 semester. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester, provided that they have not received any of the following grades: F, I, NP or NS.

Julie A. Braid
Elizabeth M. Crupi
Jenelle M. Femino
Joshua D. Mayo

Roger Williams University located in Bristol, Rhode Island, is a leading independent, coeducational liberal arts university with education for the professions, where students learn to be global citizens. With 42 academic programs, an array of co-curricular activities and

study abroad opportunities on six continents, RWU is committed to its mantra of learning to bridge the world. In the last decade, the University has achieved unprecedented successes including recognition as one of the best colleges in the nation by Forbes, College of Distinction by Student Horizons, Inc. and as both a best college in the Northeast and one of the nation's greenest universities by The Princeton Review.

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Wilmington Library Notes

by Christina Stewart

Community Fair, Saturday, September 24

Community Fair

Saturday, Sept. 24, 10 am-1 pm
Town Common Parking Lot
Residents are invited to the Wilmington Memorial Library's second annual Community Fair, featuring thirty non-profit groups that offer services/volunteer opportunities to the citizens of Wilmington. In addition, a shredding truck will be onsite for bulk shredding of paper items. A cake decorating contest will be held for the cake best depicting the theme of "Celebrate Wilmington" in honor of the Wilmington's birthday on September 25th.

Vendors from the Farmers Market will be on hand as well. Other activities include free henna tattoos, music, face painting, a children's craft and story time, and a chance to win an e-reader. Donations for the Wilmington Food Pantry and Local Heroes will be accepted at the fair. Visit the library's web site (wilmingtonlibrary.org) to learn more about the Community Fair.

Event Registration

Register for programs online using our Calendar of Events at www.wilmingtonlibrary.org or by calling (978) 958-2967 (for

Adult) or (978)694-2098 (for Children/Teen).

September Programs for Adults Is It Time to Make a Career Move?

Thursday, Sept. 8, 7:00 pm
Feeling stifled or bored in your job? Fred Nothnagel, Executive Director of WIND and Independent Career Coach/Consultant, will give a presentation on when to make a career change.

Pastel flowers with Greg Maichack: the art of Georgia O'Keeffe (limit to 20)

Saturday, Sept. 10, 1:00 pm
Participants will work in tandem with award winning artist, Greg Maichack. From sheer beginners with no experience to advanced students, all will experiment with hundreds of pastels to create beautiful designs. Supplies provided.

Strictly Sinatra with Mel Simmons: an afternoon of music and nostalgia

Tuesday, Sept. 13, 1:00 pm
Join well-know WBZ radio personality, author, and humorist Mel Simmons as he presents the songs of Ol' Blue Eyes, Frank Sinatra. This is sure to be a crowd pleaser; an afternoon of entertainment and nostalgia that you will not want to miss.

Estate Planning

Thursday, Sept. 15, 1:00 pm
Attorney Patrick Curley will present a program on the ins and outs of Estate Planning. Come learn from the expert.

Fly Casting on Silver Lake (limited to 10 participants)

Saturday, Sept. 17, 8:30 am-10:30 am
Longtime fly fisherman, Ed Flaherty will teach basic fly

casting on Wilmington's own Silver Lake. Each participant will have the opportunity to attempt the basic cast. Ed Flaherty will share his enthusiasm of fly fishing and his extensive knowledge of the sport.

Learn to Bake Bread

Monday, Sept. 19, 7:00 pm
Fill your home with the aroma of baked bread. It is not as hard as you think! Join us for a demonstration and tasting. At the end of the evening, you will have the knowledge to make your own loaf from scratch. Taught by longtime home bread baker John Huffman.

Children's Events

Story Times Registration Underway

Story times help build a foundation for a lifelong love of books and reading. Babies, toddlers and preschool children will enjoy age appropriate books, songs, rhymes, movement activities and more!

Baby Times

Thursday, September 15 - Thursday, October 20, 10:00 am. This sharing program of songs, rhymes, games and picture books is for babies under the age of two years and their caregivers. Programs are 20-30 minutes long. Siblings are welcome to participate if caregivers cannot attend without them.

Time for Twos

Thursday, September 15 - Thursday, October 20, 11:00 am. This fun program for two year-olds consists of finger plays, songs, flannel board stories and age-appropriate books. Parents and caregivers accompany the child into the story room and participate in the activities.

Story Times for Three Year-Olds

Tuesdays September 13 - October 18, 9:30 am OR

Wednesdays September 14 - October 19, 9:30 am. This is a structured story time for three year-olds featuring books, flannel board stories, songs, circle games and fingerplays. Story times are created around themes such as seasons, holidays, siblings, and pets. Parent and caregiver presence is the story room is optional, depending on the needs of the child.

Story Times for Four and Five Year Olds

Tuesdays September 13 - October 18 10:30 am OR

Wednesdays September 14 - October 19 10:30 am
Children ages four and five years, and not yet attending kindergarten, will enjoy this story time for the ready listener. The format is very similar to the Three Year-Olds program, but activities and books selected to read are more sophisticated. If necessary, the caregiver may accompany the child during the early sessions.

LEGO Building

Thursday, Sept. 1, 3:30 pm
Ages 5+ Registration required
Children ages 5 & older are invited to have fun building with the world-famous bricks and accessories.

Family Drop-In Storytime

Saturday, Sept. 10, 10:00
Join us for stories, songs, rhymes and more! Activities are geared for children ages 2-6 years and one or more adults.

Teen Zone News Last Chance to Win a Nook!

Make sure you're logging your reading at www.readsinma.org/wilmington (everything you've read since school got out until it starts again counts, so you still have a few days), because everyone who

logs more than 7 books for the summer is entered into the drawing for a \$25 Barnes & Noble gift card. Log 20 books or more to be entered into the drawing for a Nook!

Lucky Teen Reader of the Week

Our Lucky Teen Reader of the Week is Natalie Baer, who read *Crocheting for Dummies* and learned "all the tips and tricks that [she] need[ed] to know to be able to crochet." She wins a free book, courtesy of the Friends of the Wilmington Library. Congratulations, Natalie!

Virtual Author Visit: James Preller, author of *Bystander*

Friday, Sept. 9, 3:30 pm
Registration required
You might have read *Bystander* this summer as your assigned book for seventh grade, and maybe you have some questions for the author. James Preller will answer your questions in a virtual author visit using Skype, so reserve your seat and bring your questions.

Crafty Teens Workshop: CD Clocks

Tuesday, Sept. 13, 3 pm
Registration begins September 1
Decorate the reflective surface with markers, paint, or other materials to make a cool clock face for your room. We'll have all the materials you need to make a clock with your own personal style.

Teen Advisory Group

Thursday, Sept. 15, 3 pm
It's a new school year, with new schedules: what works for you? What are your ideas for the Teen Zone? Active participation in the Teen Advisory Group can earn you volunteer or community service credit. Drop in and share your opinions.

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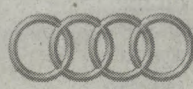
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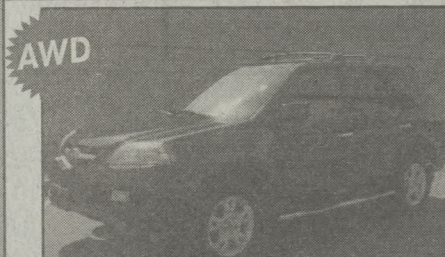
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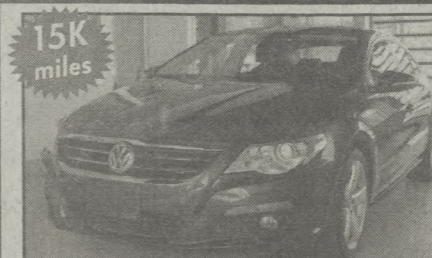
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PA2136, Auto., Silver, 29K miles, Premium Leather, Navigation, Parktronic, Panorama Sunroof
SMART PRICE:
Retail Price \$77,700 **\$70,993**

'09 VW CC



C001442A, Auto., Black, AWD, Hetaed Seats, Sunroof, Bluetooth
SMART PRICE:
Retail Price \$31,175 **\$25,993**

'08 Audi Q7 4.2 Q



PA2115, Auto., Silver, 55K mi., Cold Weather & Tech. Pkg., 19" Tires
SMART PRICE:
Retail Price \$44,275 **\$34,893**

'11 Audi A3



PA2098, Auto., Black, Open Sky System, 17" 10 Spoke Wheels
SMART PRICE:
Retail Price \$32,725 **\$29,393**

'06 Infiniti G35X



C004961A, Auto., Graphite, 90K miles, roof, Bose, Heated Seats, Leather
SMART PRICE:
Retail Price \$17,065 **\$15,293**

'08 Audi A6 3.2 Q



PA2146, Auto., Black, 43K miles, Audi Music Interface, Prem. Pkg.
SMART PRICE:
Retail Price \$34,650 **\$30,293**

'08 Toyota FJ Cruiser



PA2141, Auto., Blue, 44K miles, Pioneer Nav., Leather, IPod, Park Sensors, Running Boards
SMART PRICE:
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B026054A, Auto., Silver, 89K miles, Navigation, Parking Sensors, Moonroof
SMART PRICE:
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C005576A, Automatic, Blue
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Retail Price \$46,725 **\$42,893**

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Lisa Hultgren stopped to buy a cup of Kool-Aid from Emma and Hanna Griffin and Jimmy and Rebecca Firlotte in Wilmington on Monday afternoon. (photo by Maureen Lamoureux-www.shootingstarspix.com)

Ribiero graduates from military training course

FORT BENNING, GA - Army Pvt. Luke J. Riberio has graduated from the Infantryman One Station Unit Training at Fort Benning, Columbus, Georgia. The training consists of Basic Infantry Training and Advanced Individual Training. During the nine weeks of basic combat training, the soldier received training in drill and ceremonies, weapons employment, map reading, tactics, military courtesy, military justice, physical fitness, first aid skills, and Army history, core values and traditions. Additional training included development of basic combat skills and battlefield operations and tactics, and experienced use of various weapons and weapons defenses available to the infantry crewman. The Advanced Individual Training course is designed to train infantry soldiers to perform reconnaissance operations; employ, fire and recover anti-personnel and anti-tank mines; locate and neutralize land mines and operate target and sight equipment; operate and maintain communications equipment and radio networks; construct field firing aids for infantry weapons; and perform infantry combat exercises and dismounted battle drills, which includes survival procedures in a nuclear, biological or chemical contaminated area. Riberio is the brother of Leo Riberio, and Christy Riberio, both of Dirlam Circle, Tewksbury. He is a 2010 graduate of Shawsheen Valley Technical High School.

Shredding Truck at Community Fair

WILMINGTON - Clean out your files and get ready to have them shredded for free! The Proshred shredding truck will be at the Wilmington Memorial Library's 2nd Annual Community Fair, Saturday, September 24 from 10:00 a.m. to 1:00 p.m. The truck will be located at the parking lot next to the Fourth of July Building across from the Town Common. This is a safe way to dispose of your confidential papers. You simply drive up to the truck and shredding is done on site. The shredding truck will be there rain or shine so start gathering your documents to be shredded now. After dropping off your papers, plan to spend time at the fair where you can visit 30 non-profit organizations. This is an opportunity to learn about services offered to the community as well as



find out about volunteer opportunities. Vendors from the Farmers Market will be on hand as well. Other activities include free henna tattoos, music, face painting, a cake decorating contest in honor of Wilmington's birthday, a children's craft and story time and a chance to win an e-reader. Donations for the Wilmington Food Pantry and Local Heroes will be accepted at the fair. Visit the library's website (wilmingtonlibrary.org) to learn more about the Community Fair.



Tewksbury Library Notes

Visit all 351 cities & towns in Massachusetts in just two hours at the Tewksbury Public Library

Join Peter and Debbie Lincoln, retired educators, for a fascinating presentation - "From Purgatory to Podunk" - about their journey to each city and town in Massachusetts. Their talk is a lively, interactive photographed narrative. It is an historical, geographical tour, filled with trivia and fun facts. The audience is in store for an exciting evening featuring the variety, richness, and beauty of Massachusetts.

Debbie and Pete Lincoln are lifelong residents of Massachusetts, graduates of Tufts University, and retired high school teachers from Lunenburg. On a whim in 2007, they decided to visit each of the 351 cities and towns in the state. The whim evolved into a project to photograph, study, and compile information about each. From this mountain of material, they have developed an informative, entertaining, interactive, illustrated pro-

gram. Filled with anecdotes, little-known history, hidden locales, as well as their own mishaps, the Lincolns have presented this presentation to groups across the state. They were recently featured on the Callie Crossley show on WGBH radio. Doors open at 5:45 p.m.. The class begins at 6:00 p.m. Registration is strongly recommended as it aids the presenter and staff with planning. Registration is limited. Register by stopping by the

Reference Desk, calling 978-640-4490 ext. 207, or by visiting the library's online calendar of events (www.tewksburypl.org). Light refreshments will be provided. A door prize will be awarded. This event is FREE thanks to the generosity of the Friends of the Tewksbury Public Library. The Friends of the Tewksbury Public Library's Friendly Little Bookshop will be open prior to the event.

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25 Carter St	Tewksbury	\$239,900	\$230,000	Sold	57	53 Lakeview Ave	Tewksbury	\$359,900	Sale Pending		57
860 Chandler St	Tewksbury	\$234,500	\$232,000	Sold	169	31 Langley Ln	Tewksbury	\$399,900	Sale Pending		91
3 Charne Rd	Tewksbury	\$249,900	\$245,000	Sold	44	117 Patrick Rd	Tewksbury	\$209,900	Sale Pending		102
9 Cleghorn Ln	Tewksbury	\$314,900	\$314,900	Sold	186	20 Fox Run Dr	Tewksbury	\$499,000	\$500,000	Sold	7
59 Compass Ln	Tewksbury	\$369,000	\$365,000	Sold	44	72 Heritage Dr	Tewksbury	\$219,900	\$211,000	Sold	245
92 Decarolis Dr	Tewksbury	\$209,900	\$207,500	Sold	15	20 Meredith Rd	Tewksbury	\$389,900	\$375,000	Sold	241
171 Fox Run Dr	Tewksbury	\$379,900	\$367,500	Sold	37	174 Patrick Rd	Tewksbury	\$209,900	\$195,000	Sold	94
6 Green St	Tewksbury	\$299,900	\$276,000	Sold	206	8 Villa Roma Dr	Tewksbury	\$234,900	\$222,000	Sold	10
19 Hathaway Rd	Wilmington	\$299,900	\$295,000	Sold	19	5 Wildwood Rd	Tewksbury	\$198,900	\$170,000	Sold	8
12 Hood Rd	Tewksbury	\$325,000	\$330,000	Sold	4	10 Woodcrest Dr	Tewksbury	\$299,900	\$290,000	Sold	157
6 Kidder Place	Wilmington	\$379,900	\$374,000	Sold	49	129 Apache Way	Tewksbury	\$223,900	Sale Pending		24
120 Lancaster Dr	Tewksbury	\$375,000	\$375,000	Sold	4	744 Chandler St	Tewksbury	\$539,900	Sale Pending		53
31 Lynnes Way	Tewksbury	\$329,900	\$333,000	Sold	532	10 Paulies Place	Tewksbury	\$239,900	Sale Pending		38
106 Maplewood Ave	Tewksbury	\$299,900	\$295,900	Sold	15	150 Aldrich Rd	Wilmington	\$365,000	\$352,000	Sold	286
90 Navillus Rd	Tewksbury	\$324,900	\$328,000	Sold	3	69 Apache Way	Tewksbury	\$200,900	\$205,000	Sold	47
588 North St	Tewksbury	\$299,900	\$290,000	Sold	46	163 Apache Way	Tewksbury	\$179,900	\$177,500	Sold	101
18 Pupkis Rd	Tewksbury	\$313,975	\$315,000	Sold	15	268 Apache Way	Tewksbury	\$189,900	\$182,000	Sold	86
125 Rogers St	Tewksbury	\$324,900	\$318,500	Sold	41	55 Donna Dr	Tewksbury	\$239,900	\$239,900	Sold	118
1235 Shawsheen St	Tewksbury	\$179,900	\$166,500	Sold	101	250 Fiske St	Tewksbury	\$419,000	\$408,000	Sold	144
249 Shawsheen St	Tewksbury	\$449,900	\$435,000	Sold	21	23 Freeport Dr	Wilmington	\$369,900	\$369,900	Sold	55
20 Starr Ave	Tewksbury	\$314,900	\$322,000	Sold	14	9 Mystic Ave	Wilmington	\$249,900	\$244,900	Sold	158
4 Tacoma Dr	Wilmington	\$485,000	\$470,000	Sold	51	49 North St	Tewksbury	\$559,900	\$548,000	Sold	89
474 Whipple Rd	Tewksbury	\$291,900	\$280,000	Sold	224	10 Oliver St	Tewksbury	\$239,900	\$242,000	Sold	5
31 Whitegate Rd	Tewksbury	\$342,900	\$340,000	Sold	47	58 Sandalwood Cir	Tewksbury	\$529,900	\$510,000	Sold	106
41 Windsor Dr	Tewksbury	\$447,900	\$440,000	Sold	44	9 Starbird Ave	Tewksbury	\$289,900	\$280,000	Sold	34
Lot 1 Aprils Way	Tewksbury	\$489,900	Sale Pending		6	43 Trull Rd	Tewksbury	\$235,000	\$215,000	Sold	29
Lot 5 Aprils Way	Tewksbury	\$489,900	Sale Pending		6	41 Bridge St	Tewksbury	\$334,900	Sale Pending		62
Lot 3 Aprils Way	Tewksbury	\$479,900	Sale Pending		7	19 Dorothy Ave	Wilmington	\$324,999	Sale Pending		27
1 Brentwood Rd	Tewksbury	\$439,000	Sale Pending		172	11 Kansas Rd	Tewksbury	\$309,900	Sale Pending		55

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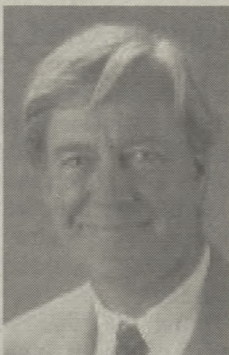
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The lead sax player of the Dave Rasmussen Boiler Room Jazz Sextet dances the Samba with Barbara Morrison during the Wilmington Memorial Library's Summer Social, which included a jazz concert.

Photo by joebrownphotos.com

Tewksbury Senior Topics

Still room (5 seats) on the 9/6/11 Foxwoods trip; Friends dance 9/9; Silvertones 9/16; Classes resume

As noted last week the Historical Society play "Scot's Heather Follies of 1861" which was scheduled to be held on the 26th and 27th of August has been CANCELLED. This event has been postponed until further notice from the Society.

Upscale consignors should note that due to the Labor Day holiday, the next "Intake of Items" day will be NEXT Monday, August 29th; and, that the Upscale will now to accept Fall clothing. Please note that summer clothing will no longer be accepted.

There are still several openings for the Foxwood day trip of Tuesday, September 6th. The trip cost is \$21 per person.

A golf meeting for volunteers will be held on Monday, September 6th at 4:00 PM. All tournament volunteers are asked to attend.

Registrations are still being accepted for the Friends 14th Annual MAW Golf Tournament being held at the Indian Ridge Country Club on Monday, September 12th. Tournament fees are \$130 per person

or \$500 per foursome and include: a day of golf at a private course, continental

breakfast, a plated luncheon and prizes as well as an enjoyable day connecting generations. The public is welcome. For more information one may call Linda Brabant at 978-640-4480 or 978-851-4243.

The Friends of the Elderly will hold a dance on Friday, September 9th from 7:00 to 10:00 PM. Entertainment will be provided by the Fred Manzi Band. Tickets are now available at \$10 per person and may also be purchased at the door.

Then on Friday, September 16th, the Silver Tones Band will hold its dance. Tickets are available at the door at \$10.

The following classes will resume in September at their regular times and days:

Wood Carving on Tuesday, September 6th at 9:30 in the crafts room;

Oil Painting on Thursday, September 8th at 1:00 PM in the crafts room (There are openings remaining in this class. The class fee is \$75 for a 10 week semester.);

Bunka Embroider on Monday, September 12 and Thursday, September 15th in the fabric arts room (space is available in both classes);

Stained Glass Classes will

resume this fall but a date has yet to be scheduled. This class will be held on Wednesday beginning at 12:30 PM.

For more information or to place one's name on the class interest list, one may call the Center at 978-640-4480 or drop by the reception desk at the Senior Center.

The Annual Tea held at the Senior Center each year will be held this year on September 18th at 2:00 PM. Tickets are \$10 per person. This delightful afternoon will be highlighted by a performance from theater and TV star Richard Clark as he performs "And Now...Mark Twain". High Tea will be served after the performance. This event is supported, in part, by the Tewksbury Arts Council and the Massachusetts Cultural Council.

A day trip to the Big E Fair is being planned in conjunction with the Haverhill Seniors. The trip will be held on Saturday, October 1st. The trip cost is \$36 and includes motorcoach transportation and admission to the Big E. Travelers will have six hours to take in the sounds and sights of the fair.

Tickets are now on sale for

the "Lee Lewis and the Doe Wop Allstars" dance which will be held on Friday, November 4th at 8:00 PM. Tickets are \$15 per person.

Community Teamwork (CTI) and Councils on Aging are collecting items for Veterans. A box for the collection is located to the side of the reception desk at the Senior Center along with a listing of what is needed. On September 13th CTI will be collecting the items donated. Donations of items will be greatly appreciated.

A reminder to all that a couple of vendors are at the Town Hall Common on Thursday afternoons from 12:00 noon to 5:00 PM for a Farmer's Market. Why not stop by and check out the fresh fruit and vegetables and the perennial plants for sale.

SHINE Counselor, Jill, is at the Senior Center on Tuesdays and is seen by appointment only. To arrange an appointment, one may call the Senior Center at 978-640-4480. The SHINE Counselor is available to advise Senior Citizens on medical insurance options.

Have a pleasant week. God Bless America.

United Methodist Church to sponsor...

Active Parenting of Teens class

WILMINGTON - Do you ever wonder if there's a better way to handle daily parenting problems? Maybe you're worried about the clothes your son insists on wearing...or your daughter is suddenly using disrespectful language...or the kids seem to forget to do their chores and argue with everything you say. Or maybe you'd like to prepare now for the upcoming teen years.

You can become more successful at parenting your teen or "tween"—the most important job of your life—with Active Parenting of Teens, the acclaimed video and discussion program by parenting expert Dr. Michael Popkin. You will learn a proven approach to parenting that will lead to more harmony and happiness for you and your children. Since 1983 millions of families have learned the benefits of Active Parenting. Now it's your turn.

This entertaining and informative program uses video and discussion to show you ways to raise responsible, cooperative young people who are able to resist negative peer pressure. It is especially recommended for families with children ages 10-15.

The Wilmington United Methodist Church will sponsor an Active Parenting of Teens workshop on Monday

evenings from September 19 through October 24. The six-session video and discussion program will be held at the church, located at 87 Church St, from 7:00 to 8:30 p.m.

Participants will learn to use non-violent discipline techniques that work; to improve communication with their children; to teach

responsibility and other important values; to handle problems as they come up; to cope with difficult topics such as drugs, violence, and sex; to defuse power struggles; to stimulate independence; and to encourage their children to be their very best.

To register or for more information on the Active

Parenting Now workshop, contact Rev. Leslie Hastings, at the church (978-658-4519). The workshop costs \$20 for either one or two parents from the same household and sharing the same book. Partial scholarship help is available. Since space is limited, registration is recommended.



North Street School 4th grade teacher Jeannie Selissen, a 4th grade teacher at the North Street School, spent Tuesday preparing for her 12th year of teaching in Tewksbury.

(photo by Maureen Lamoureux-www.shootingstarspix.com)



The audience at Wilmington Memorial Library's Summer Social concert on Friday, August 19, launched the library's new logo and tagline "Community Starts Here."

Photo by joebrownphotos.com

Kiwanis helped her start

FROM PAGE 1

working for Oxfam America's Extractive Industries program - a program that promotes accountability and transparency in the oil, gas and mining sector. In September 2010, I began working towards my MS in International Development Management at American University's School of International Service (part-time at night). I was also accepted into the Carnegie Council for Ethics in International Affairs New Leaders Program in New York City."

After an arduous two-day journey from Boston - stopping in London, Johannesburg and Windhoek - Martorana finally arrived in Namibia, Africa. With its flat landscapes, and blistering sun, it took a week to adjust to the time change and the climate - the temperature was in the mid-90's everyday and the rainy season had begun which usually brings a hurricane-like storm everyday, but only for about sixty minutes. The beautiful landscape in Namibia is a completely flat desert that allows inhabitants to predict the weather for the next hour just by looking at the horizon.

Martorana describes the place

where she lived, "Onayena, Namibia is a small town. It has a church, a post office, new clinic, a police station, two markets, a secondary school, and cattle - lots of cattle. There are many homesteads throughout the town. Homesteads are properties consisting of a cement building and thatched huts (either for living or storage) enclosed by a stick fence for security."

Drawing a picture of her surroundings in Namibia in 2007, Martorana continues, "My living conditions were different but manageable for my circumstance. I lived in the teachers building. I had my own room with a full-size refrigerator, a table, shelves, a window and a bed. The teachers shared a common kitchen, which consisted of a hot plate, a sink and an oven. Since I'd been here the oven had been broken. Also, there was a common shower and bathroom. I had grown accustomed to showering with cockroaches and oversized moths."

Trying to keep her clothing clean, Martorana kept a bucket in her room for washing clothes and a clothesline outside for drying them. She kept a flashlight in her room at all times because of frequent power shortages and unwanted visits from local mice,

frogs and snakes.

Describing what a typical day in Namibia consisted of, Martorana offers, "During the school week, I would wake up at 6:30 a.m. to get ready for school. During the winter months it got very cold and there was no heat in my living space (a building made out of sandy blocks with a corrugated iron roof) or in the water system. I lived in teachers' housing on the school property, so I would eat breakfast in my room and then walk over to the morning assembly at 7:30 a.m. I was assigned to teach English, Math and Agriculture for grades 5, 6, and 7, so I would lead 45-minute subject periods throughout the day. After school I would manage after school sport activities. It was a boarding school so the students would have evening study - which I monitored -- before going to sleep."

In August 2008, Martorana was awarded a Kristen Linnea Skvarla Foundation Grant to develop a computer lab and library at the Lano Primary School - a private school known for academic excellence.

"Our first support (for Martorana) was in 2007, but we also received an update in early 2008 and a request in the spring of 2008 to consider sup-

porting her project initiative to raise funds to provide computers to the primary school where she was teaching. Again the club supported her through individual member contributions but we did not have it in our budget for a significant outlay of funds for the computer purchase and had to decline as a club," recalls Lyman.

While working in Namibia, Martorana developed a website - <http://lanoprimaryschooldevelopmentproj.shutterfly.com/> - as a way for her family, friends and donors to be able to connect with her work in-country.

Martorana sent correspondence and updates to the Wilmington Kiwanis during her year in Namibia and some Kiwanians have kept in touch with her since - via email and a few letters.

"Recently she reached out to me and other club members on the business social network Linked-In. She continues her service commitments and is working with a non-profit, Oxfam America," says Lyman.

When asked if it has been rewarding to see the effect that your sponsorship has had on recipients like Kathryn, Lyman responded enthusiastically, "Rewarding; absolutely, to

think we had a small part in helping shape this future leader's development. I expect we will hear more as she is an impressive young woman. When we work with young adults at different events and projects, I think we all feel a sense of responsibility to help them see the importance of service to community and the personal reward one gets from this activity."

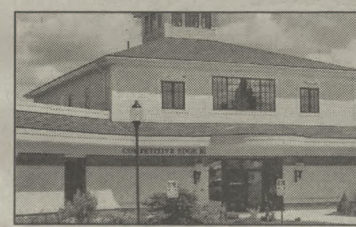
According to Lyman, the Kiwanis New England district supports Kiwanis Pediatric Trauma Institute (KPTI), an important pediatric trauma research and education program at Tufts Medical Floating Hospital. The Wilmington Kiwanis has provided support in excess of \$10,000 through the years through club and individual contributions.

"We run a Bike Rodeo Safety Program annually in Wilmington and have recently partnered with the Pan Mass Challenge (PMC) Kids Ride to have both events on the same weekend and reach more children. We continue to look for opportunities where the club and its membership can fulfill our mission of serving children and others in Wilmington. Service to community is at the core of our values," states Lyman.

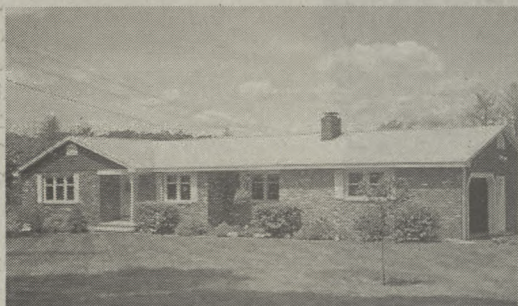


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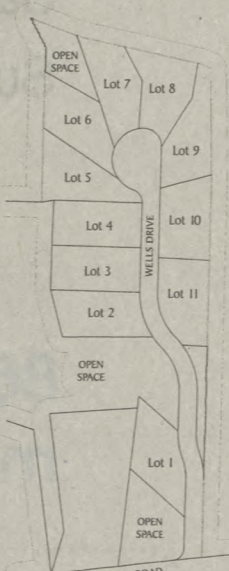
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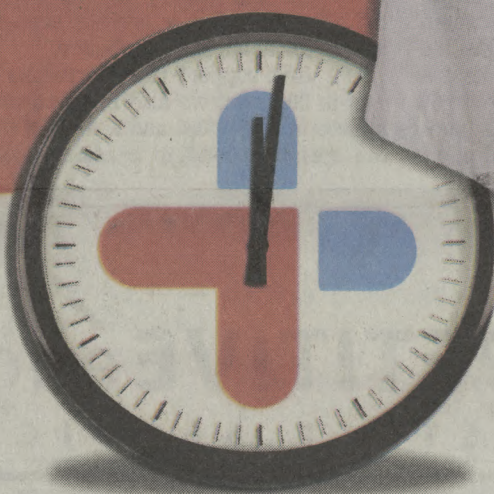
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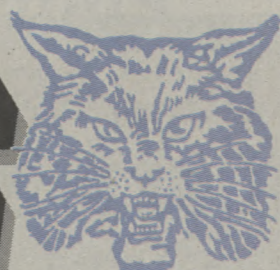
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WEDNESDAY, AUGUST 24, 2011

Knights of Columbus

Wiffleball Tournament

By Chris Ricciardi
Sports Correspondent

WILMINGTON- With AC/DC blaring from a car radio in right field, members of the Wilmington Knights of Columbus, along with several out-of-town players, competed in a wiffleball tournament last Saturday. It had a little bit of everything, including home-runs and dominant pitching performances.

For the third straight year, Knights of Columbus member Justin Strem organized the tournament, which was held in the parking lot of the local club. Strem, who used to attend old wiffleball games as a child, said that he's only continuing the tradition.

"A couple of guys used to run (the tournament) in the 1990's," Strem said. "Gerry Lawrenson and Gerry O'Reilly ran it back then. They told me about it, and I remembered coming down when I was little. It was a little bit bigger back then because the council was bigger. Recently, we were looking for an event to get some people down to the club. They used to run it around the Fourth of July, and we do it a little later now. This year, we only have five teams competing."

With a wheelbarrow positioned behind home plate to serve as the strike zone, the teams competed to see who would be champion. The orange fence in the outfield didn't prove to be a deterrent for some hitters, who easily knocked the ball out of the field for a home run. Still, the pitching performances of the day were extremely impressive. One of the participants said that pitching has always played a major part in the tournament.

"The pitching dominates," Bob Voner said. "It has been pretty close. It's always been

about the pitching at the tournament. The pitching usually starts ahead of the hitting, though. As time goes on, the hitting improves. Justin does a good job of running this thing."

Voner said that in the old days, about 13 or 14 teams participated in the tournament. A green box was used as the pitching mound back then. Instead of just your arm hurting, Voner said, your legs and back would also be sore.

"It was off for a bunch of years," Voner said of the tournament. "It was gone for five years and came back. Once you lose a couple of guys for a couple of years, for weddings and such, it doesn't help. Justin does a good job of running this thing."

In the end, the championship game came down between Team Manbearpig and Team "Anyone But the Runners Up." Team Manbearpig was able to erase an early deficit with a two-run home run by Stephen McIsaac, and Ryan Fahey won the game on a walk-off home run. The championship team was made up of McIsaac, Robert McIsaac, Zach Goodman, and Fahey.

Team "Anyone but the Runners Up," who have finished as the runners-up in every tournament for the past three years, is made up of Mike Senarian, Andrew Campbell, Jason Riley, and Jim Fennelly.

It costs \$100 for each team to enter the tournament. Tournament co-director Jared Constantino said that 70% of the funds are given away to the top three teams, and 30% is used towards charity.

"We give money to several charities," Constantino said. "We do a lot for the Jimmy Fund, Pop Warner, and also



Justin Strum keeps a close eye on the ball as he delivers a pitch.

Photo by joebrownphotos.com

for families in need. For example, every Christmas, we choose a family to help and we buy gifts for the entire family."

Constantino said that he would like to keep the tournament limited to Wilmington players in the future because of the club's affiliation. He said that Facebook really helped attracting players for this year's tournament.

The tournament was a success, raising about \$150 for the club's charity fund. It appears to have a strong future, as Strem wants to continue holding it into the future.

"We like the format that we have now, so we're just trying to get some new teams and talent into the tournament," Strem said. "Everyone knows each other, and it's good competition. It's just about getting people together and having some fun."



The Murray children -- from left, Madisyn, Jenna, Jamie, Maryssa and Joey in the front, received their award ribbons from their Aunt Kim Agati after last year's Road Race held in North Wilmington.

(photo by Maureen Lamoureux-www.shootingstarspix.com)

TMHS Cheerleaders take 1st place win at NCA Cheer camp



The team from their 1st place win at NCA Cheer camp last week at the Univ. of RI. Along with the pic, here's some camp highlights:

- 1st place in Performance Competition
- "Herkie" Team Award for teamwork and sportsmanship
- The following girls were nominated for the "All American" Cheerleader: Courtney Spinelli, Jackie Giasullo, Amanda Romano, Shauna Larry, Cortny Guttaduro, Marissa Liggiero, Rachel Eatherton, Renee Stronach, Rachel Stronach, Jen Schultz, Mackenzie Carr, Paige Winn, Dede Somerville and Mel Somerville.
- Courtney Spinelli and Jackie Giasullo were given the coveted invitation to apply to be NCA Cheerleaders.

Wilmington's 7th Annual Road Race "Team Kelli" to reunite

Last year over 200 participants joined "Team Kelli" running or walking in memory of Kelli Murray. Family and friends of Kelli Murray will reunite again this year at Wilmington's 7th Annual Road Race hosted by the Wilmington Chamber of Commerce. The race will include a Half Marathon (13.1 miles) and a 5K Run/Walk (3.1 miles) on Sunday, September 25th at 10am at WCTV at 10 Waltham Street.

Register early by downloading a registration form at www.wilmingtonbusiness.com or on-line at run-reg.com. Be sure to indicate "Team Kelli" on the registration form. Team members that participated last year are asked to wear their special green t-shirts with Kelli's "star logo" on it. There are a few shirts left from last year, new team members should contact Krysta O'Neill at krystaoneill@gmail.com to receive a t-shirt.

In honor of Kelli, the Wilmington Chamber of Commerce will donate a



KELLI MURRAY

portion of the proceeds via a scholarship in Kelli's name to a deserving college-bound Wilmington student.

Kelli is missed dearly by her entire family and countless friends. Because Kelli enjoyed running so much, this community event is a perfect way to honor her memory!

Please contact the Chamber of Commerce at 978-657-7211 with additional race questions.

FIREWORKS AREN'T JUST
FOR THE 4TH OF JULY!



COME FOR THE GAME

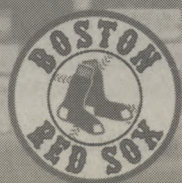
STAY FOR THE

FIREWORKS

August 5

August 16

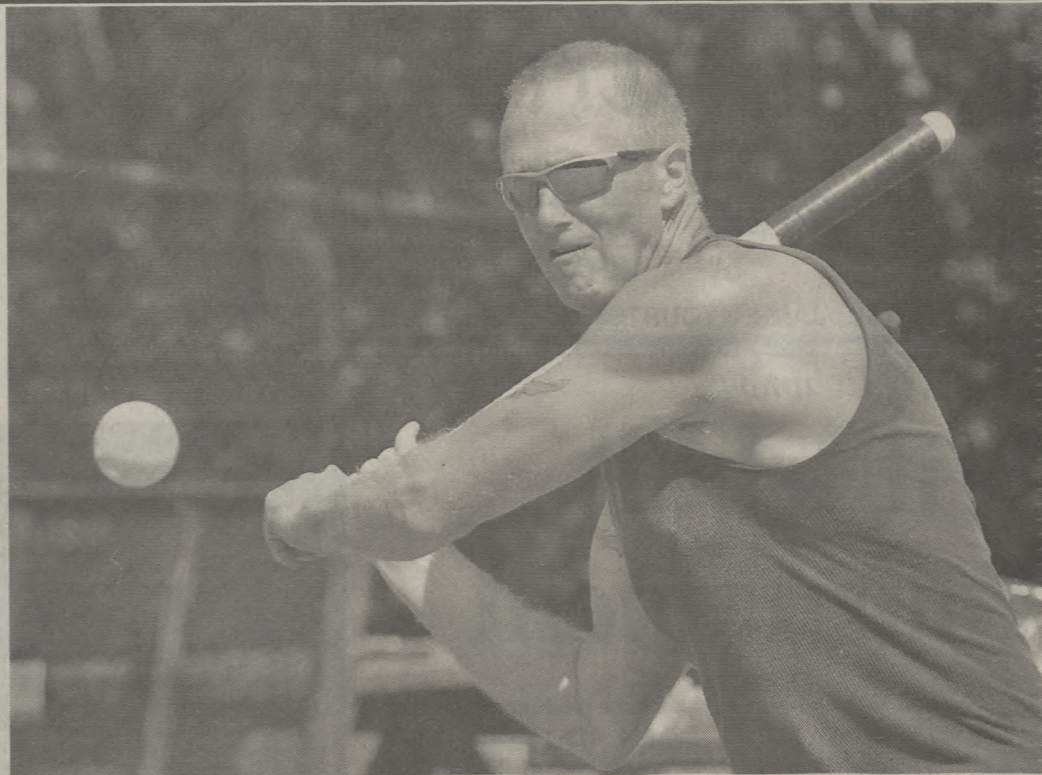
September 1



Class A Affiliate of the
Boston Red Sox

www.LowellSpinners.com

(978) 459-1702



This one ended out of the park - Rick Shaw keeps an eye on the ball before slamming a homerun during the K of C Whiffle Ball tourney.

Photo by joebrownphotos.com

Personal Best

Peak Performance / Mental Toughness

Training Course for Parents - Coaches - Athletes - Performers

READING - Personal Best is pleased to announce an exciting course this fall: Peak Performance Training for Parents-Coaches-Athletes-Performers. Instructors Scott Farris and Pete Moscariello have been recognized nationally as top peak performance / mental toughness trainers and have conducted over 100 successful workshops for college and high school athletic teams, parents, drama clubs, school faculties, administrators, and students. This course will be beneficial to anyone who desires to increase her/his chance for success in school, athletics, performance, work, or home life.

Research shows that successful and fulfilled people in any walk of life all have one thing in common - deliberate and practiced mental toughness. Thus, the instructors will provide techniques

and strategies that will help participants reach and maintain peak performance levels and be successful in their chosen areas. Each course member will be an active participant in the sessions, as instructors will use live demonstration and videotape to enhance learning. The goal of the course is to have participants learn positive and healthy life skills that they can immediately apply to any area of their lives.

During this course, participants will learn how to: increase Confidence play/live at Peak Performance levels more frequently stay relaxed and use breathing techniques in stressful situations play/live in the Present Moment develop a Positive Mindset use Visualization techniques use Positive Self-Talk release negative thoughts & replace with positive ones

respond to adversity develop a Healthy Perspective focus on the Process rather than results set and accomplish Goals

Part I: Wednesday, September 21 6:30 pm - 9:00 pm Fee: \$35 per person

Part II: Wednesday, September 28 6:30 pm - 8:30 pm Fee: \$30 per person (fee is \$60 if elect both Part I and Part II)

Course will be held at Reading Memorial High School - Room 413

To register, please contact: Scott Farris 781 640-8572 sfarris@personalbestmtt.com

Pete Moscariello 978 857-0560 petemosc@personalbestmtt.com

Please visit personalbestmtt.com for more details about the course and to read what people are saying about Personal Best.

Celebrating 86 Years - Sales - Service 1925-2011

Bonnell

experience our family at work



781.729.9700

353 Cambridge St.,
Rte. 3

Winchester, MA 01890

WWW.BONNELLFORD.COM

PRE-OWNED SPECIALS

'04 Jeep Gr. Cherokee 7478A, Laredo, 4WD, Blue, 75K miles	\$11,490
'06 Scion tC 11-EXP33A, Blue Blitz Mica, 58K miles	\$11,990
'08 Chevy HHR Panel LS 11-FS105B, Summit White, 37K miles	\$12,990
'05 Subaru Outback 3.0 R 11-ESC45A, LL Bean, AWD, Gold, 69K mi.	\$15,990
'06 Jeep Gr. Cherokee 10-F15101A, Laredo, 4WD, Silver, 53K mi.	\$15,990
'08 Mercury Milan Premier 7509, Black Clearcoat, 40K miles	\$16,490
'08 Ford Fusion SE 7504, Vapor Silver, 30K miles	\$16,990
'08 Ford Fusion SE 7510, Dark Ink Blue, 25K miles	\$17,990
'06 Toyota Tacoma Base 6067A, Access Cab, 4WD V6, Blk., 73K mi.	\$17,990
'08 Ford Fusion SEL 7503, Silver Birch Clearcoat, 34K miles	\$18,490
'07 Toyota Avalon XLS 7474A, Phantom Gray Pearl, 68K miles	\$18,490
'08 Mercury Milan V6 7508, Premier, Vapor Silver, 16K miles	\$18,490
'09 Honda Civic EX 11-ESC130A, Alabaster Silver, 31K miles	\$18,490
'08 Saturn Vue XR AWD 8S608303, Deep Blue, 38K miles	\$18,990
'07 Nissan Maxima 3.5 SL 11-EDG91A, Precision Gray, 54K miles	\$18,990
'10 Mercury Milan Premier 9051, White Suede Clearcoat, 33K miles	\$18,990
'10 Mercury Grand Marquis 9069, LS, Silver Birch, 26K miles	\$18,990
'07 Toyota Camry Hybrid 11-EXP47A, Magnetic Gray, 46K miles	\$19,690
'07 Mercury Mountaineer 7514, Premier, 34K miles	\$19,990
'10 Honda Civic EX-L Navi 12-FOC32A, Crystal Black, 22K miles	\$20,490

Manager's Special

New 2011 FORD MUSTANG CONVERTIBLE

Retail: \$41,375

SUMMER CLEARANCE \$35,979

New 2011 FORD F150 4X4 SUPERCREW LARIAT

#11F1506

Retail \$41,815
Factory Rebate -\$2000
Ford Credit Bonus -\$1500
Trade Bonus -\$500
Bonnell Discount -\$3306

BUY FOR \$34,509

New 2011 FORD FUSION SE AUTO SYNC

#11-FS134

Retail \$23,935
Factory Rebate -\$2500
Bonnell Discount -\$1492

BUY FOR \$19,943

PRE-OWNED SPECIALS

'10 Ford Econoline Cargo 9068, E-250, Oxford White, 13K miles	\$20,990
'08 Lincoln MKZ 7488, Moss Green, 33K miles	\$20,990
'08 Ford Mustang GT 6069, Bullett, Highland Green, 41K miles	\$21,990
'11 Ford Econoline Cargo 9067, E-250, Oxford White, 15K miles	\$21,990
'07 Nissan Murano SL 11-EXP39A, AWD, Brilliant Silver, 48K mi.	\$21,990
'08 Mercury Mountaineer 7475, Premier, AWD, Ebony, 34K miles	\$22,490
'07 Ford Mustang GT 11-TRA18A, Premium, Gray, 23K miles	\$22,990
'08 Lincoln MKZ AWD 7492, Light Sage Clearcoat, 33K miles	\$22,990
'07 Dodge Sprinter Cargo 11-F35042A, 2500, WB High Roof, White, 75K mi.	\$23,490
'07 Cadillac, STS V6 11-ESC109A, AWD, Infrared, 45K miles	\$23,990
'08 Ford Edge SEL AWD 7515, Dark Ink Blue, 25K miles	\$24,490
'08 Ford Edge SEL AWD 7498, Redfire Clearcoat, 35K miles	\$24,490
'07 Chevy Tahoe LTZ Z71 6079A, 4WD, Black, 65K miles	\$25,990
'08 Ford Mustang GT 6075, Bullett, Highland Green, 7K miles	\$25,990
'08 Toyota Tundra SR5 11-ESC132, Double cab, 4WD, 41K miles	\$26,490
'09 Ford Edge Ltd. AWD 11-EXP31A, White, 35K miles	\$27,990
'10 Toyota Highlander 12-ESC17A, Classic, 4WD, Silver, 6K miles	\$28,990
'08 Toyota Tundra Ltd. 11-F15071B, Super White, 32K miles	\$30,990
'09 Lincoln MKX Ultimate 7513, AWD, Vivid Red Clearcoat, 20K miles	\$30,990
'09 Lexus GX 470 11-EXP40A, Titanium Metallic, 28K miles	\$43,490

TAX, TITLE, PLATES & DOC FEE EXTRA. FORD CREDIT BONUS REQUIRES FMCC FINANCING. TRADE BONUS REQUIRES 1995 OR NEWER TRADE. MUST TAKE RETAIL DELIVERY FROM DEALER STOCK USING DEALER FINANCIAL SOURCE. SALE ENDS 8.31.2011

LEGAL NOTICE



TOWN OF WILMINGTON
STREET ACCEPTANCE BY BETTERMENT PETITION
2012 ANNUAL TOWN MEETING

LEGAL NOTICE

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue of the Power of Sale contained in a certain mortgage given by Timothy E. Duggan to Mortgage Electronic Registration Systems, Inc., dated May 10, 2005 and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 18832, Page 74, of which mortgage CitiMortgage, Inc. is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 9:00 a.m. on September 14, 2011, on the mortgaged premises located at 42 Adams Street, Wilmington, Middlesex County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

A certain parcel of land with the buildings thereon situated in Wilmington, Middlesex County, Massachusetts, being shown as Lot 6 on a plan entitled "Narrow Gauge Park" surveyed for John D. Cooke and Edward C. Manning by A. B. Eames, Surveyor of Wilmington, dated October 8, 1951, and being further bounded and described as follows:

NORTHERLY: by Lot 4 as shown on said plan, one hundred (100.00) feet more or less;
EASTERLY: by Lot 28 as shown on said plan, two hundred nine and 16/100 (209.16) feet;
SOUTHWESTERLY: by Kelley Road as shown on said plan, one hundred forty-three (143.00) feet more or less.

Containing 17,500 square feet of land more or less according to said plan.

Said above plan is recorded with Middlesex District Registry of Deeds in Plan Book 82, Plan 58. Subject to restrictions of record, if any, these be now in force and applicable. For mortgagor's title, see deed recorded in said Registry in Book 16759, Page 122.

"The fourth bound should read: 'WESTERLY: by Adams Street as shown on said plan, one hundred forty-three (143.00) feet more or less.' For a more accurate description, please see the deed recorded with the Middlesex County (Northern District) Registry of Deeds in Book 16759, Page 122.

For mortgagor's(s) title see deed recorded with Middlesex County (Northern District) Registry of Deeds in Book 16759, Page 122. These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE: A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.
CITIMORTGAGE, INC.
Present holder of said mortgage
By its Attorneys,
HARMON LAW OFFICES, P.C.
150 California Street
Newton, MA 02458
(617) 558-0500
201003-1283 - ORE
05556675 8/17,24,31/11

The Board of Selectmen of the Town of Wilmington gives notice that all informal petitions for warrant articles for Acceptance of Streets by Betterment Plan, so called, in the Town of Wilmington for the 2012 Annual Town Meeting must be filed with the office of the Town Clerk, Town Hall, Wilmington, no later than 4:30 p.m. on September 2, 2011.

Louis Cimaglia, IV,
Chairman
Board of Selectmen
05556614 8/10,17,24/11

LEGAL NOTICE

MORTGAGEE'S SALE OF REAL ESTATE

By virtue of the Power of Sale contained in a certain mortgage given by Lawrence Gauthier to "MERS", Mortgage Electronic Registration Systems, Inc., a separate corporation that is acting solely as nominee for America's Wholesale Lender, "Lender", its successors and assigns dated August 29, 2006 and recorded with the Middlesex County (Northern District) Registry of Deeds, in Book 20471, Page 214, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at **Public Auction at 12:00 PM, on September 8, 2011**, on the premises known as **1302 Sandy Lane, Wilmington, Massachusetts**, the premises described in said mortgage, together with all the rights, easements, and appurtenances thereto, to wit:

The land with the buildings thereon shown as Lot 130 on a subdivision plan entitled, "Subdivision Plan of Land Shawheen Estates, Wilmington, Massachusetts, Scale: 1" = 40, dated April 10, 1997 Engineers: Dana F. Perkins, Inc., Consulting Engineers & Land Surveyors, Tewksbury and Reading, Mass., prepared for Shawheen river Associates, 100 Mink run road, Wilmington, Massachusetts, recorded at Middlesex North Registry of Deeds in Plan Book 193, Page 131.

Being the same premises conveyed to the herein named grantor(s) by deed recorded with the Middlesex Registry of Deeds in book 8655, Page 233.

Terms of Sale: These premises are being sold subject to any and all unpaid real estate taxes, water rates, municipal charges and assessments, condominium charges, expenses, costs, and assessments, if applicable, federal tax liens, partition wall rights, statutes, regulations, zoning, subdivision control, or other municipal ordinances or bylaws respecting land use, configuration, building or approval, or bylaws, statutes or ordinances regarding the presence of lead paint, asbestos or other toxic substances, sanitary codes, housing codes, tenancy, and, to the extent that they are recorded prior to the above mortgage, any easements, rights of way, restrictions, confirmation or other matters of record. Purchaser shall also bear all state and county deeds excise tax. The deposit of \$5,000.00 is to be paid in cash or bank or certified check at the time and place of the sale, with the balance of the purchase price to be paid by bank or certified check within thirty (30) days after the date of the sale, to be deposited in escrow with Guetta and Benson, LLC, at 229 Billerica Road, Chelmsford, Massachusetts.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of the foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder or, thereafter, to the next highest bidders, providing that said bidder shall deposit with said attorney, the amount of the required deposit as set forth herein within five (5) business days after written notice of the default of the previous highest bidder.

Other terms, if any, are to be announced at the sale.
Present holder of said mortgage
Bank of New York Mellon as Trustee for the
Certificate Holders
CWABS, Inc., Asset-Backed Certificates, Series 2006-18
by its Attorneys
Guetta and Benson, LLC
Peter V. Guetta,
Esquire
P.O. Box 519
Chelmsford, MA 01824
August 15, 2011
05556699 8/17,24,21/11

Gearing up for Wilmington's Half Marathon

There are only four weeks remaining until the Wilmington Half-Marathon and 5K on September 25th. Hopefully you have already registered for the race, which begins from the WCTV headquarters at 10:10 AM that morning. At the end of this week, the hardest part of the training will be over. You should be able to see the light at the end of the tunnel, as this is the last week you will be building mileage.

This week's element of training, as you will probably have noticed over the past several weeks, is the long run. In my opinion,

while training for any race that lasts longer than an hour (10 mile, half-marathon, marathon), the long run is the most important run of the week. I've heard that after you're out there for longer than one hour and forty-five minutes, your body begins to process energy in a different way, and training your body to do that is a good way to develop the endurance necessary in a longer run. Ideally, your long runs should be longer than your race distance so that the actual race distance does not seem as daunting. Occasionally, the long run should be slow and easy; other-times an effective way to develop your fitness

is to have a tempo run or a progression into your goal race pace during your long run. You will have done this at the end of the current week if you are following last week's plan.

Week Starting August 29th (4 weeks before race):

To Finish: Monday - 6 miles easy; Tuesday - 5 miles (warmup, 5 x 2:00 up hill, recovery is running back down, cooldown); Wednesday - 3 miles easy; Thursday - 6 miles (1 easy, 3 at tempo pace, 2 easy); Friday - day off; Saturday - 10 miles; Sunday - 5 miles. Total: 35 miles.

To Perform: Monday - 8 miles easy; Tuesday - 6 miles (warmup, 6 x 2:00 up hill, recovery

is running back down, cooldown); Wednesday - 8 miles; Thursday: 9 miles (2 easy, 4 at tempo pace, 3 easy); Friday - day off; Saturday - 13 miles; Sunday - 6 miles. Total: 50 miles.

To Compete: Monday - 8 miles easy; Tuesday - 10 mile interval workout (2 mile warmup, 3 x 2 mile faster than half-marathon pace, quarter-mile rest, 1.5 mile cooldown); Wednesday - 9 miles; Thursday - 10 miles (8 easy, 2 tempo); Friday - day off or up to 5 miles easy; Saturday - 15 miles (6 easy, 7 at tempo pace, 2 easy); Sunday - 10 miles. Total: 62-67 miles.

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, September 7, 2011 at 7:00 p.m., in compliance with provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Request for a Determination of Applicability, filed by Edwin Brennan, 30 Washington Avenue, Wilmington, MA 01887, owner and applicant. The applicant is proposing to remove the existing 27' round above-ground pool, 12' x 8' shed, two pine trees, landscape bushes and fencing. The applicant is also proposing to install a 28' x 40' in-ground pool, grade & level the lot, add landscaping including retaining wall and shed. This work is within the 100' Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40, and 310 CMR 10.00. This property is shown on Assessor's Map 23 Parcel 112, 8 Reed Street, Wilmington, MA, 01887. A copy of the plan is on file at the Planning & Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.
Donald Pearson, Chair
Conservation
05556729 8/24/11

LEGAL NOTICE



TOWN OF WILMINGTON CONSERVATION COMMISSION

PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, September 7, 2011 at 7:00 p.m., in compliance with provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Request for a Determination of Applicability, filed by Edwin Brennan, 30 Washington Avenue, Wilmington, MA 01887, owner and applicant. The applicant is proposing to remove the existing 27' round above-ground pool, 12' x 8' shed, two pine trees, landscape bushes and fencing. The applicant is also proposing to install a 28' x 40' in-ground pool, grade & level the lot, add landscaping including retaining wall and shed. This work is within the 100' Buffer Zone to Bordering Vegetated Wetlands as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40, and 310 CMR 10.00. This property is shown on Assessor's Map 43 Parcel 128, 30 Washington Avenue, Wilmington, MA, 01887. A copy of the plan is on file at the Planning & Conservation Department, Room 6, Wilmington Town Hall, and may be inspected between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.
Donald Pearson, Chair
Conservation
05556728 8/24/11

LEGAL NOTICE



TOWN OF TEWKSBURY

DEPARTMENT OF PUBLIC WORKS

INVITATION TO BID

FIRE SERVICE METER AND FLANGES

Sealed bids for FIRE SERVICE METER AND FLANGES, Contract PW-12-07 will be received by the Town of Tewksbury, Department of Public Works (DPW) Office, 999 Whipple Road, Tewksbury, MA 01876 until 11:00 A.M. on **Tuesday, September 13th, 2011**. Surplus Materials consist of one 8 inch x 2 inch Badger fire service meter, Model FSAA-01 Fire Series Meter Assembly, and two 8 inch AWWA Class 'D' steel flange ends (see bid documents for more information). Bidders are welcome to inspect the Surplus Materials at the above office at a scheduled time with the DPW. Contract documents are available for examination at the Tewksbury DPW after 8:00 A.M. on Tuesday, August 30th, 2011. There is no fee associated with picking up a copy of the contract documents. There is a \$5.00 fee associated with a copy of the contract documents if requested to be mailed. Bidders requesting mailing services shall include a check payable to the Town of Tewksbury. Each Bid shall be submitted in accordance with the Instructions to Bidders and shall be accompanied by a Bid Bond in the amount of 10 percent of the Bid. The Bidding and Award of this Contract will be pursuant to M.G.L. c. 30B. The Owner reserves the right, in its absolute and sole discretion, to waive any informality in or to reject any or all Bids if deemed to be in its best interest.
By: Brian M. Gilbert
Superintendent of Public Works
For: Richard A. Montuori
Town Manager
05556745 8/24,31,9/7/11

LEGAL NOTICE



THE COMMONWEALTH OF MASSACHUSETTS

LAND COURT DEPARTMENT OF THE TRIAL COURT

ORDER OF NOTICE

Case No. 2011 MISC 451350

To: Gerald D. Lawrenson;

Elizabeth M. Lawrenson

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. § 501 et seq.; Bank of America, N.A. as successor by merger to BAC Home Loans Servicing, LP claiming to have an interest in a Mortgage covering real property in 3 Dexter Street, Wilmington given by Gerald D. Lawrenson and Elizabeth M. Lawrenson to Mortgage Electronic Registration Systems, Inc., dated February 20, 2007, and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 20991, Page 39 and now held by the plaintiff by assignment have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status. If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before October 3, 2011 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

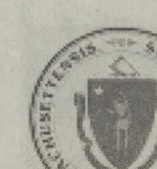
Witness, KARYN F. SCHEIER Chief Justice of this Court on August 16, 2011

Attest: Deborah J. Patterson

Recorder

201012-1962-gm

05556723 8/24/11



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT MIDDLESEX PROBATE AND FAMILY COURT

208 CAMBRIDGE STREET

CAMBRIDGE, MA 02141

(617) 768-5800

NOTICE OF PETITION FOR PROBATE OF WILL

DOCKET NO. M11P3206EA

In the Estate of: John Phillip Silvers a/k/a

John P. Silvers Late of:

Kingston, NH Leaving assets in Wilmington, Middlesex County Date of Death 04/09/2010

To all persons interested in the above captioned estate, a petition has been presented requesting that a document purporting to be the last will of said decedent be proved and allowed, and that Cheryl J.S. Park of Kingston, NH, be appointed executor / trix, named in the will to serve Without Surety. If you desire to object thereto, you or your attorney must file a written appearance in said Court at Cambridge on or before ten o'clock in the morning (10:00 AM) on 09/08/2011. In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner may allow) in accordance with Probate Rule 16. WITNESS, Hon. Peter C. DiGangi, First Justice of this Court. Date: August 11, 2011 Tara E. DeCristofaro Register of Probate 05556757 8/24/11

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS MIDDLESEX

THE SUPERIOR COURT

CIVIL DOCKET # MICV2011-02740

To: Stephen F. Lawrenson and Patricia J. Lawrenson, and to all persons entitled to the benefit of the Servicemembers Civil Relief Act of 1940 as amended: Salem Five Cents Savings Bank, claiming to be the holder of a mortgage covering real property in Wilmington, numbered as 17 Lawrence Court, given by Stephen F. Lawrenson and Patricia J. Lawrenson to Salem Five Mortgage Company, LLC, dated April 25, 2008 and recorded with the Middlesex County (Northern District) Registry of Deeds, Book 22139, Page 261, has filed with said court a Complaint for authority to foreclose said mortgage in the manner following: by entry on and possession of the premises therein described and by exercise of the power of sale, contained in said mortgage. If you are entitled to the benefits of the Servicemembers Civil Relief Act of 1940 as amended, and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Woburn in said County on or before 09/19/2011 or you may be forever barred from claiming that such foreclosure is invalid under said Act. Witness, Barbara J. Rouse, Esq., Chief Justice of the Superior Court, at Woburn, Massachusetts this 5th day of August, 2011. Michael A. Sullivan, Clerk of the Courts 05556724 8/24/11

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT MIDDLESEX PROBATE AND FAMILY COURT

208 CAMBRIDGE STREET

CAMBRIDGE, MA 02141

(617) 768-5800

NOTICE OF PETITION FOR PROBATE OF WILL

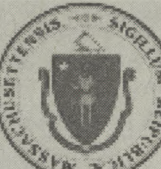
DOCKET NO. M11P3848EA

In the Estate of: Don G. DiFlore Late of:

Wilmington MA 01887 Date of Death 08/05/2011

To all persons interested in the above captioned estate, a petition has been presented requesting that a document purporting to be the last will of said decedent be proved and allowed, and that Michael P. Kerrins of Revere, MA be appointed executor / trix, named in the will to serve Without Surety. If you desire to object thereto, you or your attorney must file a written appearance in said Court at Cambridge on or before ten o'clock in the morning (10:00 AM) on 09/08/2011. In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner may allow) in accordance with Probate Rule 16. WITNESS, Hon. Peter C. DiGangi, First Justice of this Court. Date: August 11, 2011 Tara E. DeCristofaro Register of Probate 05556708 8/24/11

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS MIDDLESEX

THE SUPERIOR COURT

CIVIL DOCKET # MICV2011-02666

To: Evaristo Bernardo and Queliminda Bernardo a/k/a Kelly Bernardo, and to all persons entitled to the benefit of the Servicemembers Civil Relief Act of 1940 as amended: Cam II Trust, claiming to be the holder of a mortgage covering real property in Wilmington, numbered as 134 Hanover Street, given by Evaristo Bernardo and Queliminda Bernardo a/k/a Kelly Bernardo to Wilmington Finance division of AIG Savings dated December 20, 2004 and recorded with the Middlesex County (Northern District) Registry of Deeds, Book 18238, Page 169, has filed with said court a Complaint for authority to foreclose said mortgage in the manner following: by entry on and possession of the premises therein described and by exercise of the power of sale, contained in said mortgage. If you are entitled to the benefits of the Servicemembers Civil Relief Act of 1940 as amended, and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Woburn in said County on or before 09/19/2011 or you may be forever barred from claiming that such foreclosure is invalid under said Act. Witness, Barbara J. Rouse, Esq., Chief Justice of the Superior Court, at Woburn, Massachusetts this 1st day of August, 2011. Michael A. Sullivan, Clerk of the Courts 05556764 8/24/11



Whiffle Ball Winners (from left to right), Justin Strem (tournament co-director), Stephen McIsaac, Ryan Fahey, Jared Costantino (tournament co-director), Rob McIsaac, Zach Goodman formed the team bearing the name Team Manbearpig.

courtesy photo

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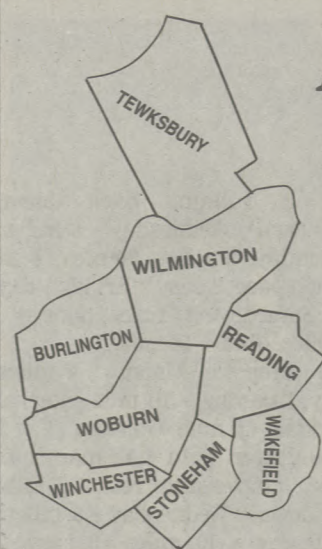
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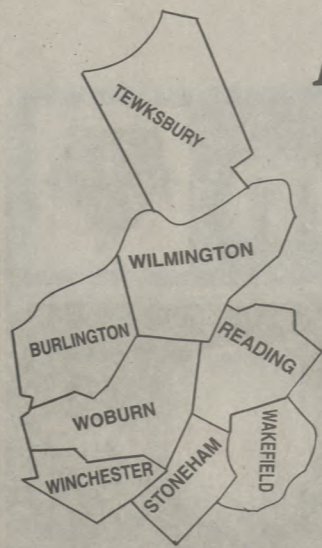
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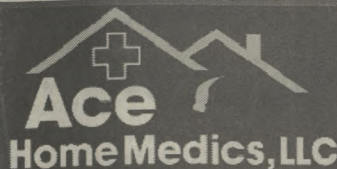
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BRAND NEW 2011 Mazda CX-7 GREAT SELECTION 0% APR AVAILABLE 60 MOS! BUY FOR: \$20,459* Auto., A/C, iPod, P/W, P/L, CD & Much More! #M102880 TEST DRIVE A CX-7 TODAY! OR LEASE FOR: \$236/mo* 36 Mos. 10K Miles/Year: \$1088 cash down payment plus first month's payment. Tax, title, bank, license and other fees extra. \$0 security deposit. Must qualify. LONGER LEASE TERMS AVAILABLE	BRAND NEW 2011 Mazda2 36 MILES/GALLON GREAT SELECTION 0% APR AVAILABLE 60 MOS! BUY FOR: \$15,785* TOURING, Automatic, A/C, P/W, P/L, iPod, CD & More! #M104670 Take Immediate Delivery! Test Drive Today!	BRAND NEW 2011 Tribute Grand Touring GREAT SELECTION SAVE \$3197 OFF MSRP!	LIKE NEW 2011 Mazda CX-9 GT AWD GREAT SELECTION DEALER DEMO! SAVE \$\$\$ NAVIGATION! LEATHER! 20" WHEELS! DVD SYSTEM! BLUETOOTH & MORE! SAVE UP TO \$6000 OFF MSRP! ORIGINAL LIST: \$40,900

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*Must qualify for advertised lease specials. Must Qualify for \$500 Owner Loyalty Rebate. 10% APR w.a.c. in lieu of dealer rebates & incentives, cannot be combined. Advertised cars must be paid for at time of sale. Prior Sales Excluded! 8-31-2011

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CHEVY

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NEW 2011 Camaro CONV. SUMMER SPECIAL! MSRP.....\$44,550 Liberty Disc.....\$4600 Liberty Price: \$39,950* Summit White With Inferno Orange, Leather Interior, 6.2L V8 Engine, Fully Equipped & More! #M105830	NEW 2012 Cruze LS GREAT SELECTION! MSRP.....\$18,740 Liberty Disc.....\$1191 Liberty Price: \$17,549* Automatic, Bluetooth, Connectivity Package! Fully Equipped... Not Stripped! #M1200150	NEW 2011 Silverado X-Cab MSRP.....\$27,370 Rebate.....\$4505 Liberty Disc.....\$1375 Liberty Price: \$21,490* V6, Automatic, Heavy Duty Suspension & More! Fully Equipped... Not Stripped! #M1105680	NEW 2011 Impala LTZ GREAT SELECTION! MSRP.....\$31,655 Liberty Disc.....\$6160 Liberty Price: \$25,495* Leather, Sunroof, OnStar & Much More! TOP OF THE LINE CHEVY! #M1103320
NEW 2011 Tahoe 4x4 LT MSRP.....\$49,010 Rebate.....\$3415 Liberty Disc.....\$3000 Liberty Price: \$42,595* Sunroof, OnStar, 20" Wheels & More! Fully Equipped... Not Stripped! #M1101100	NEW 2011 Equinox AWD MSRP.....\$25,780 Liberty Disc.....\$2285 Liberty Price: \$23,495* Auto., P/W, P/L, A/C, P/Opts., Bluetooth Fully Equipped... Not Stripped! #M1105790 Or Lease For: \$249/mo* 36 Months 10K Miles/Year: \$2200 cash/trade down payment plus first month's payment. Tax, title, bank, license, sec. deposit and other fees extra. Must qualify.	NEW 2011 Traverse MSRP.....\$30,474 Rebate.....\$1979 Liberty Disc.....\$2000 Liberty Price: \$26,495* 8 Passenger, OnStar, Bluetooth, P/Opts. Fully Equipped... Not Stripped! #M1105200 Or Lease For: \$289/mo* 36 Months 10K Miles/Year: \$2600 cash/trade down payment plus first month's payment. Tax, title, bank, license, sec. deposit and other fees extra. Must qualify.	NEW 2011 Silverado 3500 Dump Body MSRP.....\$43,435 Rebate.....\$4005 Liberty Disc.....\$6600 Liberty Price: \$32,830* COMMERCIAL SPECIAL 4x4, Dump Body, Perfect Work Truck, Hurry In Today! #M1104520

OUR USED CAR GUARANTEE!

- ★ All Vehicles Undergo A Complete 100+ Point Vehicle Inspection!
- ★ A Carfax History Is Supplied For Every Used Car We Sell!
- ★ Our Service Records Are Available To Our Customers Showing Exactly What Service Was Completed On Each Used Car In Stock!
- ★ We Stand Behind What We Sell & Offer A Variety Of Protection Plans To Fit Every Budget!
- ★ A Wide Range Of Competitive Finance Rates & Terms Available!

BACK TO SCHOOL SPECIALS

- 2003 Dodge Caravan Just Traded In! Only 60K Miles! Fuel Efficient 4 Cycle! Ready To Go! #M105521 **\$7,997**
- 2001 Buick LeSabre LTD Limited Edition, New Care Trade, Only 27K Miles, Loaded, Must See Car! #M105471 **\$8,997**
- 2005 Monte Carlo Coupe LS, Just Traded In. Only 59K Miles, Well Maintained & Ready To Go! #M105751 **\$9,993**
- 2007 Ford F150 Reg. Cab Only 54K Miles, Fuel Efficient V6 Engine, Automatic & A/C! #M105251 **\$11,987**
- 2006 Mazda Tribute S 4x4 Only 67K Miles, Leather, Moonroof, V6 Engine & Much More! #M103091 **\$13,990**
- 2009 Saturn Aura XE Only 31K Miles, GM CERTIFIED, Power Options & Much More! #M103700 **\$13,992**

FACTORY CERTIFIED

- A Comprehensive 175 Point Vehicle Inspection!
 - Complete Carfax History Report
 - Minimum 12mo/12k Mi Bumper To Bumper Warranty!
 - Remainder Of Factory Warranty
 - 24/7 Roadside Assistance!
 - 2 Years Of FREE Oil Changes, Tire Rotations & Inspections!
- | | |
|--|-----------------|
| 2009 Chevy Impala LT Sedan, Only 35K Miles, Power Options, & Much More! GM CERTIFIED #M106760 | \$16,655 |
| 2011 Chevy HHR LT One Owner, Only 550 Miles! Back Up Camera GM CERTIFIED #M200361 | \$18,775 |
| 2008 Chevy Silverado X-Cab LT 4x4, Only 38K Miles, Well Equipped, One Owner! GM CERTIFIED #M100780 | \$22,997 |
| 2010 Chevy Suburban LT LT 4x4, Only 33K Miles, 8 Pass. Seating, Leather! GM CERTIFIED #M113120 | \$33,477 |

AMAZING VALUE SPECIALS

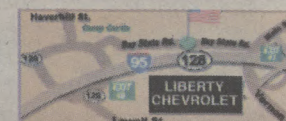
- 2006 Acura TL Sedan Recent Trade, Well Maintained, Leather, Moonroof, Loaded Up! #M103111 **\$15,787**
- 2010 Kia Sedona LX LX Van, 2nd Row Captain Chairs, Remainder of 50K Warranty, Only 39K Mi! #M1181251 **\$17,893**
- 2008 Saab 9-7X SUV Touch Screen Navigation, Leather, Moonroof & Much More! #M1181420 **\$18,477**
- 2010 Toyota Tacoma 4x4 Regular Cab, 5 Speed Manual, Only 13K Miles, Like New! HURRY! #M1180771 **\$19,996**
- 2010 Ford Mustang Conv. Fuel Efficient, 300 HP, V6 Engine, Power Options, Leather, Silver/Black! #M1180420 **\$19,997**
- 2007 Cadillac SRX4 AWD Touch Screen Navigation, V6 Engine, Ultra View Sunroof, 48K Mi! #M1181261 **\$22,773**

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Town Crier



Wilmington Middle School

Bus #1 ~ Morning
1st Bus Stop Time: 6:30
Woburn St @ Kenwood Rd
Federal St @ Liberty St
Federal St @ Wilson St
65 Federal St
54 Federal St
18 Concord St
Woburn St @ Sereona
Woburn St @ Great Neck
Woburn St @ Allgrove
Woburn St School
Park St @ Gowing Rd
Sparhawk @ Heather
Freeport @ Lucaya
60 Park St
48 Park St.

MIDDLE SCHOOL
Bus #1 ~ Afternoon
Middlesex @ Wildwood PM Only Bus 2 in AM
Federal St @ Liberty St
Federal St @ Wilson St
65 Federal St
54 Federal St
18 Concord St
Turn at Fordham Rd
36 Concord St PM ONLY
48 Park St.
Woburn St @ Great Neck
Park St @ Gowing Rd
Sparhawk at Heather
Freeport @ Lucaya
60 Park St
48 Park St.
Woburn St School
Woburn St @ Allgrove
Woburn St @ Sereona
Woburn St @ Kenwood Rd
204 Wildwood Street PM Only Bus 2 AM
Wildwood @ Seneppek PM Only Bus 2 AM

MIDDLE SCHOOL
Bus #2 ~ Morning
1st Bus Stop Time: 6:30
204 Wildwood St AM Only Bus 1 PM
Wildwood @ Senpek AM Only Bus 1 PM
Wildwood @ Middlesex AM Only Bus 1 PM
Middlesex @ School AM Only Bus 8 PM
101 Middlesex Ave
Middlesex @ Central Ave
Clark St @ Clark Terrace
Clark St @ Washington
Bridge @ Brand AM Only
Wisser @ Hobson Ave
Wisser @ Brand
Brand St @ Baker St
Baker @ Phillips
Grove St @ Wild (Dirt Lot)
44 Grove Ave
Main St @ Veranda
Main St @ Miles Ave

MIDDLE SCHOOL
Bus #2 ~ Afternoon
Wisser @ Hobson Ave
Wisser @ Brand
Brand St @ Baker St 0.08263888889
Baker @ Phillips
Grove St @ Wild (Dirt Lot)
44 Grove Ave
Main St @ Veranda
Main St @ Miles Ave
Main St @ Bridge
Clark St @ Washington
Clark St @ Clark Terrace
Clark @ Middlesex
Middlesex @ Central
101 Middlesex

MIDDLE SCHOOL
Bus #3 ~ Morning
1st Bus Stop Time: 6:30
84 High St
Earles Row @ Middlesex PM Only
405 Salem St
62 Andover St
Marie Drive @ Woburn St
Marie Drive @ Carson Ave
Gunderson Rd @ Charlotte
Gunderson Rd @ Hathaway Rd
Hathaway Rd @ Chapman Rd
168 Woburn St
Woburn St @ Hawthorn
Woburn St @ Sheridan Rd
86 High St
High St. @ Nelson Way
High St @ Fox Run Dr
High St @ Linda Rd
Middlesex Ave @ Palmer Way AM ONLY Bus 13 PM
131 Church St
Church St @ Thurston

MIDDLE SCHOOL
Bus #3 ~ Afternoon
Church @ Thurston

131 Church St
High St @ Linda Rd
High St @ Fox Run Dr
High St @ Nelson Way
86 High St
Woburn St @ Sheridan Rd
Woburn St @ Hawthorn
168 Woburn St
Hathaway Rd @ Chapman Rd
Gunderson Rd @ Hathaway Rd
Gunderson Rd @ Charlotte
Marie Drive @ Carson Ave
Woburn @ Marie
405 Salem St
62 Andover
Rte. 62 @ Earles Row

MIDDLE SCHOOL
Bus #4 ~ Morning
1st Bus Stop Time: 6:30
North St @ Middlesex
North @ Carolyn
North St @ Pineridge
North @ Dadant
Carolyn @ Linda
258 Middlesex Ave
249 Middlesex Ave
Middlesex @ Colonial
Adams St @ Chandler Rd
State St @ Belmont St
Belmont St @ Beacon St
Church St @ Beacon St

MIDDLE SCHOOL
Bus #4 ~ Afternoon
Church St @ Beacon St
Church St @ Adams St

Middlesex @ Colonial
249 Middlesex Ave
258 Middlesex Ave
North @ Carolyn
North St @ Pineridge Rd
Pineridge Rd @ Linda Rd
Carolyn Rd @ Marcia Rd
Marcia Rd @ North St
North @ Middlesex

MIDDLE SCHOOL
Bus #5 ~ Morning
1st Bus Stop Time: 6:30
407 Salem St
120 Andover St
Andover St @ Treasure Hill Rd
Andover St @ Emerald Ave
429 Andover St
410 Andover St
Andover @ Fiorenza
Andover @ Ashwood
Ballardvale @ Avalon Oaks Ent.
North Int. School

MIDDLE SCHOOL
Bus #5 ~ Afternoon
407 Salem St
120 Andover St
Andover St @ Treasure Hill Rd
Andover St @ Emerald Ave
Andover @ Ashwood
Andover @ Fiorenza
410 Andover St
429 Andover St
Ballardvale @ Avalon Oaks Ent.

CONTINUED PAGE BTS 2

WILMINGTON PUBLIC SCHOOLS WILMINGTON, MASSACHUSETTS

SCHOOL CALENDAR 2011-2012

M	T	W	TH	F		M	T	W	TH	F	
	AUGUST										
29 ^t	30 ^s	31			(2)						
SEPTEMBER						FEBRUARY					
			1	X				1	2 ^{K*}	3	
H	6 ^k	7	8	9		6	7	8	9 ^{***}	10	
12	13	14	15	16	(20)	13	14	15	16	17	(16)
19	20	21	22	23		H	X	X	X	X	
26	27	28	29	30 ^c		27	28	29			
OCTOBER						MARCH					
3	4	5	6	7					1	2	
H	11	12	13	14		5	6	7	8	9	
17	18	19	20	21	(20)	12	13	14	15 ^{**}	16	(22)
24	25	26	27	28		19	20	21	22	23	
31						26	27	28	29	30	
NOVEMBER						APRIL					
	XX	2	3	4		2	3	4	5	X	
7	8	9	10 ^{HS}	H		9	10	11	12	13	
14	15	16	17 ^{***}	18	(18)	H	X	X	X	X	(15)
21	22	23 [*]	H	H		23	24	25	26	27	
28	29	30				30					
DECEMBER						MAY					
			1	2			1	2	3	4 ^c	
5	6	7	8 ^{**}	9		7	8	9	10	11	
12	13	14	15	16	(17)	14	15	16	17	18	(22)
19	20	21	22	23		21	22	23	24	25	
H	X	X	X	X		H	29	30	31 ^{K*}		
JANUARY						JUNE					
H	3	4	5	6						1	
9	10	11	12	13		4	5	6	7	8	
H	17	18	19	20	(20)	11	12	13	14	15	(13)
23	24	25	26	27 ^c		18	19 ^{L*}				
30	31										

Total Pupil Days 180
Days in Reserve 5
185

Approved by Wilmington School Committee: 4/13/11

() Number of School Days
t Teachers on Duty
s First day for students Grades 1-12
* Early Dismissal
H Holiday - schools and offices closed
X Schools closed
c Curr. Improvement Time - Early Dismissal
** Elementary (Gr 1-5) Parent Conferences - Early Dismissal
*** Middle School Parent Conferences - Early Dismissal
XX No school for students: Teacher Prof. Development Day
K Kindergarten Start Date
K* Early Childhood Parent Conferences - Early Dismissal
HS High School Parent Conferences (Evening)
L* Last Day of School - Early Dismissal

Wilmington Middle School

CONTINUED FROM PAGE BTS 1

North Int. School

MIDDLE SCHOOL

Bus #7 ~ Morning

1st Bus Stop Time: 6:50

Shawsheen Ave @ Cushing Dr

Shawsheen Ave @ Manning

Nichols St @ Ohio St

Nichols St @ Russell

Nichols St @ Flagstaff

Fairmeadow Rd @ Jere Rd #1

Fairmeadow Rd @ Jere Rd #2

Shawsheen @ Melody

Shawsheen @ Grace

Harold Ave @ Reed St

Reed @ Shawsheen

MIDDLE SCHOOL

Bus #7 ~ Afternoon

Shawsheen @ Cushing

Shawsheen @ Manning

Nichols St @ Ohio St

Nichols St @ Russell

Nichols St @ Flagstaff

Fairmeadow Rd @ Jere Rd #1

Fairmeadow Rd @ Jere Rd #2

Shawsheen @ Grace

Harold Ave @ Reed St

Shawsheen @ Reed

482 Shawsheen Ave PM Only

MIDDLE SCHOOL

Bus #8 - Morning

1st Bus Stop Time: 6:30

Mass Ave @ River St

Glen Rd @ Brattle

Glen Rd @ Cypress AM ONLY BUS 16 IN PM

Glen Rd @ King St. Ext

King St @ Garden Ave

King St @ Broad

Broad St @ Carmel St

Cary St @ St Paul

Glen Road @ Lee

Glen & Gandalf

60 Glen Road

Glen Road @ Drury

MIDDLE SCHOOL

Bus #8 - Afternoon

Mass Ave @ River St

Brattle St @ Glen Rd

Brattle St @ Garden Ave

King @ Garden

King St @ Broad

King @ Cary

Glen Road @ Lee

King @ King St. Ext.

Glen & Gandalf

60 Glen Rd

Drury @ Loumac

Middlesex @ Adam St PM Only - Bus 2 AM

MIDDLE SCHOOL

Bus #9 ~ Morning

1st Bus Stop Time: 6:25

Chestnut @ Patches Pond Ln

Chestnut @ Appletree

87 Chestnut St

98 Chestnut St

142 Chestnut St

152 Chestnut St

Chestnut @ Marion St Ext

Chestnut St @ Mill

221 Chestnut St

229 Chestnut St

285 Chestnut St

23 Hillside Way

20 Hillside Way

14 Hillside Way

391 Chestnut St

395 Chestnut

401 Chestnut St

Chestnut @ Navaho

Marion St @ Eleanor

112 Marion St

77 Marion St

48 Marion St

Marion Street @ Rollins Road

Marion Street @ Day St

1 Marion St (106 Burlington) last house left

MIDDLE SCHOOL

Bus #9 ~ Afternoon

106 Burlington Ave (after fence on right)

Chestnut @ Patches Pond Ln

55 Chestnut St PM Only

Chestnut @ Appletree Ln

87 Chestnut St

102 Chestnut St PM Only

142 Chestnut St

Chestnut @ Marion St Ext

Chestnut St @ Mill

221 Chestnut St

229 Chestnut St

285 Chestnut St

23 Hillside Way

20 Hillside Way

14 Hillside Way

391 Chestnut St

395 Chestnut

401 Chestnut

Chestnut @ Navaho

Marion St @ Eleanor

112 Marion St

77 Marion St

48 Marion St

Marion Street @ Rollins Road

Marion Street @ Day St

Marion St @ Chestnut (106

Burl)

MIDDLE SCHOOL

Bus #10 ~ Morning

1st Bus Stop Time: 6:30

Salem @ Arlene

Arlene @ Dorothy

Salem @ Anthony

276 Salem St

Salem St @ Valyn

Salem St @ Ring Ave

Salem St @ Cobalt St

Salem St @ McDonald

McDonald @ Summer

Salem St @ Oak St

Scaltrito Dr @ Turnaround

Salem @ Evergreen

Salem St @ Marten

MIDDLE SCHOOL

Bus #10 ~ Afternoon

Salem St @ Cobalt St

Salem St @ McDonald

McDonald @ Summer

Salem St @ Oak St

Scaltrito Dr @ Turnaround

Salem @ Evergreen

Salem St @ Marten

Salem St @ Ring Ave

Salem St @ Valyn

276 Salem St

Salem @ Anthony

Salem @ Arlene

MIDDLE SCHOOL

Bus #11 ~ Morning

1st Bus Stop Time: 6:30

363 Woburn St

403 Woburn St

Woburn St @ Cherokee

Woburn St @ Quail Run

Woburn St @ Wing Rd

585 Woburn (Wildwood/Wob)

Woburn St @ Allenhurst

Woburn St @ Elm St

Lowell St @ Strout

Lowell @ Woodland

89 West St

Suncrest @ West

West St @ Westdale Ave

West St @ Kilmanock St

34 West St.

West St @ Isabella Way

18 West St

West St @ Woburn St

MIDDLE SCHOOL

Bus #11 ~ Afternoon

363 Woburn St

403 Woburn St

Woburn St @ Cherokee

Woburn St @ Quail Run

Woburn St @ Wing Rd

585 Woburn St (Wildwood/Wob)

Woburn St @ Allenhurst

Woburn St @ Elm St

Lowell St @ Strout

Lowell St @ Woodland Rd

89 West St

Suncrest @ West

West St @ Westdale Ave

West St @ Kilmanock St

34 West St

West St @ Isabella Way

18 West St

West St. @ Woburn St

MIDDLE SCHOOL

Bus #12 ~ Morning

1st Bus Stop Time: 6:30 Leaving Bus Yard -

124 Eames St Travel down Main to Eames

Woburn St @ Oxbow Dr

Woburn St @ Morse Ave

Lowell St @ Commonwealth



Butters Row

Butters Row @ Factory Rd

MIDDLE SCHOOL

Bus #12 ~ Afternoon

Butters Row @ Elizabeth

46 Butters Row

Butters Row @ Factory Rd

Lowell St @ Kiernan Ave

124 Eames St

Woburn St @ Oxbow Dr

Woburn St @ Morse Ave

Lowell St @ Commonwealth

Malloy @ Laurel

Allen Park @ Sheldon

Sheldon Ave @ Parker St

Parker St @ Laurel Ave

MIDDLE SCHOOL

Bus #13 ~ Morning

1st Bus Stop Time: 6:30

Middlesex @ Mystic

Shady Lane Dr @ Pinewood Rd

Shady Lane Dr @ Oakdale Rd

Shady Lane Dr @ Lawrence St

Lawrence St @ Hamlin

Lawrence St @ Glendale Cr

31 Burlington Ave.

Burlington Ave @ Harris

Cedar @ Burt

Burt @ Canal

Canal @ Cory

MIDDLE SCHOOL

Bus #13 ~ Afternoon

Canal @ Cory

Canal @ Burt

Burt @ Cedar

Harris @ Burlington Ave

31 Burlington Ave

Lawrence St @ Glendale Cr

Lawrence St @ Lawrence Ct

Shady Lane Dr @ Lawrence St

Shady Lane Dr @ Oakdale Rd

Shady Lane Dr @ Pinewood Rd

Middlesex @ Palmer Way PM Only Bus 3 AM

Bus #14 ~ Morning

1st Bus Stop Time: 6:42

MIDDLE SCHOOL

86 Burlington Ave

160 Burlington Ave

247 Burlington

Burlington Ave @ Roosevelt

Burlington Ave @ Taft

Burlington Ave @ Beech St

76 Forest

Forest St @ Congress

Forest St @ Elwood

Boutwell Ave @ Taft

MIDDLE SCHOOL

Bus #14 ~ Afternoon

Boutwell Ave @ Taft

Boutwell @ Aldrich

Aldrich @ Buckingham

Forest St @ Elwood

Forest St @ Congress

76 Forest

Burlington Ave @ Roosevelt

Burlington Ave @ Taft

Burlington Ave @ Beech St

238 Burlington Ave PM Only

Malloy @ Laurel Ave

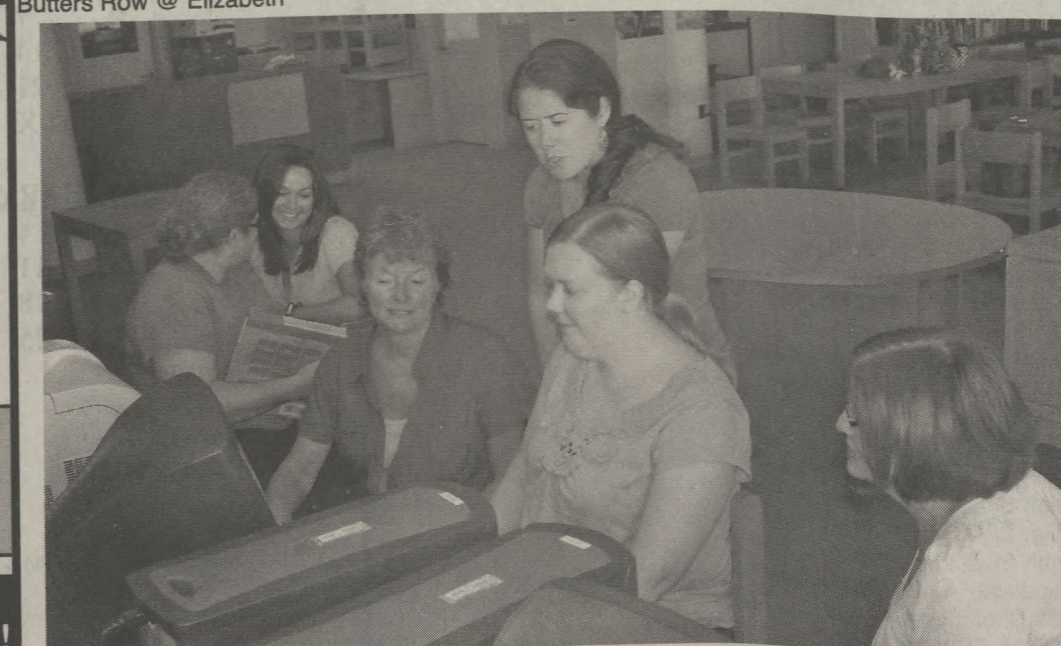
Allen Park @ Sheldon

Sheldon Ave @ Parker St

Parker St @ Laurel Ave

Lowell St @ Kiernan Ave

Butters Row @ Elizabeth



46

Wilmington High School and Middle School English teachers met at the high school on Monday where they planned this year's curriculum according to the Massachusetts state guidelines. Teachers from l-r are: Claire Hitschler, Maura Lynch, Lisa Desberg, Mia Parviainen and Maureen Dolan.

(photo by Maureen Lamoureux-www.shootingstarspix.com)

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Wilmington Middle School

CONTINUED FROM PAGE BTS 2
238 Burlington Ave PM Only
Burlington Ave @ Dell Dr
Burlington Ave @ Roberts PM ONLY

MIDDLE SCHOOL
Buses #15 ~ Morning
1st Bus Stop Time: 6:40
13 Hopkins
Hopkins St. @ Mink Run
Mink Run @ Pouliot
Hopkins St @ Sarafina Way
Dorchester @ 4th
154 Aldrich Rd
Aldrich @ Avery
207 Aldrich Rd
Aldrich Rd @ Buckingham AM Only Bus 14 in PM
Aldrich @ Forest

MIDDLE SCHOOL
Buses #15 ~ Afternoon
13 Hopkins
Hopkins St. @ Mink Run
Hopkins St @ Sarafina Way
Hopkins St @ Dorchester
154 Aldrich St
Aldrich @ Avery St.
207 Aldrich St
Aldrich @ Forest

MIDDLE SCHOOL
Bus #16 ~ Morning

1st Bus Stop Time: 6:30
Grove @ Lake
Grove @ Winchell
Lake @ Silverlake
Lake @ Fitz Terrace
Lake @ Warren
Lake @ South
16 Lake St
17 Benson
16 South St
161R Lake St
Shawsheen @ Lt. Buck Drive
Shawsheen @ Wilton
Aldrich Rd @ Apache Way
Aldrich Rd @ Bailey
Aldrich @ Mozart
Aldrich @ Kendall

MIDDLE SCHOOL
Bus #16 ~ Afternoon
Aldrich @ Kendall
87 Aldrich @ Mozart
Aldrich @ Bailey
Aldrich Rd @ Apache Way
Shawsheen @ Jaquith
Shawsheen @ Wilton
Shawsheen @ Lt. Buck Drive
161R Lake St
Lake @ Grove Ave
16 Lake St
17 Benson
Lake St @ Warren Rd

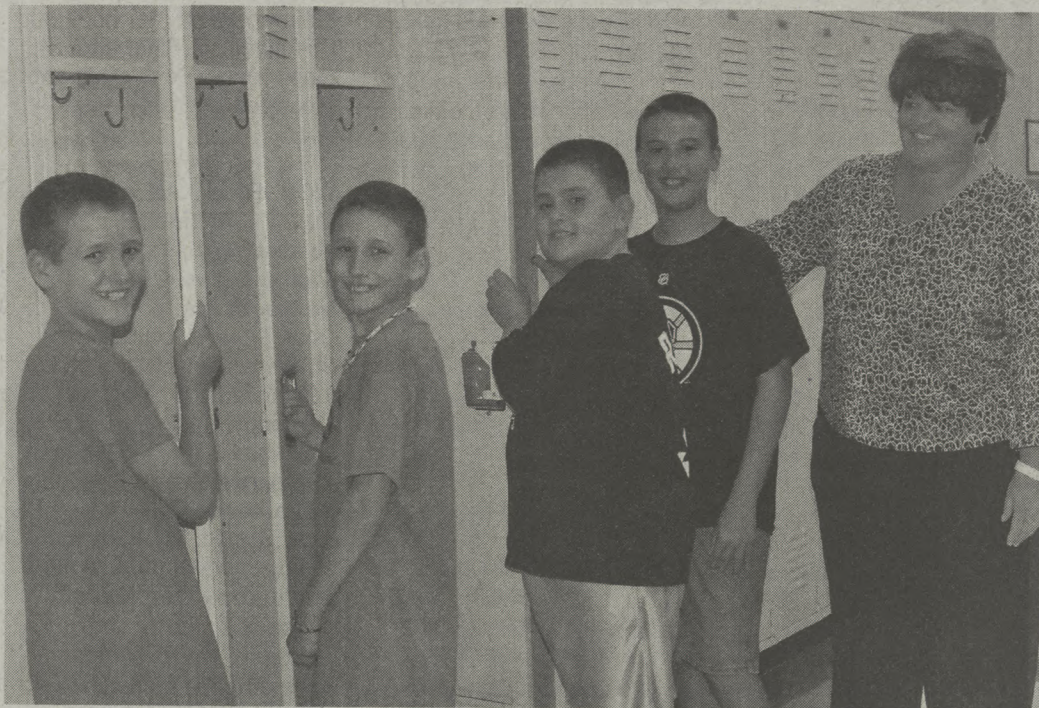
Lake St @ Fitz Terrace
41A Lake
Lake St @ Silverlake
Glen @ Cypress PM Only - Bus 8 in AM
Glen @ Drury Lane PM Only - Bus 8 in AM

MIDDLE SCHOOL
Bus #17 ~ Morning
1st Bus Stop Time: 6:30
Cunningham @ Salem St
Cunningham @ Lexington St
Cunningham @ Sudbury
Sudbury @ Faulkner
Everett Ave @ Faulkner Ave
Glen Rd @ Faulkner
Main St @ Lloyd
Marjorie Rd @ Beeching
Main St @ Winter
Main St @ Walker

MIDDLE SCHOOL
Bus #17 ~ Afternoon
Glen Rd @ Faulkner
Main St @ Oakwood
Main St @ Fairfield
Marjorie Rd @ Beeching
Main St @ Winter
Everett Ave @ Faulkner Ave
Faulkner @ Sudbury
Cunningham @ Sudbury
Cunningham @ Lexington St
Cunningham @ Salem St



Wildwood School Head Teacher Erin Burke put the finishing touches on a bulletin board in preparation for the orientation to be held on August 30th and 31st.
(photo by Maureen Lamoureux-www.shootingstarspix.com)



Jack Boyle, Joey Rebeiro, Justin Trevisani and Chris Grecco visited the Wilmington Middle School on Monday afternoon for a tour of the school. Principal Christine McMenimen met with the sixth grade boys who were excited about having lockers this year.
(photo by Maureen Lamoureux-www.shootingstarspix.com)

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Woburn Street and North Intermediate Schools



Bus #5 ~ Morning
1st Bus Stop Time: 7:40
Woburn St @ Allgrove
302 Woburn St
324 Woburn St
Woburn St @ Serenoa Ln
399 Woburn Street
Woburn St @ Wing Rd
Woburn St @ Allenhurst
Woburn St @ Elm St
Woburn St @ Tracy Circle
Turn around in bus lot
Woburn St @ Crystal
Woburn @ Kenwood
Woburn St @ Henry L. Drive
Woburn St @ Cherokee
W/N

WOBURN ST. AND NORTH INT.
Bus #5 ~ Afternoon
Woburn St @ Allgrove
302 Woburn St
324 Woburn St
Woburn St @ Serenoa Ln
399 Woburn Street
Woburn St @ Wing Rd
Woburn St @ Allenhurst
Woburn St @ Elm St
Woburn St @ Tracy Circle
Turn around in bus lot
Woburn St @ Crystal
Woburn @ Kenwood
Woburn St @ Henry L. Drive
Woburn St @ Cherokee
N/W

WOBURN ST. AND NORTH INT.
Bus #7 ~ Morning
1st Bus Stop Time: 7:35
45 Middlesex Ave
Middlesex Ave @ Central
Middlesex Ave @ Adams
6 Drury Lane @ Loumac
36 Glen Road
Lawrence St @ Glendale Circle
Lawrence St @ Lawrence Ct
Lawrence St @ Hamlin Lane
46 Lawrence St
52 Lawrence St
64 Lawrence St
Lawrence St. @ Shady Lane Dr

Shady Ln @ Birchwood Rd
Shady Ln @ Oakdale
30 Oakdale
Oakdale @ Judith
13 Cedarcrest
Cedarcrest @ Pinewood
Pinewood @ Bend of Pinewood
Pinewood @ Shady Lane
W/N

WOBURN ST. AND NORTH INT.
Bus #7 ~ Afternoon
46 Middlesex Ave
Middlesex Ave @ Central
Middlesex Ave @ Adams
Drury Lane @ Loumac
36 Glen Road
Lawrence St @ Glendale Circle
Lawrence St @ Lawrence Ct
Lawrence St @ Hamlin Lane
46 Lawrence St
52 Lawrence St
Lawrence St. @ Shady Lane Dr
Shady Ln @ Birchwood Rd
Shady Ln @ Oakdale
Oakdale @ Judith
Pinewood @ Cedarcrest
Pinewood @ Bend of Pinewood
Shady Lane @ Pinewood
W/N

WOBURN ST. AND NORTH INT.
Bus #8 ~ Morning
1st Bus Stop Time: 7:20
409 Salem St
437 Salem St
Thrush @ Marie Dr.
Marie Drive @ Carson Ave
Marie @ Woburn St
405 Salem St
62 Andover St
Andover St @ Treasure Hill
T. Hill
Marie @ Gunderson
Gunderson Rd @ Charlotte Rd
Gunderson Rd @ Hathaway Rd
Hathaway Rd @ Sewell
Hathaway Rd @ Sheridan Rd
Hathaway Rd @ Chapman Ave
Woburn St @ Hawthorn
168 Woburn St
W/N

Bus travels up and turns on

Fiorenza at Top of Hill (#12)
40 Fiorenza
17 Ashwood
60 Ashwood
38 Ashwood
Ashwood @ Blueberry Ln
Blueberry @ Dogwood
Andover St @ Emerald
W/N

WOBURN ST. AND NORTH INT.
Bus #10 ~ Morning
1st Bus Stop Time: 7:35
Colonial @ Middlesex
258 Middlesex Ave
Middlesex @ Mystic
Middlesex Ave @ Palmer Way
North St @ Longview Rd
North St @ Carolyn
North St @ Pineridge Rd
35 North St
North St @ Dadant
Marcia @ Pedway
North St @ Marcia
Linda Rd @ Carolyn Rd
High St @ Linda
61 High Street
High St @ Nelson
84 High St
W/N

WOBURN ST. AND NORTH INT.
Bus #10 ~ Afternoon
High St @ Nelson
61 High Street
84 High St
Linda Rd @ High St
Linda Rd @ Carolyn Rd
Marcia @ Pedway
North St @ Marcia
North St @ Dadant
North St @ Pineridge Rd
North St @ Carolyn
North St @ Longview Rd
Middlesex @ Jefferson
Middlesex @ Palmer Way
Middlesex @ Mystic
258 Middlesex Ave
Middlesex @ Colonial
N/W

WOBURN ST. AND NORTH INT.
Bus #11 ~ Morning
1st Bus Stop Time: 7:20
296 Salem St
285 Salem St
276 Salems St
202 Salem St
Salem St @ Valyn Ln
160 Salem St
Salem St @ Cobalt St
MacDonald @ Tanner
MacDonald @ Summer
Salem St @ Royal St
5 Scaltrito Dr Bus turns on Scaltrito Dr.
Salem St @ Evergreen Avalon Apts
Salem St @ Jordan St
Salem St @ Martens St
125 Salem St
Salem @ Ring
Ring @ Bigger
300 Salem St
305 Salem Street
Ballardvale @ Baland North Int. Students - Walkers
Ballardvale @ Lockwood North Int. Students - Walkers
Avalon Oaks @ Office North Int. Students - Walkers
Drop of North
439 Middlesex Ave
Drop of Woburn

WOBURN ST. AND NORTH INT.
Bus #11 ~ Afternoon
439 Middlesex
305 Salem Street
327 Salem Street
Ballardvale @ Baland North Int. Students - Walkers
Ballardvale @ Lockwood North Int. Students - Walkers
Avalon Oaks @ Office North Int. Students - Walkers
North Intermediate School
300 Salem St
285 Salem St
276 Salem St
202 Salem St
Salem St @ Valyn Ln
160 Salem St
Salem @ Ring
Ring @ Biggar
125 Salem St
Salem St @ Cobalt St
MacDonald @ Tanner
MacDonald @ Summer
Salem St @ Royal St
81 MacDonald
5 Scaltrito Dr Bus turns on Scaltrito Dr.
Salem St @ Evergreen Avalon
Salem St @ Jordan St
Salem St @ Marten
W/N

WOBURN ST. AND NORTH INT.
Bus #12 ~ Morning
1st Bus Stop Time: 7:20
45 Glen Rd
59 Glen Road
Glen @ Gandalf
Glen @ Lee
Glen Rd @ Fay St
Glen Rd @ Dobson
Glen @ Cypress
Brattle @ Glen
Garden @ Brattle
Garden @ Crescent
King @ Garden
King & Kilby
Broad St @ Coral St
Gloria @ Cul-de-sac
Broad @ Carmel
Tacoma @ Seneca
Seneca Ln @ Tacoma
N/W

WOBURN ST. AND NORTH INT.
Bus #12 ~ Afternoon
King @ Garden
King & Kilby

CONTINUED PAGE BTS 5

• Ballet • Jazz • Tap • Modern • Pre-School • Hip Hop •

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WOBURN ST. AND NORTH INT.
Bus #8 ~ Afternoon
Pick-up North
Drop off 409
Pick up Woburn
174 Woburn St PM
ONLY
168 Woburn St
Woburn St @ Hawthorn
Hathaway Rd @ Chapman Ave
Hathaway Rd @ Sheridan Rd
Hathaway Rd @ Sewell
Hathaway Rd @ Gunderson
Gunderson Rd @ Charlotte Rd
Gunderson Rd @ Marie
Marie Drive @ Thrush
Marie Drive @ Gunderson
Marie @ Woburn St
409 Salem St
90 Woburn St
437 Salem St
Andover St @ Treasure Hill
Bus travels up and turns on T. Hill
62 Andover St
405 Salem St
N/W

WOBURN ST. AND NORTH INT.
Bus #9 ~ Morning
1st Bus Stop Time: 7:30
415 Andover St
Fiorenza at Top of Hill (#12)
19 Fiorenza
40 Fiorenza
17 Ashwood
31 Ashwood
60 Ashwood
38 Ashwood
Ashwood @ Blueberry Ln
Blueberry @ Dogwood
Andover St @ Emerald
N/W

WOBURN ST. AND NORTH INT.
Bus #9 ~ Afternoon
415 Andover St
402B Andover St

Woburn Street and North Intermediate Schools

CONTINUED FROM PAGE BTS 4

Broad St @ Coral St
Gloria @ Cul-de-sac
Broad @ Carmel
Tacoma @ Seneca
Seneca Ln @ Tacoma
Garden @ Crescent
Garden @ Brattle
Glen @ Cypress
Glen Rd @ Dobson
Glen Rd @ Fay St
Glen @ Lee
Glen @ Gandalf
59 Glen Road
45 Glen Rd
W/N

WOBURN ST. AND NORTH INT.

Bus #13 ~ Morning
1st Bus Stop Time: 7:35
45 Adams St
56 Adams Street
Adam @ Parker/Sheldon
Parker St @ Plymouth Ave
Parker @ Laurel Ave
Laurel @ Molloy
Fairmont @ Molloy
Allen Park @ Fairmont
Allen Park @ Sheldon
Parker @ Lowell
Lowell St @ Commonwealth
Lowell St @ Dartmouth Ave
Lowell St @ Strout Ave
Lowell St @ Woodland
272 Lowell St
Suncrest @ Ridge
Suncrest @ West
36 Lowell St
Main St @ Kiernan Ave
Main St @ Dublin
Main St @ Kirk St
W/N

WOBURN ST. AND NORTH INT.

Bus #13 ~ Afternoon
45 Adams Street
56 Adams Street
Adam @ Parker/Sheldon
Sheldon Ave @ Allen Park
Allen Park @ Fairmont
Fairmont @ Molloy
Molloy Rd @ Laurel Ave
Laurel Ave @ Parker St
Lowell @ Molloy
Lowell St @ Commonwealth
Lowell St @ Dartmouth Ave
Lowell St @ Strout Ave
Lowell St @ Woodland
272 Lowell St
36 Lowell St.
Suncrest @ Ridge
Suncrest @ West
Main St @ Kiernan Ave
Main St @ Dublin
Main St @ Kirk St



W/N

WOBURN ST. AND NORTH INT.

Bus #14 ~ Morning
1st Bus Stop Time: 7:35
10 Wildwood Street
69 Wildwood Street
Wildwood St @ Senpek
204 Wildwood St
Federal St @ Liberty St
Federal St @ Lincoln St
Federal St @ Wilson St
Federal St @ Grant St
65 Federal St
54 Federal St
14 Concord St
18 Concord St
30 Concord St
W/N

WOBURN ST. AND NORTH INT.

Bus #14 ~ Afternoon
30 Concord St
18 Concord St
14 Concord St
54 Federal St
65 Federal St
Federal St @ Grant St
Federal St @ Wilson St
Federal St @ Lincoln St
Federal St @ Liberty St
Wildwood St @ Senpek
69 Wildwood Street
10 Wildwood St
N/W

WOBURN ST. AND NORTH INT.

Bus #15 ~ Morning
1st Bus Stop Time: 7:35
80 Church St
Church @ Beacon
Columbia St (#3) @ Church St
Columbia St @ Atlantic Ave.
Columbia St @ Belmont St
Belmont @ Beacon
Belmont @ Hanover
Belmont St @ State St.
State St @ Fairview St
Adams @ Chandler
171 Middlesex Ave Bus 14 in PM
Park St @ Gowing Rd
Park St @ Sparhawk
Sparhawk @ Heather Dr (#11)
Heather @ Freeport
Freeport Dr @ Lucaya Circle
64 Park Street
56 Park St
W/N

WOBURN ST. AND NORTH INT.

Bus #15 ~ Afternoon
Park St @ Gowing Rd
Park St @ Sparhawk
Sparhawk @ Heather (#11)
Heather @ Freeport Dr
Freeport Dr @ Lucaya Circle
64 Park St
56 Park St
171 Middlesex Ave Bus 14 PM ONLY
Church St @ Thurston Ave Bus 14 PM ONLY
80 Church St Bus 14 PM ONLY

CONTINUED FROM PAGE BTS 4

tap - jazz - hip hop - lyric - ballet - boys hip hop - tiny tots

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Wilmington High School

Bus #5 ~ Morning
1st Bus Stop Time: 7:10
394 Salem St
118 Andover St
136 Andover St
Andover St @ Treasure Hill
Andover St @ Emerald
Andover St @ Ashwood
Andover St @ Fiorenza
410 Andover St
Avalon Oaks Apt Ent.
North Intermediate School

HIGH SCHOOL
Bus #5 ~ Afternoon
394 Salem St
118 Andover St
136 Andover St
Andover St @ Treasure Hill
Andover St @ Emerald
Andover St @ Ashwood
Andover St @ Fiorenza
410 Andover St
Avalon Oaks Apt Ent.
North Intermediate School

HIGH SCHOOL
Bus #7 ~ Morning
1st Bus Stop Time: 7:10
Old Shawsheen @ Auburn
Shawsheen Ave @ Moore St
Shawsheen Ave @ Hopkins St
Shawsheen Ave @ Nichols St
Shawsheen Ave @ Melody
Harold @ Reed

HIGH SCHOOL
Bus #7 ~ Afternoon
Old Shawsheen @ Ferguson
Shawsheen Ave @ Moore St
Shawsheen Ave @ Hopkins St
Shawsheen Ave @ Nichols St
Shawsheen Ave @ Melody
Harold @ Reed

HIGH SCHOOL
Bus #8 AM
1st Bus Stop Time: 7:08
Boutwell @ Presidential
Boutwell @ Aldrich Rd.
Forest St @ Aldrich
Forest St @ Elwood Rd
Forest St @ Congress
Forest St @ Burlington
Burlington Ave @ Roosevelt
Burlington Ave @ Beech St
Burlington Ave @ Dell Dr
Burlington Ave @ Harris

HIGH SCHOOL
Bus #8 PM
Burlington Ave @ Harris St
Burlington Ave @ Castle
Burlington Ave @ Dell Dr

Burlington Ave @ Beech St
Burlington Ave @ Roosevelt
Forest St @ Congress
Forest St @ Elwood Rd
Forest St @ Aldrich
Boutwell @ Aldrich Rd.
Boutwell @ Presidential
Boutwell St @ Tennis Court

PM Only Bus 16 AM

HIGH SCHOOL
Bus #10 ~ Morning
1st Bus Stop Time: 7:10
Glen Rd @ King St
Glen Rd @ Brattle St
Glen Rd @ Faulkner Ave
Faulkner @ Everett
Cunningham St @ Jacob
Cunningham @ Lexington
Cunningham St @ Salem St
Salem St @ Ring
Salem @ Bigger
Salem St @ Anthony
Salem St @ Arlene

HIGH SCHOOL
Bus #10 ~ Afternoon
Glen @ King
Glen @ Brattle
Glen @ Faulkner
Faulkner @ Everett
Cunningham St @ Jacob
Cunningham @ Lexington
Cunningham St @ Salem St
Salem St @ Ring
Salem St @ Biggar
Salem St @ Anthony
Salem St @ Arlene

HIGH SCHOOL
Bus #13 ~ Morning
1st Bus Stop Time: 7:08
Concord St @ Woburn St
Woburn St. School
Woburn St @ Allgrove Ln
Woburn St @ Great Neck Dr.
Woburn St @ Serenoa
Woburn St @ Kenwood
Woburn St @ Wing
Wildwood @ Woburn St

HIGH SCHOOL
Bus #13 ~ Afternoon
Wildwood @ Senpek
Wildwood @ Woburn St
Woburn @ Wing
Woburn St @ Kenwood
Woburn St @ Concord St
36 Concord St
Woburn St @ Serenoa
Woburn St @ Great Neck Dr
Woburn St @ Allgrove Ln
Woburn St. School

HIGH SCHOOL
Bus #14 AM
1st Bus Stop Time: 7:10
North @ Pineridge
North @ Dadant
Linda @ Carolyn
Linda @ High
Park St @ Gowing Rd
Sparhawk @ Heather
60 Park St
Woburn St @ Sheridan Rd

CONTINUED PAGE BTS 7



BACK TO SCHOOL!

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Wilmington High School

CONTINUED FROM PAGE BTS 6

Woburn St @ Hathaway Rd
Woburn St @ Marie Dr
Middlesex @ Earles Row
Middlesex Ave @ Whitefield
258 Middlesex Ave

HIGH SCHOOL
Bus #14 PM
258 Middlesex Ave
Middlesex Ave @ Whitefield School
North @ Pineridge
North @ Dadant
Linda @ Carolyn
Linda @ High
Park St @ Gowing Rd
Sparhawk @ Heather
60 Park St
Woburn St @ Hathaway Rd

Woburn St @ Sheridan Rd
Woburn St @ Marie Dr
Middlesex @ Earles Row

HIGH SCHOOL
Bus #15 ~ Morning
1st Bus Stop Time: 7:05
Main St @ Wisser
Main St @ Veranda
Grove @ Baby Beach Grove Ave
Grove @ Cottage
Grove @ Burnap
Grove @ Lake
Lake @ Silverlake
Lake @ Warren
Lake St @ Silver Lake
Main @ Lake
Main @ Marjorie

Butters Row @ Elizabeth Dr
90 Butters Row
Butters @ Chestnut
149B Chestnut St
Chestnut St @ Marion St Ext.
Chestnut St @ Mill Rd
286 Chestnut
236 Chestnut
229 Chestnut
23 Hillside Way
Chestnut St @ Marion

HIGH SCHOOL
Bus #17 ~ Morning
1st Bus Stop Time: 7:05
Lowell St @ Dartmouth Ave
829 Main St
Main St @ Cook
Woburn St @ Oxbow Dr
Woburn St @ Morse
Woburn St @ Verdun Rd
Lowell St @ Woodland Rd
89 West St
Suncrest @ Glenview
Suncrest @ West St
West St @ Westdale Ave
West St @ Kilmarnock St
West St @ Isabella
91 West
West St @ Woburn St

HIGH SCHOOL
Lowell St @ Dartmouth Ave

829 Main St
Main St @ Cook
Woburn St @ Oxbow Dr
Woburn St @ Morse
Woburn St @ Verdun Rd
Lucci's Entrance on Woburn St.
Lowell St @ Lee
Lowell St @ Woodland Rd
89 West
Suncrest @ Glenview
Suncrest @ West St
West St @ Westdale Ave
West St @ Kilmarnock St
West St @ Isabella
18 West
West St @ Woburn St

Marjorie @ Beeching

HIGH SCHOOL
Bus #15 ~ Afternoon
Main St @ Wisser
Main St @ Veranda
Grove @ Baby Beach Grove Ave
Grove @ Cottage
Grove @ Burnap
South @ Lake
Lake @ Warren
Lake @ Silver Lake
Main @ Lake
Main @ Marjorie
Marjorie @ Beeching

HIGH SCHOOL
Bus #16 ~ Morning
1st Bus Stop Time: 7:00
Carter Lane @ West School
AM Only Bus 8 PM
Chestnut St @ Marion St.
Towpath @ Gatehouse
Butters Row @ Towpath Dr
Butters Row @ Elizabeth Dr
90 Butters Row
Butters Row @ Chestnut
149B Chestnut St
Chestnut @ Marion St. Ext
Chestnut St @ Mill Rd
23 Hillside Way
412 Chestnut AM
ONLY
229 Chestnut
236 Chestnut
286 Chestnut
Chestnut St @ Patches Pond Ln

HIGH SCHOOL
Bus #16 ~ Afternoon
Chestnut @ Marion St
Chestnut St @ Patches Pond Ln
Appletree @ Chestnut
Towpath @ Gatehouse
Towpath @ Butters Row



Woburn Street School Nurse Lori Trites stocked her office with supplies on Monday afternoon.
(photo by Maureen Lamoureux-www.shootingstarspix.com)

Attention Graduating Class of 2012!

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Shawsheen and West Intermediate Schools



West Intermediate School custodians John Gerhartz and Dave Flibotte redistributed the schools fire extinguishers that were serviced over summer vacation.

(photo by Maureen Lamoureux-www.shootingstarspix.com)

Bus #5 ~ Morning
1st Bus Stop Time: 8:15
83 Nichols St
Nichols St @ Ohio St
Nichols @ Russell
135 Nichols St
New Hampshire Rd @ Kansas
New Hampshire @ Vermont
New Hampshire Rd @ Bradford
7 Rhode Island Rd
31 Fairmeadow @ Jere Rd
42 Fairmeadow Rd
22 Fairmeadow Rd @ Jere Rd
Fairmeadow @ Nichols
S/W

SHAWSHEEN AND WEST INT. SCHOOL
Bus #5 ~ Afternoon
83 Nichols St
Nichols St @ Ohio St
Nichols @ Russell
135 Nichols St
New Hampshire Rd @ Kansas
New Hampshire @ Vermont
New Hampshire Rd @ Bradford
7 Rhode Island Rd
31 Fairmeadow @ Jere Rd
42 Fairmeadow Rd
22 Fairmeadow Rd @ Jere Rd
Fairmeadow @ Nichols
S/W

SHAWSHEEN AND WEST INT. SCHOOL
Bus #7 ~ Morning
1st Bus Stop Time: 8:15
Burlington Ave @ Floradale
67 Burlington Ave
75 Burlington Ave
Chestnut St @ Patches Pond
90 Butters Row
84 Butters Row
Butters Row @ Elizabeth Dr
Factory Lane @ Meadow Brook Rd
45 Butters Row
Towpath Dr @ Gatehouse Ln

109 Chestnut St
136 Chestnut
140 Chestnut
149 Chestnut
Chestnut St @ Marion St Ext
Chestnut St @ Mill Rd
229 Chestnut St
285 Chestnut
19 Hillside Way
22A Hillside Way
14 Hillside Way
361 Chestnut St
419 Chestnut St
Chestnut St @ Navajo
244 Chestnut St
116 Marion St
Marion St @ Eleanor
W/S

SHAWSHEEN AND WEST INT. SCHOOL
Bus #8 ~ Afternoon
106 Burlington Ave (after fence on right) AM Only Bus 17
Home
69 Chestnut St
87 Chestnut St
98 Chestnut
109 Chestnut
136 Chestnut
140 Chestnut
149 Chestnut
Chestnut @ Marion St Ext
Chestnut St @ Mill Rd
229 Chestnut
285 Chestnut
19 Hillside Way
22A Hillside Way
14 Hillside Way
Chestnut St @ Navajo
419 Chestnut St
244 Chestnut St
116 Marion St
Marion St @ Eleanor
W/S

Towpath Dr @ Appletree
Burlington Ave @ Harris
15 Harris
Burt @ Cedar
Burt @ Hillcrest
Burt @ Canal
Canal @ Corey
Canal @ Old Shawsheen
44 Shawsheen Ave
18 Carter Lane
DROP OFF AT WEST
Shawsheen @ Amherst
W/S

SHAWSHEEN AND WEST INT. SCHOOL
Bus #7 ~ Afternoon
Pick up S/W
Shawsheen @ Amherst
Old Shawsheen Ave @ Carter Lane
Go to West
Carter St @ Norfolk
End of Carter Lane
44 Shawsheen Ave
Canal @ Corey
Canal @ Burt
Burt @ Hillcrest
Burt @ Cedar
14 Harris
75 Burlington Ave
Chestnut St @ Patches Pond
90 Butters Row
84 Butters Row
Butters Row @ Elizabeth Dr
45 Butters Row
Factory Lane @ Meadow Brook Rd
Towpath Dr @ Gatehouse Ln
Towpath Dr @ Appletree
86 Burlington Ave
67 Burlington Ave
Burlington Ave @ Floradale
W/S
SHAWSHEEN AND WEST INT. SCHOOL
Bus #8 ~ Morning
1st Bus Stop Time: 8:15
69 Chestnut St
87 Chestnut St
98 Chestnut St

SHAWSHEEN AND WEST INT. SCHOOL

Bus #10 ~ Morning
1st Bus Stop Time: 8:20
166 Lake St
162 Lake St
159 Lake St
154 Lake St
160 Grove Ave
Grove @ Railroad
Grove Ave @ Winchell Rd
126 Grove Ave
Grove Ave @ Park Ave
78 Grove Ave
Grove St @ Burnap
44 Grove Ave
1 Lake St
Lake St @ Silverhurst Ave
Lake Street @ Fitz Terrace
Lake St @ Warren Rd
115 Lake Street
16 South St
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #10 ~ Afternoon
166 Lake Street
162 Lake Street
159 Lake Street
154 Lake Street
160 Grove Ave
Grove Ave @ Winchell Rd
126 Grove Ave
Grove Ave @ Park Ave
78 Grove Ave

CONTINUED PAGE BTS 9



Growing children shouldn't carry more than 20 percent of their weight.

Backpack Safety Tips For Kids

(StatePoint) School may be a figurative pain in the neck for many children, but what about a literal pain in the neck -- and back?

These days, the answer is yes, and backpacks are to blame. Or more specifically, the improper use of backpacks.

"The average child carries a backpack that would be the equivalent of a 39-pound burden for a 176-pound man, or a 29-pound load for a 132-pound woman," says Dr. Rick McMichael, president of the American Chiropractic Association (ACA). "Growing children should only be carrying 10 to 20 percent of their body weight."

Heavy backpacks can negatively affect your child's health by pulling on ligaments and muscles that cause neck and back pain and can possibly cause deformity of the spine, according to the ACA.

Parents who want to protect their children from these painful injuries can follow these tips:

- Choose a backpack with wide, padded shoulder straps and a padded back. They should be adjustable so the backpack can be fitted to your child's body. Straps that are too loose can cause the backpack to dangle uncomfortably and cause spinal misalignment and pain.

- Encourage your child to use both straps. Lugging the backpack around by one strap can cause a disproportionate shift of weight to one side, leading to neck and back spasms.

- Pack light or at least smart. A backpack with indi-

visualized compartments helps in positioning the contents most effectively, keeping pointy objects away from the back.

- Check to see if your children's textbooks are available on e-readers -- it'll save their backs, as well as paper. Or consider buying a second set of textbooks for your student to keep at home, perhaps used ones.

- Learn some back-strengthening exercises to build up muscles. Sit-ups are great since strong abdominal muscles can share the load and take the strain off back muscles.

- Encourage your child or teenager to tell you about any pain or discomfort he or she may experience. Do not ignore any back pain in children or teenagers simply because they seem too young.

If you or your child experiences any pain or discomfort resulting from backpack use, call your doctor of chiropractic, who is licensed and trained to diagnose and treat patients of all ages. In addition, doctors of chiropractic can also prescribe exercises designed to help children develop strong muscles, along with instruction in good nutrition, posture and sleeping habits.

You can find more backpack safety tips and learn about treatment for back pain at www.acatoday.org/patients.

And lastly, examine your own backpacks, handbags and diaper bags. Parents are as likely to suffer back pain from excess weight or improper carrying as are their children.

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Shawsheen and West Intermediate Schools

CONTINUED FROM PAGE BTS 8

Grove St @ Burnap
44 Grove Ave
1 Lake St
Lake St @ Silver Lake Ave
Lake St @ Silverhurst Ave
Lake Street @ Fitz Terrace
Lake St @ Warren Rd
115 Lake St
16 South St
W/S

SHAWSHEEN AND WEST INT. SCHOOL

Bus #11 ~ Morning
1st Bus Stop Time: 8:15
Clark St @ Railroad Ave
29 R Clark St
30 Washington
Washington @ Stone
Miles @ Dewey
Pine @ Hobson
Brand St @ Baker St
Baker St @ Phillips St
Wisser @ Main St
121 Shawsheen Ave
33 Aldrich
24 Apache Way
Aldrich Road @ Bailey Road
Aldrich Road @ Mozart
W/S

SHAWSHEEN AND WEST INT. SCHOOL

Bus #11 ~ Afternoon
87 Aldrich Road
Aldrich Road @ Mozart
Aldrich Road @ Bailey Road
Aldrich Road @ Apache
33 Aldrich
Miles @ Hobson
Pine @ Hobson
Hobson @ Wiser
Brand St @ Baker St
Baker St @ Phillips St
Clark @ Washington
Washington @ Stone
Clark St @ Railroad Ave
29 R Clark
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #12 ~ Morning
1st Bus Stop Time: 8:15
Bridge Lane @ Brand Ave
182 Main Street
Mass Ave @ River St
Glen Rd @ Miller Rd
Glen Rd @ Jones Ave
Main St @ Oakwood Rd
Main St @ Davis Rd
Main St @ Fairfield Rd
Main St @ Lloyd
Marjorie Rd @ Beeching St
43 Main St
Main St @ Glen Rd
Main St @ Veranda



151 Main St
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #12 ~ Afternoon
182 Main Street
Mass Ave @ River St
Glen Rd @ Miller Rd
Glen Rd @ Jones Ave
Main St @ Williams
Main St @ Davis Rd
Main St @ Fairfield Rd
Main St @ Lloyd
Marjorie Rd @ Beeching St
43 Main St
Main St @ Glen Rd
Main St @ Veranda
Bridge Lane @ Brand Ave
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #13 ~ Morning
1st Bus Stop Time: 8:22
Aldrich @ Andrew
Buckingham @ Wakefield
Buckingham @ Cambridge
Buckingham @ Alice
Revere Rd @ end of cul-de-sac
Shawsheen @ Cushing Dr
Shawsheen @ Moore St
Shawsheen @ Manning St
Lt. Buck Drive (Rte. 129) by Moore
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #13 ~ Afternoon
Shawsheen @ Cushing Dr
Shawsheen @ Moore St
Shawsheen @ Manning St
Pick up at Shawsheen

Shawsheen Ave @ Lt Buck Drive
Aldrich @ Andrew
207 Aldrich Rd
Aldrich @ Avon
Aldrich @ Buckingham
Winston Cul-de-Sac
Shawsheen @ Cushing Dr
Shawsheen @ Moore St
Shawsheen @ Manning St
W/S

SHAWSHEEN AND WEST INT. SCHOOL

Bus #14 ~ Morning
1st Bus Stop Time: 8:20
3 Hopkins St
Mink Run @ Chisolm
Mink Run @ Pouliot
Pouliot Place @ Blue Jay
Pouliot Place @ Cardinal
2901 Pouliot and Reed St
Harold @ Shawsheen
Shawsheen @ Reed
482 Shawsheen Ave
Grace @ Melody
13 Grace Drive
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #14 ~ Afternoon
3 Hopkins St
Mink Run @ Chisolm
Mink Run @ Pouliot
Pouliot Place @ Blue Jay
Pouliot Place @ Cardinal
2901 Pouliot and Reed St
Harold @ Shawsheen
Shawsheen @ Reed

CONTINUED ON PAGE BTS 10

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WARNING SYSTEM



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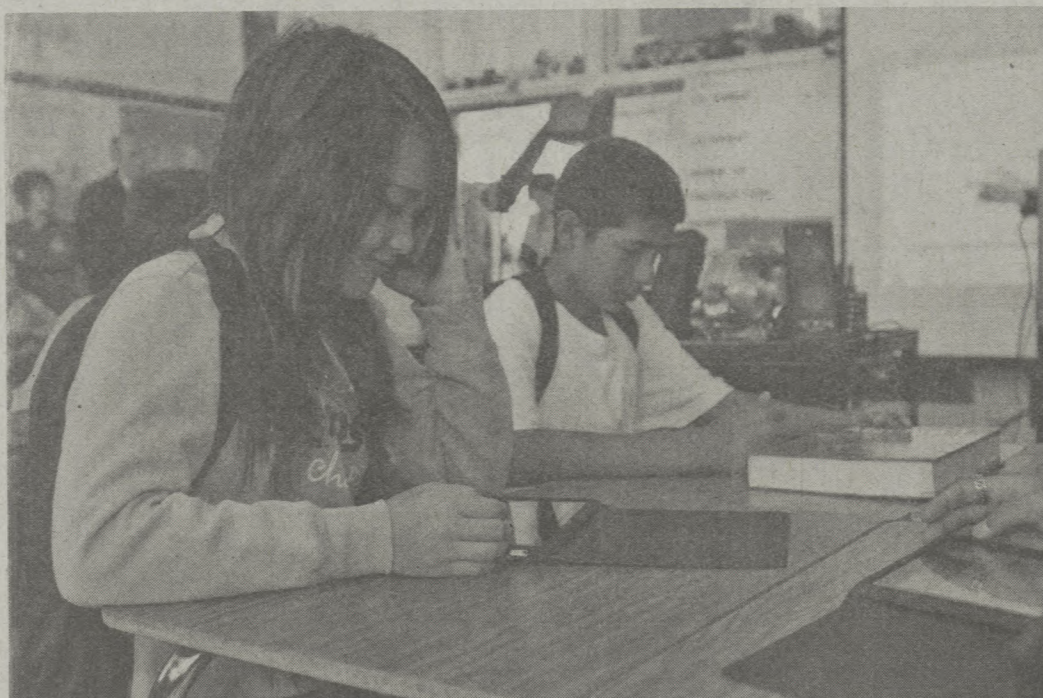


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Shawsheen and West Intermediate Schools



Digital tools let students learn at their own pace.

New Ways To Give Your Kids A Competitive Edge

(StatePoint) All parents want to give their kids a competitive edge in school and in the real world. With this in mind, many parents increasingly are turning to new media technologies to make sure their children have the skills to succeed.

While some are concerned about children accessing inappropriate content online, many educators and parents know that combining traditional and digital learning skills is crucial in today's wired world.

"Digital learning lets students learn at a pace they're comfortable with and enables teachers to gain insight into their students' achievements and problems more quickly and accurately," says Bethlam Forsa, Executive Vice President of Content Development for Houghton Mifflin Harcourt, a leading provider of educational solutions and developer of digital learning tools.

Research Made Easy

Unlike previous generations, today's youth has a host of information at their fingertips, allowing them more freedom to explore interests and hobbies, as well as to learn. But with so much information available, it's

important children learn to discern credible information from questionable content.

With this in mind, consider exposing children to age-appropriate websites from accredited institutions. For example, the Smithsonian is making educational research easier through online resources like smithsonianeducation.org.

Adapting Classroom Learning Digital learning can also make the classroom more fun and help supplement what kids read in books and hear from teachers. For instance, Houghton Mifflin Harcourt's new iPad app "HMH Fuse" combines online help with in-class learning. Students can receive feedback on practice questions, write and save notes, receive guided instruction, access video lessons and more.

The app provides a year-long Algebra 1 course with classroom materials and resources. Its comprehension tracking tools let teachers receive real-time feedback on each student. To learn more, visit hmheducation.com/fuse.

Gaming Can Be Good

Since the late 1970s, educators have sought to combine gaming

with learning and today's new technologies are making this easier. Ironically, some of the games many parents once enjoyed, like "Where in the World is Carmen Sandiego" and "Oregon Trail," are also favorites with today's students. These games let children improve math and critical thinking skills while learning about the world. You can learn more at thelearningcompany.com.

Experience the World Digital learning also can enable kids to become virtual tourists. Museums like the Louvre in Paris and the American Museum of Natural History in New York offer online tours through their websites. And Project Gutenberg lets you download more than 36,000 free e-books - from the Bible to Huckleberry Finn. This can be especially handy if your child has misplaced a book before a major exam or paper!

The Internet and digital tools can be productive for kids - it's all in how they are used. Students just need parents to help give them the edge they need to be tomorrow's leaders.

482 Shawsheen Ave
19 Grace Drive
Grace @ Melody
W/S

SHAWSHEEN AND WEST INT. SCHOOL

Bus #15 - Morning
1st Bus Stop Time: 8:20
Shawsheen @ Houghton
Jacquith Rd @ Hardin St
Kendall St @ Houghton Rd
1 Kendall St
138 Aldrich Rd
Avery @ Avon
153 Aldrich Rd
Dorchester St @ Fourth
Dorchester St @ Second
Hopkins (#39) @ Sarafina
Hopkins @ Leonard
13 Hopkins
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #15 - Afternoon
Shawsheen @ Houghton
Aldrich Rd @ Hardin St
Aldrich Rd @ Kendall St
207 Aldrich
Avery @ Avon
153 Aldrich
Dorchester St @ Fourth
29 Dorchester St
Dorchester St @ Second
Hopkins (#39) @ Sarafina
Hopkins @ Leonard
13 Hopkins
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #16 - Morning
1st Bus Stop Time: 8:20
1 Boutwell
Burlington Ave @ Pitman
319 Burlington Ave
327 Burlington Ave
61 Forest St
39 Forest St
Forest St @ Cochrane Rd
Forest @ Littlewood Rd
Forest St @ Edwards
19 Roosevelt
Roosevelt @ Swain
Taft @ Swain
182 Taft Rd
18 Boutwell
8 Boutwell
Boutwell St @ Presidential Dr
W/S

SHAWSHEEN AND WEST INT. SCHOOL

Bus #16 - Afternoon
Boutwell St @ Presidential Dr
19 Roosevelt
Roosevelt @ Swain
Swain @ Taft

182 Taft Road
8 Boutwell
1 Boutwell
Burlington Ave @ Pitman
Burlington Ave @ Swain Rd
319 Burlington Ave
327 Burlington Ave
61 Forest St
39 Forest St
Forest St @ Cochrane Rd
Forest @ Littlewood Rd
Forest St @ Edwards
S/W

SHAWSHEEN AND WEST INT. SCHOOL

Bus #17 - Morning
1st Bus Stop Time: 8:20
Marion St @ Marion St. Ext. (Old Turnaround)
77 Marion St
52 Marion St
44 Marion St
Marion St @ Rollins
Marions St @ Day
16 Marion St
7 Marion St
1 Marion St (106 Burlington) last house left
AM Only Bus 8 in PM
15 Castle Drive
Burlington Ave. @ Roberts
160 Burlington Ave PM ONLY
218 Burlington Ave
Burlington Ave @ Beech St
272 Burlington Ave
76 Forest St
Forest St @ Congress St
8 Forest St
Aldrich @ Tomahawk
W/S

SHAWSHEEN AND WEST INT. SCHOOL

Bus #17 - Afternoon
Aldrich @ Tomahawk
8 Forest St
Forest St @ Congress St
272 Burlington Ave
Burlington Ave @ Beech St
218 Burlington Ave
159 Burlington Ave
15 Castle Drive
Burlington Ave. @ Roberts
7 Marion St
16 Marion St
Marions St @ Day
Marion St @ Rollins
44 Marion St
52 Marion St
77 Marion St
Marion St @ Marion St. Ext. (Old Turnaround)
S/W

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Packing Healthful School Lunches



(StatePoint) The rush of getting the kids out the door in the morning can make packing a healthful lunch seem like an impossible burden.

The typical parent will pack around 200 school lunches yearly, and planning them all requires some serious nutritional skills. Not only do parents need to know how to choose healthful fare, but they need to know how to pick foods their kids will actually eat.

"When you plan your child's lunches, be sure to choose items that are both healthful and fun," says Edmond Sanctis, co-founder of Sahale Snacks, a producer of all-natural nuts and nut blends. "You want to select foods that are colorful and appealing and that provide energy and nutrients to get them through the day."

• Get creative with protein. Nuts and beans provide more fiber and less saturated fat than traditional proteins, like meat, cheese, and eggs. Try making a bean dip from chickpeas or pinto beans and pairing it with crunchy veg-

etables, like carrots, celery, bell peppers, or whole-wheat pita triangles. Or add texture and sweetness to low-fat yogurt with a handful of nuts or granola.

• Pack edible ABCs. Fresh fruits and nuts are a fun way for kids to get much-needed vitamins, from A to zinc. For example, oranges pack a wallop of vitamin C, blueberries are full of antioxidants, and almonds are rich in vitamin E, calcium, magnesium and iron.

• Portion control matters. Little bellies require smaller portions. While kids love opening crinkly bags of chips, the serving size may be too large and unhealthy. Instead, look for small portion packs, like .75-ounce bags of healthful nut blends, such as Sahale Snacks Cashews with Pomegranate or Almonds with Cranberries. Choose packaged foods made with natural sweeteners and flavors, like vanilla, honey and sea salt, instead of artificial flavors or high fructose corn syrup.

• Drinks are as important as foods. Once you've gone to all

that trouble to choose nutritious foods, don't ruin your efforts by tossing soda into your child's lunchbox. Opt for unflavored low-fat milk, water or 100 percent fruit juice. Many juice products only have small amounts of real fruit juice, so read labels carefully.

• Make veggies special. Add extra flavor and crunch to salads with apple slices, nuts and dried cranberries. Or mix in pre-packaged nut blends or seasoned nuts. For young children, consider blends combining tree nuts with dried fruit, like pomegranate. Older kids might like salads topped with more flavorful choices, such as Sahale Snacks Barbecued Almonds with Mild Chipotle and Ranch.

For more healthful, kid-friendly food ideas, visit www.sahalesnacks.com.

"While you needn't be a seasoned chef to pack great school lunches, it helps to know a few tricks of the lunchbox trade to get your kids eating more healthfully," says Sanctis.

Tips For Keeping Kids Safe



(StatePoint) Being a parent can sometimes feel like your heart is walking around in someone else's body. And while your instinct is to protect your children from any and all harm, it is also important to give them an appropriate amount of freedom to prepare them for the real world.

"Parents will always have a lot to worry about," says Tony Pham, vice president at Life360, a company that uses technology to keep families connected everyday and during emergencies. "But having a plan can really help families be prepared for any type of safety situation."

As the new school year quickly approaches, parents should consider the following tips when talking to their children about safety:

Emphasize Solutions Over Danger

Constantly warning your children, whether they're 8 or 18, about all the dangers of the world, can do more harm than good by increasing anxiety and feelings of powerlessness. Instead, focus on presenting solutions to known threats.

For example, tell children that they have every right to yell, scream and kick if a stranger grabs them. More importantly, since the majority of abductions in the United States are by people children know, teach kids to check-in with you if their instincts tell them something is wrong. For younger kids, this may mean telling you before doing something adventurous, while for older children this may mean sending a text message before heading off with a family friend.

Get Mobile Help

Advances in mobile technology are making it easier than ever to keep children safe. For example, Life360 has created a mobile app that allows family members to request a "Check In" from another family member, along with a GPS location update. This simple technology proved useful during the tornadoes in the Midwest earlier this year, when thousands of families were able to contact their loved ones to share location and status updates even though phone calls weren't going through.

But before it gets to that, make sure your family has a disaster plan in place. Kids and teens should know where to go in your home to stay safe during an earthquake, tornado or whatever disasters may hit your area. You should also agree on a meeting place away from your home (a neighbor or relative's house or even a specific street corner) where you will reconnect if separated in an emergency.

Virtual Safety

Children need to know that strangers exist on the Internet, too. Parents should warn them about connecting with strangers or "friends" of friends on social networking sites. Children should also not disclose any personal information such as a home address, social security number or bank account without first checking with an adult.

For more information on how to keep your children safe in today's busy world, visit www.life360.com.

Updating your safety plan as part of your back-to-school activities will keep your kids safe all year long.

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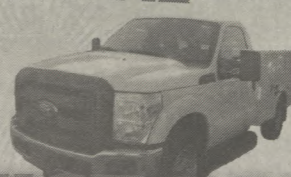


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Woburn Street and North Intermediate Schools

CONTINUED FROM PAGE BTS 5

Church @ Beacon
Columbia St (#3) @ Church St
Columbia St @ Atlantic Ave.
Columbia St @ Belmont St
Belmont St @ Beacon St
Belmont St @ Hanover St.
Belmont St @ State St
State @ Fairview Ave
Adams @ Chandler
23 Adam (HS Bus Turnaround)
N/W

WOBURN ST. AND NORTH INT.

Bus #16 ~ Morning
1st Bus Stop Time: 7:35
723 Woburn St
Brentwood @ Denault
Denault @ Morse
Woburn @ Eames
11 Oxbow Drive
Oxbow @ Woburn St
744 Woburn St
Woburn St @ Verdun
Woburn St @ Argonne
West St @ Westdale Ave
West St @ Kilmarnock St
34 West Street
West St @ Isabella Way
17 West
West @ Woburn St
Woburn St @ Quail Run
296 Woburn St
252 Woburn St
W/N

WOBURN ST. AND NORTH INT.

Bus #16 ~ Afternoon
252 Woburn St
296 Woburn St
Woburn St @ Quail
497 Woburn St
17 West St
West St @ Isabella Way
34 West Street
West St @ Kilmarnock St
West St @ Westdale Ave
744 Woburn St.
Brentwood @ Denault
Denault @ Morse
Woburn St @ Eames
19 Oxbow Drive
Oxbow @ Woburn St
755 Woburn St.
Woburn St @ Verdun
Woburn St @ Argonne
N/W



Mrs. Nicole Hoxholli, 4th grade teacher at the North Intermediate School prepared her class room for the return of the students after summer break.
(photo by Maureen Lamoureux-www.shootingstarspix.com)

WOBURN ST. AND NORTH INT.

Bus #17 ~ Morning
1st Bus Stop Time: 7:35
115 Glen Rd
Glen Rd @ Harden
Faulkner @ Emerson
Faulkner @ Beverly Ave
Faulkner Ave @ Everett Ave
Faulkner @ Sudbury
Faulkner @ Allston
Cunningham @ Jacobs
Cunningham @ Lexington
Cunningham @ Salem #91
MacDonald @ Summer
81 MacDonald
Anthony @ Catherine
Arlene @ Dorothy
N/W

WOBURN ST. AND NORTH INT.

Bus #17 ~ Afternoon
Arlene @ Dorothy
Catherine @ Anthony
MacDonald @ Summer
81 MacDonald
Cunningham @ Salem (#91)
Cunningham @ Jacobs
Cunningham @ Lexington
Faulkner @ Allston
Faulkner @ Sudbury
Faulkner @ Everett
Faulkner @ Beverly Ave
Faulkner @ Emerson
Glen Rd @ Harden
115 Glen Rd
W/N

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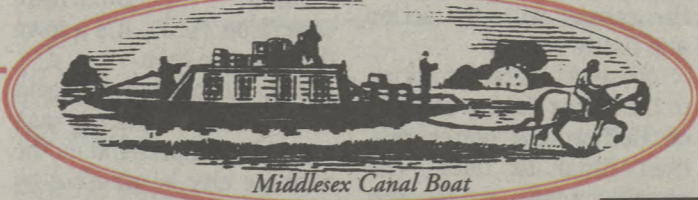
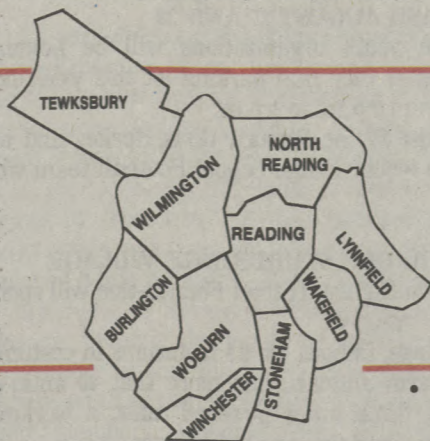
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Local News
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Local People

Protect yourself against home and car break-ins

By RYAN LAROCHE

As many residents of the Middlesex East area are probably aware, the number of home and car break-ins has risen over the last few months. The reason for the upswing in crime ranges from the poor economy to people needing money to supply their drug habit.

In a letter published on Aug. 18, Winchester resident Candace Van Der Kruik detailed how her own home had been broken into and how quickly it happened. She said she had left her house "briefly for an errand" and when she returned she discovered many valuable items had been taken, including diamond rings, jewelry, a notebook computer, TV, video camcorder, and other small electronics.

Surprisingly, Van Der Kruik said the thieves used her own duffel bags to carry out the stolen goods. She believed the house had been watched prior to the invasion.

For anyone who has been victimized by theft, either from the home or from a motor vehicle, steps can be taken to protect valuables from being stolen.

To best protect items in your vehicle, Winchester Police Lt. Peter MacDonnell advises residents to keep valuables out of plain sight. He said thieves will use flashlights to peak into car windows and if anything of value is visible, they'll either open the door if it's unlocked or smash the window.

Lt. MacDonnell noted that most burglars won't smash the window if they don't see anything, as they don't want to draw attention to themselves.

Criminals will also open any unlocked door and quickly check the center console and glove compartments, so he advises all residents to keep their doors locked.

One community that has seen a rise in break-ins to motor vehicles is Woburn. Recently, a local teen was arrested for breaking into a car near Woburn Center.

According to the police report, Woburn Police Officer Thomas Negri arrested the suspect after a neighbor chased the 13-year old down. A witness reportedly saw the youngster open her brother-in-law's car door and yelled down to him. He fled, but the brother-in-law, alerted by the commotion, tracked him down.

Another incident occurred on Bow Street near the White School. The owners of the vehicle said they turned on the house lights and scared the two individuals away. Inside the vehicle was a guitar case and duffel bag.

Woburn officers John O'Connor and Paul Doherty advised the owners not to keep anything of value in the car. Those two suspects were not caught.

Other towns, such as Reading and Winchester, have been hit by home invasions like the one described by Van Der Kruik. Lt. MacDonnell said residents should secure their house locking all doors and windows.

With Labor Day approaching, many residents may be taking a final summer vacation. Before leaving, take steps to be better protected against a break-in.

• Leave a car in the driveway - Lt. MacDonnell advises residents to either leave their



own car, or if not possible, get a neighbor to leave his or her car in the driveway.

• Know the neighbors - Neighbors can be the eyes and ears for when a house is empty. It is advisable to let them know when you're going away and if possible to leave a key with them in case of a break-in. Police may need to get inside.

• Get a quality door - Many invasions occur because the intruder breaks the door down. Lt. MacDonnell suggests residents get a quality door, frame, and lock.

• Close windows - One thing people tend to forget when they leave the house are the windows. Open windows can lead to easy access for burglars.

Unfortunately, incidents keep popping up, like the multiple home invasions in Winchester and Arlington recently. Thankfully, in that situation, police arrested three people in connection with the crimes.

According to the reports, Winchester Police were notified of suspicious vehicles and persons in the driveway of a

Cambridge Street home. One of the responding officers recognized the vehicle from a BOLO out of Arlington, and upon inspection, found purses, jewelry boxes, numerous pieces of jewelry, laptops, a metal safe, a BOSE stereo, a set of golf clubs, several sets of keys, a computer printer, GPS units, cash, rare gold coins, silver spoons, a scale, several pairs of sneakers, space heaters, prescriptions, syringes, and pills.

Usually, said Lt. MacDonnell, recovering stolen items is the exception and not the rule. He said less than 50 percent of people get their stuff back.

Another case involved two Reading teens, 15- and 16-years old. The older teen was observed entering a Green Street residence while the owners were away. A witness called police after seeing the teen exit the residence and police were able to question him and discover he had entered the house illegally.

When it comes to home invasions, Lt. MacDonnell said the value of the house doesn't matter. Thieves gen-



erally approach the house, knock on the door to make sure no one is home, and then find a door or window that can be kicked in. Once inside, they find things in the house they want such as TVs, computers and jewelry.

Some deterrents are an alarm system, the watchful eye of a neighbor, lights activated by motion, and dogs (though, as Lt. MacDonnell points out, it depends on the size of the dog and how fearful the would-be intruder is of the animal). In the case described by Van Der Kruik, she had two large dogs in the house at the time of the robbery, yet the robbers weren't

deterred.

Once the burglars have taken what they wanted and left, it is up to the police to collect evidence. That involves speaking to potential eye-witnesses, knocking on doors to see if anyone can ID the suspect(s) or the suspected vehicle, looking at the point of entry, finding things that have been dropped, and collecting blood and/or hair fibers.

Police also check Craigslist and pawn shops for the missing items, but that takes a lot of man-hours.

One helpful solution, observed Lt. MacDonnell, is Break-ins to S-4

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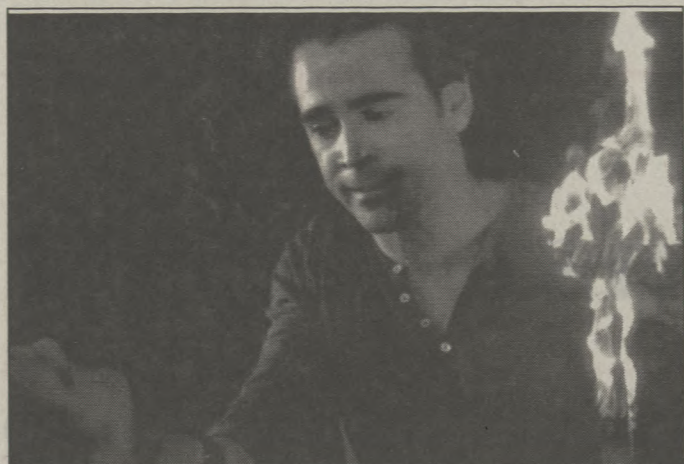
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Movie Reviews

by Paul Feely

"FRIGHT NIGHT 3D"



"FRIGHT NIGHT 3D" is one of those rare remakes where the newer version surpasses the original, in more ways than one. It contains all the fun of the original, more thrills and scares than a haunted house, and is a combination of scares and laughs. And all this is in 3D!

"FRIGHT NIGHT 3D" GRADE: ***

This is one of those rare remakes where the newer version surpasses the original, in more ways than one.

The 1985 cult classic, "Fright Night," featured a scary vampire, not the brooding boyfriend-type you see nowadays in the 'Twilight' movies, but one who lived in suburbia and had to battle a horror-movie-obsessed teen and a washed up actor in a battle to the death that featured as many laughs as it did scares.

Now in 2011, "Fright Night" returns in 3D and is a very worthy remake that honors the spirit of the original while giving fans something new to sink their teeth into.

The plot looks like this: Senior Charlie Brewster (Anton Yelchin) finally has it all - he's running with the popular crowd and dating the hottest girl in high school. In fact, he's so cool he's even dissing his best friend Ed (Christopher Mintz-Plasse). But trouble arrives when an intriguing stranger, Jerry (Colin Farrell), moves in next door.

He seems like a great guy at first, but there's something not quite right and everyone, including

Charlie's mom (Toni Collette), doesn't notice. After witnessing some very unusual activity, Charlie comes to an unmistakable conclusion: Jerry is a vampire preying on his neighborhood.

Unable to convince anyone that he's telling the truth, Charlie has to find a way to get rid of the monster himself.

"Fright Night" contains all the fun of the original, and more thrills and scares than a haunted house at Spooky World. This movie's combination of scares and laughs makes it a welcome changeup from this summer's parade of superhero movies.

"RISE OF THE PLANET OF THE APES" GRADE: ***

After Tim Burton's 2001 remake of the original "Planet of the Apes" turned out to be a flop with both audiences and critics, no one could blame fans of being wary of the latest installment of the long-running science fiction series.

"Rise of the Planet of the Apes" is a prequel to the series, and it could be the surprise of the summer - a well-crafted, thoughtful film that will challenge the mind, while also thrilling

the senses with its action and battle scenes.

"Rise" is a great addition to the series' legacy and one of Hollywood's better prequel films to date. The movie actually makes you excited about the prospect of future installments, and that's something that couldn't be said of any of the previous films, including the 1968 original.

Set in present day, before apes have taken the world from the grasp of humanity, the film stars James Franco as Will Rodman, a genetic scientist on the cusp of developing a new drug that could cure Alzheimer's - a disease that his father (John Lithgow) suffers from. But when a successful trial of the drug on a promising test chimp results in an unexpected accident, the project is shut down and the lab's remaining chimpanzees ordered euthanized.

One of the chimps has unknowingly left behind an infant, which Will takes home and raises as his own. Baby Caesar (Andy Serkis) begins showing incredible signs of intelligence, leading Will to believe that he's inherited the benefits of the drug from his mother. But he's still a chimp at heart, and after Caesar attacks a human while trying to protect Will's father, the government locks him up in a primate shelter, only to see Caesar to assume leadership over the other locked-up apes and start a revolution.

Most of the audience knows the end result already - that the apes inherit the earth. But the true strength of the film is how well it carries us to that point.

Director Rupert Wyatt expertly shows Caesar's journey from test chimp to ape leader, and this tale is far more interesting than you would expect, thanks to the talent of Andy Serkis (who in the past has played digital characters like Gollum and King Kong).

James Franco may be the star of the movie, but it's Serkis who will receive all the accolades, because his performance as Caesar is so good. It's amazing to see what Serkis can convey to the viewer without saying a word, and though Caesar is completely digital, he's the most identifiable character in the film.

This may be one of the last big films to hit theaters this summer, but it has been worth the wait.

"COWBOYS AND ALIENS" GRADE: **

Part mystery, part sci-fi, and part Western, 'Cowboys and Aliens' is a film that entertains, even when it doesn't live up to its full potential.

The plot is this: The year is 1875, and the setting is the New Mexico Territory. A stranger (Daniel Craig) with no memory of his past stumbles into the hard desert town of Absolution.

What he discovers is that the people of Absolution don't welcome strangers, and nobody makes a move on its streets unless ordered to do so by the iron-fisted Colonel Dolarhyde (Harrison Ford). It's a town that lives in fear.

But Absolution is about to experience fear it can scarcely comprehend as the desolate city is attacked by marauders from the sky. Now, the stranger they rejected is their only hope for salvation. As this gunslinger slowly starts to remember who he is and where he's been, he realizes he holds a secret that could give the town a fighting chance against the alien force.

The effects are solid throughout the film (there's no 3D gimmicks here). The chemistry between Olivia Wilde as the love interest, Craig, and Ford works for the most part, though the film drags a bit when the story resembles a straight-up Western, as opposed to a sci-fi movie. The fresh take of the film is another plus, as the problems of killing. There are also a fair amount of strong jokes, adding the unexpected element of comedy to the mix.

Director Jon Favreau's approach to the western setting helps set "Cowboys & Aliens" apart from standard action/adventure fare. Both Craig and Ford display matinee-idol toughness, and their shared screen time is a real plus for the film.

The aliens are depicted as violent parasites, and the visual effects are impressive.

"CAPTAIN AMERICA: THE FIRST AVENGER" GRADE: ***

Captain America: The First Avenger focuses on the early days of the Marvel Universe, when Steve Rogers (Chris Evans) volunteered to participate in an experimental program that turns him into the Super Soldier known as Captain America. As Captain America, Rogers joins forces with Bucky Barnes (Sebastian Stan) and Peggy Carter (Hayley Atwell) to wage war on the evil HYDRA organization, led by the villainous Red Skull (Hugo Weaving).

With Captain America, the country has a superhero worth rooting for, and comic book fans have the movie about one of the most iconic characters they have long hoped for.

With its mix of World War II nostalgia, Bam-Kapow comic book values and fight scenes, underdog determination and battle scenes filled with red-white-and-blue pride, "Captain America: The First Avenger" is hands-down the best Marvel superhero picture since the first "Iron Man."

The film mostly exists in the World War II era and veteran director Joe Johnston ("The Rocketeer") takes advantage of the setting to provide some stunning visuals, and strip the story down. Rogers isn't helped in becoming a hero by the latest and greatest

Movies to S-3

Calendar of Events

CITY HALL CAR WASH AUGUST 27 AND 28

Two local Woburn youth organizations will be holding fundraiser car washes at City Hall parking lot this weekend. The car washes are from 9 a.m. to 1 p.m.

On Saturday, August 27 the Woburn Girls Hockey and on Sunday August 28 the Woburn High School Football team will hold car washes.

FREE ADMISSION TO OLD STURBRIDGE VILLAGE

On Friday, August 26 Highland Street Foundation will sponsor "Free Fun Friday" at OSV.

Old Sturbridge Village, famous for its historians in costume and heritage breed farm animals, has more than 40 antique homes and buildings, three water powered mills, a working farm, heirloom gardens, and two covered bridges.

Other OSV events include the following:

September 10 - 11 is Antique Weekend. This is a special event for antiques collectors. Also, Stephen Fletcher of Skinner, Inc. will be at OSV on Sunday to appraise items.

Drummer's Call is on September 10. Learn about the role of musicians in a day in the life of an early New England soldier.

Edwardian-Era Motor Gathering is on September 17. Rare automobiles from the first two decades of the 1900s will be on display.

On September 24 - 25 there will be an Agricultural Exhibition. Experience an old fashioned agricultural exhibition complete with demonstrations of early New England farm equipment and displays of Village-grown heirloom vegetables and flowers.

OSV is open from 9:30 a.m. to 5:30 p.m. www.osv.org.

READING COLLEGE CLUB PROGRAM SEPTEMBER 7

The Reading College Club will open its 100th year this fall with a program on the "Mills of Shawsheen Valley" given by Donald Robb on Wednesday, September 7 at the Reading Senior Center at 7:30 p.m. The fee is \$5.

Donald Robb is past president of the Andover Historical Society. His area of historical interest is in the town known as "Shawsheen Village."

This is the 100th year that Reading College Club has raised money for scholarships for Reading High School seniors.

BEGINNING SQUARE DANCE CLASSES OFFERED

Beginner square dance classes sponsored by Single Squares will start on September 15 from 7 - 9 p.m. at Temple Shalom Emeth, 16 Lexington Street, Burlington.

Great for singles, couples and families. No partners needed. Admission is \$7.

For more information call Beverly at 781-272-4185 or Dan at 781-933-0320.

SINGERS SOUGHT FOR "HOME FOR THE HOLIDAYS"

The North Regional Theater Workshop is looking for men and women who love to sing to join in an annual tradition, "Home for the Holidays", a Christmas Musical revue.

Rehearsals are on Tuesday nights from 7 - 10 p.m. at the First Church Congregational, located at 26 Pleasant Street in Methuen. First rehearsal is September 6.

Show dates are December 9, 10 and 11. Come join and become part of a wonderful musical experience. Please call 978-397-1481 for more information.

SINGLES DANCE THIS FRIDAY IN MIDDLETON

A Singles Dance will be held at Angelica's, 49 South Main Street (Rte. 114) in Middleton this Friday night, August 26 from 8 p.m. to midnight. 978-750-4900.

Hundreds of singles ages 35 - 60 years old. There will be a free buffet. There will be a split the Pot* raffle.

\$15 all night. Business casual dress required.

www.SinglesEventsForYou.com.

ACTION-ART SHOW IN LOWELL THROUGH SEPTEMBER 25

Action-art fans will be delighted to learn that Action Evolution, a new installment in David Leblanca's Action Abstraction series, will be on view at the Loading Dock Gallery in Lowell from August 31 to September 25.

The series captures the excitement and energy of the covers of classic Superman adventures in Action Comics publications, but is more than just an homage to a unique American art form. It is creating art in response to comic book covers.

The show will be at the Loading Dock Gallery at Western Avenue Studios, 122 Western Avenue, second floor of the A-Mill. There will be a reception for the artist on Friday, September 16 from 6 - 9 p.m. Gallery hours are Wednesday through Sunday, 11 a.m. to 4:30 p.m.

For further information about the exhibit or the gallery visit theloadingdockgallery.com or call Maxine Farkas at 978-349-8069.

MISHAWUM CHORAL SOCIETY SCHEDULES AUDITIONS

The Mishawum Choral Society begins rehearsals for the fall season on Tuesday, September 6 at 7:30 p.m. in the sanctuary of the First Baptist Church in Woburn Center (corner of Main and Winn Streets) under new Music Director, Sean Landers.

The group will hold open rehearsals during the month of September and welcomes new members who have experience in four-part choral singing and can read along with sheet music.

Calendar to S-3

33rd Annual New England Arts & Craft Festival

Labor Day Weekend
September 3, 4, 5
Topsfield Fairgrounds

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At St. Paul's Church

Voice scholarships for area high school youths

As part of its ongoing Sacred Music Outreach Program, St. Paul's Episcopal Church in Lynnfield will once again be awarding \$1,000 voice training scholarships to four area high school sophomores, juniors or seniors to help pay for private voice training by a qualified voice instructor. Auditions will be held at St. Paul's Church, 127 Summer Street, Lynnfield on Sunday, August 28 from 1:30 - 3:30 p.m. Selected students, one in each major voice part (soprano, alto, tenor, and bass), will have the honor of being named St. Paul's Choir Scholars.

According to Reverend Mike Dangelo, Pastor of St. Paul's Church, "We are thrilled to be offering this unique musical opportunity again this year. Last year's Scholars not only broadened their own repertoire of musical expertise, our other choir members benefited from what these vibrant young singers brought with them each week."

In exchange for their scholarships, the Scholars will be required to sing with the St. Paul's Parish Choir for Sunday worship services, morning rehearsals, some evening rehearsals, and all major church holidays during the 2011-2012 academic year.

Holly Bourdon, one of last year's St. Paul's scholarship recipients and recent Lynnfield High School graduate stated, "During my year as a St. Paul's Choral Scholar, my musical expertise grew immensely. Not only did I develop more musically, I gained experiences, friendships, and a sense of discipline that will continue with me for years to come."

Any sophomore through senior in high school wishing to audition for a Choir Scholar slot will need to prepare a short accompanied or a capella sacred song, hymn, or folk song to sing. An accompanist will be provided, if needed. The audition will also include a brief sight-reading assessment and interview.

For more information, or to sign up for a 15-minute audition slot on August 28, 2011, please contact St. Paul's Episcopal Church at 781-334-4594.

Visit all 351 towns in Mass. in just two hours

Join Peter and Debbie Lincoln, retired educators, for a fascinating presentation, "From Purgatory to Podunk", their journey to each city and town in Massachusetts.

Their talk is a lively, interactive, photographed narrative. It is an historical, geographical tour, filled with trivia and fun facts. The audience is in store for an exciting evening featuring the variety, richness and beauty of Massachusetts.

On a whim the Lincolns in 2007 decided to visit all 351 cities and towns in the state. The whim evolved into a project to photograph, study, and compile information about each. From this mountain of material, they have developed an informative, entertaining,

interactive, illustrated program.

Filled with anecdotes, little-known history, hidden locales, as well as their own mishaps, the Lincolns have presented this presentations to groups across the state.

The date is Wednesday, August 31. The time is from 6 - 8 p.m. Registration is strongly recommended as it aids the presenters and staff with planning. Registration is limited. To register call the Reference Desk at 978-640-4490, ext. 207; or online at www.tewksburypl.org.

Light refreshments will be provided. A door prize will be awarded. This event is free thanks to the generosity of the Friends of the Tewksbury Public Library.

MOVIES from S-2

technology known to man—he's just a regular guy in the 1940s who hates getting beat up, and watching it happen to others.

The movie's best special effect doesn't involve explosions - it's the paring down of muscular star Chris Evans to the short, scrawny, pencil-limbed Rogers, a 90-lbs weakling who lacks the strength to defend himself, but not the heart.

This mini-me version of Evans isn't in just a few scenes, he's in a good part of the movie, repeatedly trying to join the Army so he can fight Hitler. He is always swiftly rejected thanks to many ailments and his frail frame.

The scrawny kid who finally can beat up the bullies is classic Marvel stuff, and Captain America is a classic movie for all.

Please check your local "Daily Times Chronicle" for daily updates.

TWISTS, TURNS, AND BURLINGTON

"Though the economy continues to move through twists and turns, Town Administrator Robert Mercier said ... he is relatively pleased with the level of activity in town," notes the Burlington edition of the "Daily Times Chronicle."

"The most recent notable development was approval of a 125,000-square-foot Wegman's supermarket on Third Avenue in Northwest Park. The development, scheduled to open in 2013, will include a food court on the second floor and a 750-vehicle parking garage.

"Mercier said the Building Department is reporting a considerable amount of activity around town. He stated several business have taken out permits to expand and/or upgrade existing facilities.

Calendar

From S-2

Concerts are performed in the Crawford Memorial Methodist Church in Winchester. For more information visit www.mishawumchoral.org or call 781-438-4379.

STONEHAM HIGH GRAD SIGNS HIS NOVEL

Meet 1987 Stoneham High graduate Sean Conway and pick up signed copies of his books including his new release "The Empty Space Between Stars."

In this his latest book Sean gets into the head of a 15 year old girl as never before. Set in Hampton Beach, NH with ties to Amesbury, this family drama is a great read.

The book signing will take place on Friday, September 9 from 7 - 8 p.m. at The Book Oasis, 311 Main Street in Stoneham.

WILDLIFE REFUGE AUGUST PROGRAMS

The Parker River National Wildlife Refuge is holding several programs in the month of August. To register for these programs call the Refuge at 978-465-5753.

"Behind the Scenes" will be held on Saturday, August 27 from 9:30 to noon and Sunday August 28 from 1 - 3:30 p.m. Join a refuge ranger for a

"I think we're in good shape," commented Mercier.

"He added that he believes the town is faring better than many other communities in the area during the economic downturn.

"Mercier said the latest information he had was that the commercial vacancy rate in town was about 17 percent. The town administrator said that level has not changed dramatically in either direction in recent months.

"Looking ahead, a proposal for a Kings bowling alley/restaurant, also on Third Avenue, is pending before the Planning Board.

"Mercier also said some 'small life sciences' companies are looking into locating in town.

"However, he acknowledged the national economic situation is hanging over any potential local development.

"Under the circumstances," noted Mercier, "we're doing OK."

'A GREAT GROUP OF PEOPLE' IN TEWKSBURY

"The Town of Tewksbury is currently seeking community members interested in serving on the Tewksbury Cultural Council," notes the Tewksbury "Town Crier."

"According to the Board of Selectmen, there are at least two vacancies on the Council that need to be filled. The Council is responsible for awarding grants each year to support cultural activities in town, using the funding the town receives from the Massachusetts Cultural Council.

"The Tewksbury Cultural Council is part of a grassroots network of 329 local councils that serve every city and town in the state. The program is the largest, most decentralized one of its kind in the United States. The state legislature provides an annual appropriation to the Massachusetts Cultural Council, which then allocates funds to each local council.

"The volunteers on the Tewksbury Cultural Council are a great group of people," said Council Chair Eileen McDonagh. "We really enjoy supporting arts and culture in Tewksbury and look forward to welcoming new members to the council."

"Previous grants awarded by the council have included support of cultural programs involving Tewksbury public schools, Tewksbury Historical Society, and Tewksbury Memorial Library.

"The Tewksbury Cultural Council generally meets two to three times a year on week-nights. Anyone interested in serving on the council should complete an application available at the Town of Tewksbury website."

'TRIP' TIMES IN STONEHAM-

"Selectmen Chair Paul Rotondi recently called for town officials to convene a Tri-Board meeting early next month to review Stoneham's financial status for the current and upcoming budget cycle.

"During the last Selectmen's meeting, Rotondi argued that the board should join with the School Committee and Finance and Advisory Board on Sept. 6. The meeting will begin at 7 p.m.

"The reason for this Tri-board meeting is to go over what our final numbers are. We aren't going to have all the numbers until the end of August," the Selectmen chair said. "We'll also probably want to do some forecasting out for FY'13."

"Last February, all three groups of local officials inked a five-year financial plan that will set future budgets based upon fixed percentages. In exchange for that agreement the Selectmen agreed to place an override on the ballot for last April.

"When the override failed the Selectmen instituted a trash fee - the agreed upon back-up plan. The refuse charge costs homeowners as much as \$252, while condominiums are assessed a lower \$150 rate....

"About the Towns" covers recent events in the 10-town Middlesex East area. Because Middlesex East deadlines are early, please check the front sections of this paper or look on line for up-to-date information about your city or town.

We also welcome original material - please send it to Phyllis Nissen, "About the Towns," Middlesex East Supplement, Box 240, Reading, MA 01867 or schooltowns@comcast.net.

I've lost 12 pounds



"I've lost 12 pounds in 12 week!"

I looked in the mirror to see someone getting very old and unrecognizable before my eyes. After two weeks at Get In Shape For Women I felt a change. I started sleeping better and felt energetic. After three months I've lost 12 pounds and have muscle definition. I love the program and the decision I have made.

- Angela Moore
Age 46
Reading Member



LONGWOOD PLACE AT READING

Profile:

BOLESLAUS STANLEY

NICKNAME:

We like to call him "Bill".

AGE: 90

MARITAL STATUS:

Married for 69 years.

MILITARY SERVICE: U.S. Army in 1942.

WHAT'S ON HIS IPOD?: Jazz, Big Band, and even a little Rock 'n' Roll.

DRINK OF CHOICE: An ice cold Sam Adams lager on a warm summer day.

FAVORITE FOOD: Spicy Kielbasa, but these days he'll take a nice sirloin steak.

FAVORITE HOLIDAY: He doesn't have a favorite because he says "every day is a holiday at my age."



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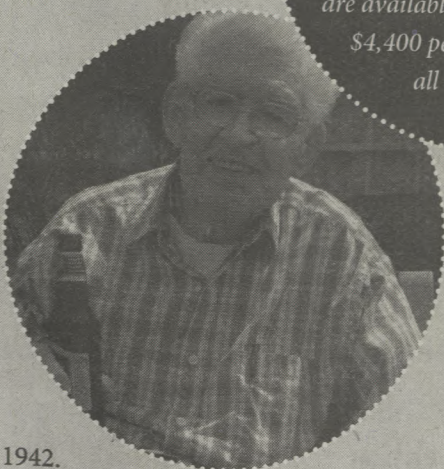


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Athletes & Activities

by Paul Feely

*MIDDLESEX EAST SPORTS WEEKLY TRIVIA:

Who was the first PGA Golf Professional to win \$1,000,000 in a single season?

Answer appears elsewhere in this column.

*A total of 235 Stonehill College student-athletes have been named to the Northeast-10 Conference Spring 2011 Commissioner's Honor Roll, released this week by the conference office.

All 19 of Stonehill's NE-10 varsity programs are represented on this semester's list, recognizing student-athletes who earned a grade point average of 3.0 or better during the spring term. Five Skyhawks earned GPA's of 4.0 for the semester: women's soccer sophomore standout Elizabeth Belanger (Hooksett, N.H./Manchester Central, an ESPN Academic All-District I Third Team selection, men's tennis senior and All NE-10 Second Team No. 3 Doubles selection Jonathan Burke (Wakefield, R.I./South Kingstown), **JUNIOR WIDE RECEIVER JUSTIN**

CERRA (WILMINGTON, MASS./ARLINGTON CATHOLIC), men's soccer senior forward/midfielder and NCAA Postgraduate Scholarship award winner Tyler Hebert (Rockland, Mass./Sacred Heart) and men's cross country sophomore Francis O'Brien (Plymouth, Mass./Plymouth South).

The honor roll also includes Daktronics All-East Region women's soccer second team selection Kirstie St. Martin (Providence, R.I./Mount Saint Charles Academy), senior second baseman/outfielder and two-time Capital One Academic All-District second team honoree Katy Abarr (Richmond, R.I./The Prout School), women's basketball NE-10 Scholar Athlete of the Year Candidate Emily Rousseau (Biddeford, Maine/Biddeford), two-time All-American for indoor and outdoor track and field and Ace's stonehillskyhaws.com Male Student-Athlete of the Year award winner Patrick Fullerton (Bradford, Mass./Haverhill) and senior

right-handed relief pitcher Brenden Shepard (Boxford, Mass./Masconomet) who became Stonehill's first-ever student-athlete in program history this spring to be drafted by a Major League Baseball (MLB) club.

Among all Northeast-10 Conference programs, Bentley University had the most student-athletes recognized with 328 while Stonehill placed second (235) and Assumption College ranked third with 206 honored.

Stonehill earned its second-straight Northeast-10 Conference Presidents' Cup Trophy for the 2010-11 academic year and third in program history. The Presidents' Cup is presented annually to signify overall athletic excellence in the Northeast-10 Conference and is awarded to the institution that compiles the most points based on the placement at the conclusion of the regular season of each of its programs which compete in league championships.

4.0
FOOTBALL
JUSTIN CERRA: JR. (WILMINGTON, MASS./ARLINGTON CATHOLIC)
3.5-3.99
BASEBALL
MATTHEW OLSEN: JR. (WINCHESTER, MASS./WINCHESTER)
FIELD HOCKEY
COURTNEY FOLEY: SR. (WAKEFIELD, MASS./WAKEFIELD MEMORIAL)
FOOTBALL
NICHOLAS VARDARO: SR. (WOBBURN, MASS./AUSTIN PREP)
ICE HOCKEY
ERIC SCHOLL: SR. (WILMINGTON, MASS./TILTON SCHOOL)
SOFTBALL
KELLIE REARDON: JR. (BURLINGTON, MASS./ARLINGTON CATHOLIC)

WOMEN'S CROSS COUNTRY

CAROLINE MCBRIDE: SO. (NORTH READING, MASS./NORTH READING)

WOMEN'S TENNIS
JACQUELYN HARROW: SO. (NORTH READING, MASS./NO. READING)

WOMEN'S TRACK & FIELD

OLIVIA DYSON: SO. (READING, MASS./READING)

CAROLINE MCBRIDE: SO. (NORTH READING, MASS./NORTH READING)

*Need some help with the trivia question? His initials are C.S.

*A total of 585 Stonehill College student-athletes have been recognized with Academic Achievement Awards from the Division II Athletic Directors Association (ADA). To earn recognition, student-athletes from Division II ADA member institutions must have a cumulative GPA of 3.5 or higher, have completed at least four semesters, and have been an active member of their team during the previous academic year.

The 58 Stonehill student-athletes honored represented all 20 Skyhawks intercollegiate athletic programs. The women's soccer team led the way with 12 honorees helping Stonehill better its mark of 45 set last year. The equestrian team had eight honorees while the women's track and field program followed with six.

Heading the list of individ-

ual honorees for Stonehill is men's soccer senior Tyler Hebert (Rockland, Mass./Sacred Heart), who became just the second student-athlete in school history to earn a prestigious NCAA Postgraduate Scholarship, Fr. William Gartland, CSC, Award winner and women's basketball Northeast-10 Conference Woman of the Year Finalist Emily Rousseau (Biddeford, Maine/Biddeford) and All-American field hockey senior midfielder Lindsey Pinkham (Skowhegan, Maine/Skowhegan).

A complete list of local Stonehill honorees is:

JUSTIN CERRA (WILMINGTON, MASS./ARLINGTON CATHOLIC) - FOOTBALL

OLIVIA DYSON (READING, MASS./READING) - WOMEN'S TRACK AND FIELD

JACQUELYN MARGIORE (WINCHESTER, MASS./DANA HALL SCHOOL) - EQUESTRIAN

MATT OLSEN (WINCHESTER, MASS./WINCHESTER) - BASEBALL

KELLIE REARDON (BURLINGTON, MASS./ARLINGTON CATHOLIC) - SOFTBALL

*Rob Thompson, head coach of the University of New Hampshire men's soccer team and his staff, recently announced that five student-athletes have committed to attend UNH and play for the

Wildcat soccer program in the fall.

"I am excited to add another set of players into the fold next fall," said Thompson. "There is quality, experience, character and depth in this group."

KYLE LEWIS, A GOAL-KEEPER FROM NORTH READING, MASS., will come to UNH this fall after a distinguished career at Malden Catholic High School. The four-year letter winner served as team captain as a senior and was named a Catholic Conference All-Star. Lewis played for the Boston Blast where he won USYSA Massachusetts State Championships in 2007 and 2008. He was also a Region 1 Finalist in 2008, eventually finishing in sixth place at Nationals. Additionally, Lewis played for the MA Olympic Development Program for three years.

"Kyle is big and aggressive coming off his lines and his prowess in the air is a major strength," said Thompson.

*ANSWER TO THIS WEEK'S TRIVIA QUESTION: The answer is Curtis Strange.

*DO YOU KNOW SOMETHING WE DON'T? If you have information about a local athlete that you would like to see appear in this column, please email it to readingchronicle@comcast.net, or mail it to: Paul Feely, Middlesex East Sports, P.O. Box 240, Reading, Ma., 01867, or call Paul at 781-944-2200.

Break-ins

From S-1

"people working together and with police. Residents should have a two-way dialogue with officers."

Van Der Kruik, for her part, asked that police use a reverse 911 call to alert citizens and request assistance. Since writing the letter, she noted that a call of that nature was sent to residents of Winchester and she commended the police for the receptiveness of the suggestion.

She also asked that police do a quicker follow-up with neighbors.

Some communities employ a neighborhood watch program, though none in the

Middlesex area (the closest is Malden). That idea began in the late 1960s after the rape and murder of Kitty Genovese in Queens, NY. People became outraged after reports that a dozen witnesses did nothing to save Genovese or apprehend her killer. Some locals formed groups to watch over their neighborhoods. Shortly thereafter, the

National Sheriffs Association began a concerted effort in 1972 to revitalize the "watch group" effort nationwide.

Whether or not the neighborhood watch program actually deters criminals is unknown, but clearly knowing your neighbors and keeping an open dialogue with them can be a valuable resource in the fight against break-ins.

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School bus safety tips to be aware of

When parents of younger children send their kids off to school each morning, it's often not without a little worry. What mischief will they get into outside of the watchful eyes of Mom or Dad?

One type of accident that parents are never prepared for is on the school bus. Each year, an estimated 33 children across the country are killed in school bus-related accidents. Such accidents are almost always preventable and require just a few moments of instruction with kids to help save their lives.

Don't walk directly in front of the bus: When most children get off the bus, they cross the street directly in front of the bus. This makes it difficult for the bus driver to see if any children are still in front. In general, parents should instruct children to take five long paces in the direction the bus is traveling before crossing in front of the bus. This will leave enough room for the bus driver to see, especially if kids drop anything while crossing the street.

Look both ways before getting off the bus: Before stepping off the bus, kids should always look both ways. While buses should always be in the right hand lane, bikes or even cars in a

hurry could attempt to get around the bus in the shoulder. Most children killed in bus accidents are killed getting on or off the bus or waiting at the bus stop. Many motorists disobey the laws pertaining to stopping when a bus stops, so kids should be extra careful and always keep their eyes peeled for moving traffic.

Listen to crossing guards: Urban neighborhoods or those with a busy intersection often have crossing guards to help keep children safe. Kids should be instructed to wait for crossing guards before venturing across the street. At stops where no crossing guards are present, encourage children to act with extreme caution when crossing the street. Should any books or supplies be dropped in the middle of the road, finish crossing the street first. Once a child has made it across the street, check to see if it's safe to go back and pick up the book. If worse comes to worse, let kids know the books or supplies can always be replaced.

Back to School!!

Protecting kids from cyber bullies

Whether it's e-mail or schoolwork or just having fun, most kids spend time online almost every day.

While the internet is a great place for kids to find information, share ideas and to meet new people, parents should talk to their children about how to keep safe online because kids who talk to their parents about internet safety are six times less likely to meet an internet stranger in person.

One threat that kids can encounter involves cyber bullying. It may start out as harmless joking, but this form of bullying can escalate into insults, rumors and serious harassment.

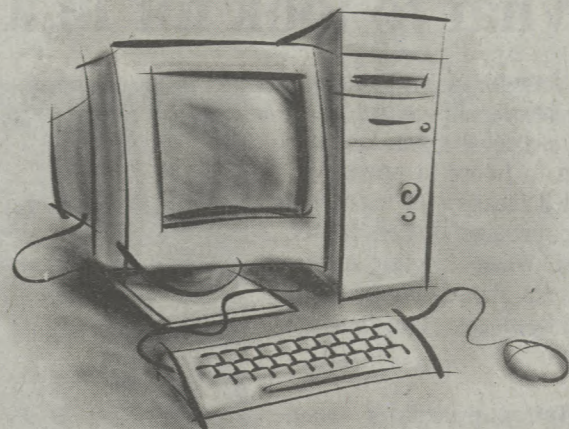
Cyber bullies use web technology to insult, intimidate, extort and embarrass other web users. One form of online embarrassment involves posting someone's private message to a public site, such as MySpace or Facebook, both of which are popular amongst teens.

Harassment can also take the form of physical threats. If you child receives threats to person or property, experts at the Internet Keep Safe Coalition say that the situation should be reported to the police.

If the bullying involves an adult harassing a minor child, it may be an attempt by a predator to intimidate a child and should be reported to both the police and to the National Center for Missing and Exploited Children's Cyber Tipline, which can be contacted at www.cybertipline.org

If the bully is a fellow student, you can contact the school about its policy for intervention, but all harassment should be reported to the service provider of the bully. A detailed tutorial at www.ikeepSAFE.org shows parents how to report cyber bullying.

Teach kids not to respond to insulting or defaming mes-



sages. A common tactic among bullies is to incite the victim and then post compromising responses, further abusing the victim by labeling him/her as unstable or violent.

Surprisingly, cyber bullies tend to be smart kids from affluent families with incomes greater than \$75,000.

In many cases, they are kids who have found a way to feel in control online, when they may not have a physical advantage in the real world.

Many children do not report cyber bullying because they are afraid that their internet privileges will be taken away. If your child tells you about bullying or harassment, remain calm and thank your child for telling you, then take the proper action by reporting the situation to the proper authorities.

For more information on how to handle cyber bullies and for more tips for parents, visit www.ikeepSAFE.org

How to take effective notes

A student's success in school is measured by the assignments completed and tests he takes. The students who garner the best grades and do well in class are often those who are effective listeners and note-takers.

Professor Dennis Jertz of Seton Hall University has said that taking lecture notes effectively is one of the skills students must learn to make the transition from high school to college careers. Note-taking is also necessary in the business world, making it a worthwhile skill to learn.

Despite its importance in higher learning, not much study has gone into the correlation between note-taking and performance improvement. As a result, statistics supporting the importance of effective note-taking do not exist. But it stands to reason that the student who takes good notes, and studies well from them, has a sporting chance to improve his or her grades over others with poor notes.

Learning Note-taking

It may not seem as such, but note-taking can almost be a lesson all its own. If only students could enroll in Note-Taking 101. Some elementary and high-school teachers attempt to teach strategies for taking notes, including developing outlines, but many students still struggle to maintain the essentials as they move through school. It can be confusing knowing just how much to write down without creating a novel or having notes so scant that they provide little information when it comes time to study.

There are many systems of note-taking that a student can learn. These include using graphic representations to map out interconnected concepts. Outlines or charts can group terminology together with related ideas. There are other techniques that use cue words to trigger recollection of facts and dates. Mnemonic devices help recall information. Students can experiment with different methods until they

find a system that works well and offers measurable success.

Improving Listening Skills

No matter what method of note-taking is used, adequate listening skills are necessary to take effective notes. This helps students transfer what the professor is saying into ideas that can be put down on paper. Staring off into space or having your mind drift can cause a student to miss out on key parts of a lecture. To improve note-taking skills, a student must first improve listening skills.

* Sit up closer to the teacher or professor. This enables eye-to-eye contact that may help a student focus. It may also trigger visual clues to a professor to gauge whether the class is catching on or missing what's being taught. It's also advantageous from a practical standpoint. It enables students to better hear what's going on. If the professor is garbled or inaudible when sitting far away, moving closer is essential, especially in a large

lecture hall.

* Remove distractions. When a student enters the classroom, he or she should be ready to learn. That means silencing mobile devices and gearing the mind toward the lessons. Not every lecture will be exhilarating, so students should make a conscious effort to pay attention. Limiting distractions can help.

* Use an assistance device. Students who are prone to "zoning out" may want to ask permission to use a voice

recorder. This way if key elements of the lesson are missed, they can be played back. This method also helps students fill in gaps when taking or studying notes.

Keys To Note-taking

Once listening skills have improved, students can go onto to other note-taking pointers.

* Sequencing material is important, so notes should be dated and numbered. If references are made to chapters that correlate to the textbook,

Notes to S-8

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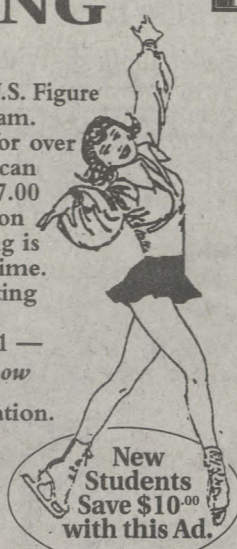
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Back to School!

Tips for parents

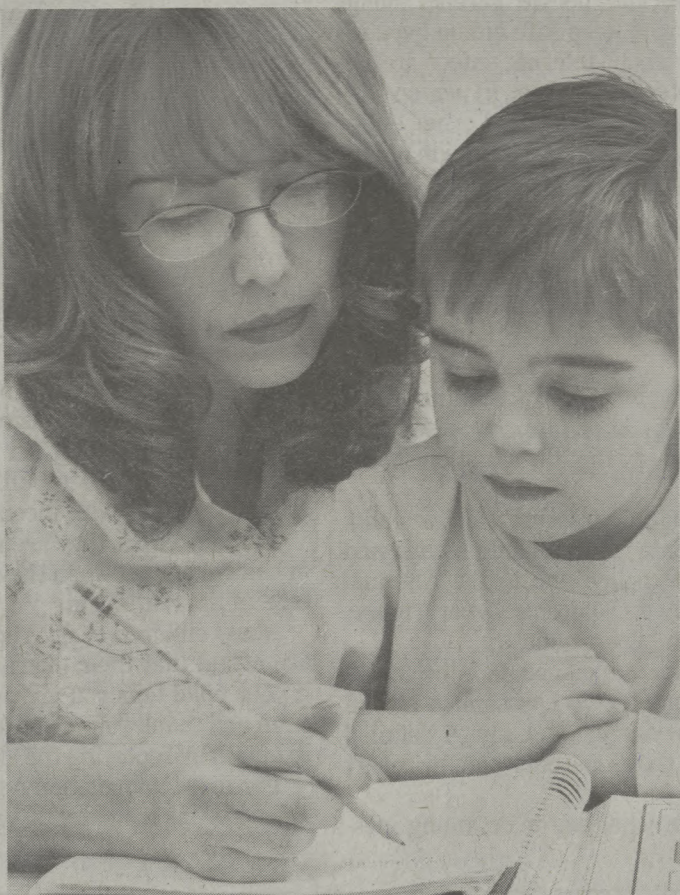
What to look for in a student's tutor

Parents of children who are having difficulties grasping school lessons routinely turn to tutors to provide the added measure of instruction some students need to succeed. When selecting a tutor, parents should ask questions and keep important things in mind.

Tutors provide a much-needed service to students and can be welcome helpers for teachers. According to reports from state and federal government tutoring advisors, close to \$10 million dollars annually is spent on tutors in the United States alone. Although many teachers try to tailor lessons to students with various learning capabilities, there may be instances when some students still fall behind. What's more, some students perform better with the one-on-one teaching style of tutors than they do in a group setting.

There are certain signs a student may need a tutor. These include students consistently earning failing grades, complaining about or giving excuses why they don't want to do homework, behaving badly at school, or complaining that they simply don't want to go to school. All of these issues may be a child's way of masking difficulty grasping lessons. A tutor can step in to catch a student up with lessons and help him or her find a system of learning that works.

The first step to finding a tutor is working with the stu-



dent to determine what type of tutor may be ideal. Tutors come in different forms:

* Students who volunteer their time helping fellow classmates. There are also alumni who provide tutoring services for low or no cost.

* Teachers who may offer tutoring after school hours.

* Some churches or other organizations offer tutoring availability.

* There are online services where students can get homework help or assistance in different subjects.

* Private tutors that come to the student's home and provide instruction.

* Tutoring companies and franchises where tutoring may take place in a learning facility.

Selecting a tutor

* When interviewing prospective tutors, parents and students should be sure the tutor is qualified. Experts suggest finding a tutor who has five or more years of experience. If the tutor will be offering lessons in a particular subject, certification or a

degree in that area is very helpful but not always necessary as long as the tutor is effective.

* Students often meet with a tutor one to three times a week per session. The tutoring arrangement can stretch on for several months. With this in mind, the tutor-student relationship should be a good one. The child should feel comfortable with the tutor.

* Tutors should know the material but also be able to explain it in layman's terms to the student. A good tutor will outline a plan on how he or she will help improve per-

formance but also how the tutor will check up and be sure the student maintains improvement.

* Find a tutor who will be open to interaction with the student's primary teacher. This way lessons can be geared around schoolwork and coincide with what's already being learned.

* Parents will need to be hands-on and take an interest in what the tutor and the teacher have to say. Observing the tutor in action can help determine whether the fit is right or a new tutor needs to be brought in. Parents can wait for five to eight sessions to pass before determining if the tutor is clicking with the child.

* Select a tutor who agrees to periodic progress reports. It

is not too ambitious for parents to expect marked academic performance after a month or more of tutoring.

* Cost is always a factor when selecting a tutor. A higher hourly rate isn't always indicative of a better tutor. Depending on the subject matter and certification of the tutors, costs can range from \$20 an hour to \$50 or more. Shop around for a tutor and remember to emphasize the tutor's relationship with the student more than what the tutor charges per hour.

Tutoring is often a helpful way for students who are falling behind in the classroom to redeem themselves. Hiring a tutor should be done at the first signs of learning difficulty, not when it seems things are too late to institute change.

Alleviating first-day-of-school jitters

The first day of school can create butterflies in the stomachs of parents and children. However, following a few tips can alleviate feelings of nervousness.

August and September are prime months for the return to school. Whether this is a child's first time entering the classroom or he or she has done the back-to-school thing multiple times, it's not uncommon for feelings of anxiety to arise.

There are expectations and unknowns with each and every school year for both the students and their parents. Pivotal years, such as kindergarten, 6th grade for middle-schoolers, freshman year of high school, or the start of college can create added levels of jitters because these years mark entry to a new school or new routine. But keeping a few pointers in mind can alleviate some of the fears.

* Keep a routine. It is important for parents and students to get back into the school swing of things a few weeks prior to the first day of school. Start setting alarm clocks for the hour at which kids will have to awaken, and get them in the habit of rising from bed and starting the day. Try to schedule something to do

each day that will be the inspiration for getting moving, such as school supply shopping. Take the carpool route to school, or find out where the school bus stop may be. These practice sessions will enable the family to decide how much time is needed to get ready in the morning and make changes accordingly.

* Mention school frequently. Begin talking about school and what is necessary to prepare. Be sure to talk about the more enjoyable aspects of school, such as seeing friends, participating in extracurricular activities and even the change of scenery school provides. Mention the things your child may expect. Hearing about school frequently can reduce feelings of anxiety.

* Visit the school. If this is the student's first time entering this school, you can take advantage of orientation days for new students or schedule an individual visit to the school. A tour and a meeting with the principal will also assuage some fears of the unknown. This can also calm any apprehension parents may have, because they, too, will know the layout of the school, its policies, and who will be watching over their children.



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Supplies for the 21st century student

School supplies have evolved significantly over the years. Items that appear on today's school-supply lists may be quite different from yesteryear.

It used to be that teachers required a relatively standard set of supplies for classroom and homework use. Folders, pencils, and spiral-bound notebooks were often the items of choice. As more schools embrace the digital age, school supplies tend to evolve to meet the demands of new technology.

*** Dry erase markers:** Schools are increasingly moving away from traditional chalk boards, which tend to be messy. In rooms where computer equipment is located, dry erase boards are often the preferred choice for teachers. As such, teachers tend to ask students for a steady supply of dry erase markers to use on the large whiteboards. Some classrooms also employ individual dry erase boards.

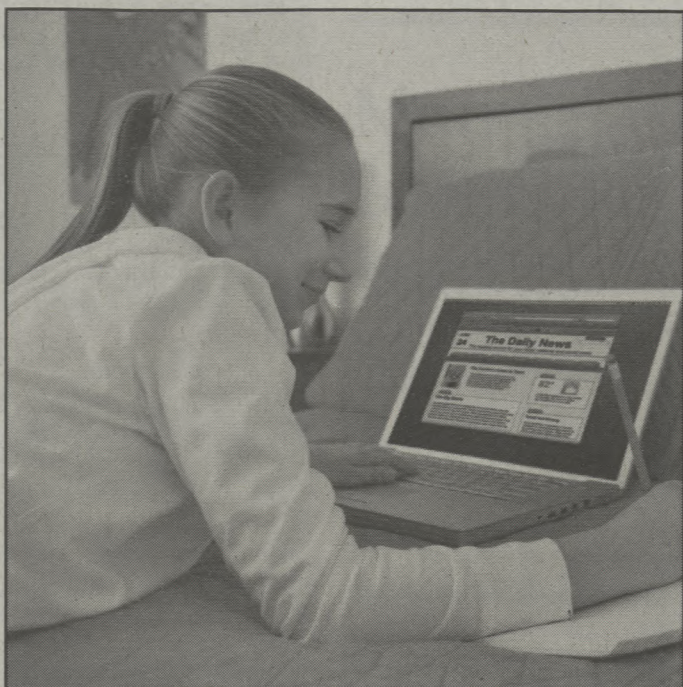
*** Laptop computers or tablets:** A personal computer can store a wealth of information and connect students with tons of information through the Internet. Instead of spreading school budgets thin equipping classrooms with computers, some schools encourage students to purchase their own devices for use at school and at home.

*** Flash/thumb drives:** Students who want to transfer files from school to home can use convenient thumb drives. These small storage devices can hold a significant amount of information.

*** Copy paper:** Tightened school budgets may force teachers to ask for donations of supplies, like reams of paper. These will be used to print out the different worksheets and notes sent home to parents and students.

*** Cable television:** In many classes, particularly those that deal with history or current events, teachers assign homework that require watching certain programs and then reporting back what they learned. Although cable or satellite television is largely universal in today's homes, it may require a few people who don't have the service to sign up.

*** Newspaper subscription:** The same way assignments are given to watch shows on TV, some teachers prefer to utilize newspapers when teaching current events.



Having a weekly subscription or at least purchasing the paper a few days of the week enables students to keep abreast of what's going on in the world.

*** Graphing calculator:** Although computers can perform many of the tasks of handheld calculators, it's easier to carry graphing calculators around school than it is to cart around a laptop. Graphing calculators perform many different types of math. They may be required for algebra, calculus and geometry. They are also useful for plotting lines. Once purchased, a graphing calculator can be used for years.

*** Planner:** Students once wrote down assignments in a paper planner or on a calendar. Although many choose to do it the same way today, some opt to go the digital route, entering reminders and tasks into a PDA or a phone with these capabilities.

*** E-reader:** Students taking a foreign language or avid readers may opt to invest in an e-reader. This way they can store a dictionary, thesaurus, or even some of their favorite books in one place.

*** Scanner:** A scanner can be an invaluable tool for copy-

Back to School!!

Healthy and quick breakfasts for busy school mornings

Breakfast has long been referred to as the most important meal of the day. It is beneficial for students heading off to school to enjoy a meal before they catch the bus.

Studies have found that children who eat a healthy breakfast have higher energy levels and better learning abilities than similar students who do not eat breakfast. Harvard University researchers found that those who eat breakfast are significantly more attentive in the classroom and have fewer behavioral and emotional problems.

Many families find that time is not in abundance in the morning when they are getting ready for school or work. As a result, breakfast might be skipped in an effort to get to work or school on time. But families can skirt the issue of time with a few on-the-go foods the whole family can enjoy.

*** Individually packaged yogurts** make a healthy and quick meal for anyone in the family. A good source of protein and calcium, yogurt is also filled with helpful bacteria that

promote digestive health.

*** Microwaveable convenience foods** come in various shapes and sizes. Choose the healthiest options among them, such as whole-wheat or multi-grain waffles or pancakes. These foods are easy to heat and eat on-the-go.

*** Keep a container of fresh fruit salad** in the refrigerator. A bowl of mixed fruit is refreshing and healthy.

*** Whole grain granola bars** that feature fruit and nuts can be a quick meal and a satisfying snack.

*** Smoothies** made from fruit and yogurt are fast and can be stored in portable cups to take in the car on the way to school.

*** The cereal aisle** at the local grocery store is filled with healthy breakfast options. Cereal manufacturers are increasingly reducing the sugar and boosting the fiber content of popular brands. It doesn't take long to enjoy a bowl of cereal, even one topped with banana slices or a few strawberries.

*** Whip up a fast egg sandwich.** Saute egg whites in a frying pan and place between two slices of toasted whole wheat bread.

*** Make a batch of low-fat, high-fiber muffins** over the weekend. Grabbing a muffin and a banana is an easy breakfast.

*** Instant oatmeal** is available in a number of flavors and is a very healthy and filling breakfast option.

*** Create parfaits** with layers of vanilla yogurt, fruit and granola.

*** Use a sandwich or panini maker** to create homemade breakfast tarts. Fill bread or pitas with fresh fruit or peanut butter and use the cooker to seal them shut.

For families who simply can't get in the breakfast swing of things, many schools participate in breakfast programs. If children are routinely missing breakfast at home, find out how to enroll them in breakfast served at school.

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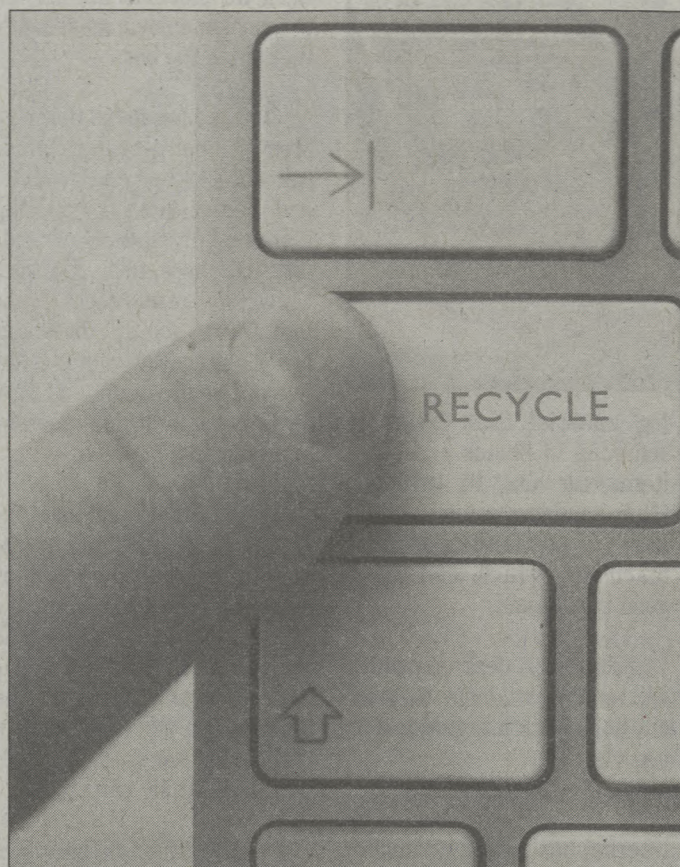
9 things you can recycle that you may have not known about

We all know we should recycle, and routinely place our newspapers, plastic bottles and aluminum cans at the curb for collection. But there are many other lesser known things that can be recycled. While these things may not be able to be placed at curbside, they can be dropped off at recycling centers.

Before an item is relegated to the trash can, people can do a little research and see if it can be recycled. Some companies or organizations pick up certain recyclables, saving individuals time and gas.

1. Appliances. Some cities and states have appliance
2. Computers. If a computer is in good working order, it

recycling or rebate programs. An older, less efficient appliance can be turned in for a rebate on a new energy-efficient model. Since 1993, the Association of Home Appliance Manufacturers has overseen the Appliance Recycling Information Center. The mission of this center is to serve as the authoritative source of information on the environmentally responsible disposal and recycling of appliances and to undertake research into the recycling of major household appliances. Individuals can use these resources to determine appliance recycling initiatives.



What to look for in a graduate program

Today's college graduates are facing a difficult job market, one that is flooded with unemployed professionals but few job openings. As a result, many college juniors, seniors and even recent graduates are considering the pursuit of an advanced degree. When researching different graduate programs, prospective applicants should take the following under consideration.

* Admission standards. Applicants should be looking for schools with tough admissions standards. Schools with low admissions standards won't necessarily provide a degree that's valued by prospective employers. Since many students will be pursuing an advanced degree in the hopes it will help them stand out in a crowded pool of applicants, that advanced degree should be one that has substan-

tial value and not one that was easy to pursue and obtain.

* Assistance. A good graduate program will boast a career development program that helps place graduates in desirable careers. Ask about past graduates of the program, and where they are currently working and what they're earning.

* Faculty. When researching graduate programs, look for one whose faculty are well known in your desired field. Most school Web sites list faculty biographies. A strong faculty is one that has a history of scholarly publications, acclaim among colleagues and professional experience not just in academia, but in the desired field as well. A proven and respected faculty can be a great way for students to make connections in the field.

may be sold or passed on to another person who can put it to use. Some seniors are not interested in RAM or processor speed. They just want a means of connecting to the Internet and can benefit from a recycled machine. Otherwise, computers may be donated to less fortunate schools. For those who simply must recycle the machine, there are different drop-off zones for computers and peripherals, like printers. Some goodwill organizations will take them and turn them into profits.

3. Batteries. These pint-size sources of power contain heavy metals that can leak out into the ground and water supplies. They should be brought to recycling centers to be disposed of properly. Otherwise, consider buying recyclable batteries and a charger.

4. Mattresses. Thanks to bed bug epidemics, fewer people are willing to purchase or take on a used mattress. For those who are upgrading to a new mattress and have an old one to discard, check with the town to find out which transfer station will recycle the mattress. Some mattress stores will cart away an old mattress if a new one is purchased.

5. Scrap metal. Those with scrap metal clogging up garages or basements can actually make some cash off these items. Scrap metal is in demand, and there are dealers who handle the sale and trade of these materials.

6. CDs and DVDs. The number of these plastic discs in circulation is high. Find out where they can be recycled or turn them into handy items for other uses. For example, use a CD as a reflector on a mailbox or at the end of the driveway.

7. CFL bulbs. The compact fluorescent bulbs save energy but they should be recycled properly, thanks to the miniscule amount of mercury they contain. Some stores, like the furniture store IKEA, will collect them.

8. Toner and ink cartridges. Don't discard those spent cartridges. Bring them back to office supply stores for recycling credit.

9. Oil. If individuals are changing their own motor oil, it will need to be taken to the transfer station or recycling center for proper recycling. Many commercial oil change businesses will recycle their oil, which makes paying for an oil change convenient and environmentally responsible.

Food dyes and difficult kids

(MS) - Those blue drinks, red popsicles and multi-colored cereals could be triggering temper tantrums, learning difficulties, sleep disorders and a host of physical complaints such as asthma, headaches, hives and ear infections.

This year, the U.S. Food and Drug Administration took the first steps in determining if these petroleum-based additives are playing a part in the increase in ADHD and other behavior and learning problems. The agency acknowledged that some children are sensitive to these chemicals, and they have changed their Web site to reflect this.

The American Academy of Pediatrics and the American Academy of Family Physicians now list food additives as potential triggers for conditions like ADHD.

This all comes as good news for the Feingold Association of the US, the nonprofit support group that shows parents how to address a wide range of problems by continuing to enjoy their favorite foods, but in versions that are free of the worst of the additives. More information is available at www.ADHDdiet.org.

The research showing that food dyes are harmful to all children prompted the European Union to require warning labels on most foods that contain the dyes. As a result, multinational food companies are now coloring the food in Europe with natural ingredients like grape juice, strawberries and turmeric. In the U.S., however, these same companies continue to use the cheaper petroleum-based dyes.

Richard Carlton, MD, a New York psychiatrist who specializes in helping children with behavior and learning problems, agrees that it makes sense to replace the chemically-treated foods with their natural counterparts before resorting to stimulant drugs, with all their potential side effects. He also urges strongly that the pre-natal vitamins women take should be free of artificial colors (which can damage fetal development).

Many years ago, Ben Feingold, MD, discovered that some of the additives found in food can trigger disturbed behavior in sensitive children, and that as more and more of these additives are being used, the number of affected children increases. During the past 50 years the amount of dye consumed in the United States has increased by 500 percent.

Now, after numerous supportive medical studies and 35 years of success, the Feingold Association is seeing a growing awareness that eating chemicals made from petroleum is harmful for everyone.

Notes From S-5

jot those down so they can strengthen the notes.

* Charles Kettering, an American engineer and inventor, said, "There is a great difference between knowing a thing and understanding it." When jotting down notes, a student who discovers that something seems unclear can ask for clarification or make a point to research that component further.

* Students should consider writing notes on one side of the page so that they can each be laid out side-by-side. Looseleaf paper works well, or notes can be typed and printed out.

* Students should develop their own method of abbreviations and symbols to cut down on the amount of writing needed. Notes needn't be in full sentences; phrases are equally effective.

* If a professor writes something on a chalkboard, puts text up on a projector or repeats something several times, it should definitely be written down. There is a good chance that information will be on the test.

* Students may want to review note-taking strategies with one another. Maybe there is a successful method employed by one student that he or she can share with classmates.

* Rewriting or typing notes helps ingrain the information in the brain more than simply rereading it.

Note-taking is an important skill many students should make the effort to learn. Improved test scores can lead to a higher grade point average. This, in turn, can help with success in school and beyond.

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Reasons for chronic sleeping

Chances are you know a student who is a serial snooze alarm presser. He or she can't seem to throw back the covers and make it out of bed promptly for school. The results could be a long list of tardy slips and some concerned school administrators. Plus, this sort of repeat behavior can be taxing on busy parents who are on a tight morning schedule.

The reason for your child's behavior may not be as simple as his or her desire to test boundaries. There may be a more serious underlying problem or a concern that should be addressed.

1. Depression: Depression can manifest itself in many symptoms. Trouble falling asleep or difficulty waking can be an indication. Children under stress, who've recently experienced loss, or who have attentional, learning, conduct, or anxiety disorders are at a higher risk for depression. Teenage girls are at especially high risk, as are minority youth. If frequent sadness, feelings of hopelessness, changes in appetite, and withdrawal from pleasurable activities accompany sleep problems, it could be a good idea to visit a doctor.

2. Retiring late: While

there is no precise number of hours a person has to sleep to feel rested, the general consensus is anywhere between seven to nine hours per night. If your son or daughter has trouble waking in the morning, observe whether he or she is just going to bed too late.

3. Sleep disorder: Many times people have trouble waking simply because their sleep is not productive enough. Sleep disorders such as sleep apnea, where the person briefly stops breathing at intervals during the night, restless leg syndrome or sleepwalking can interrupt the quality of sleep.

4. Avoidance: Sleep may be a way for a student to deal with extra stress or avoid something at school that is bothering him or her, such as a challenging teacher or a bully. Talking with your child may help him or her express feelings and shed light on whether there may be a problem at school.

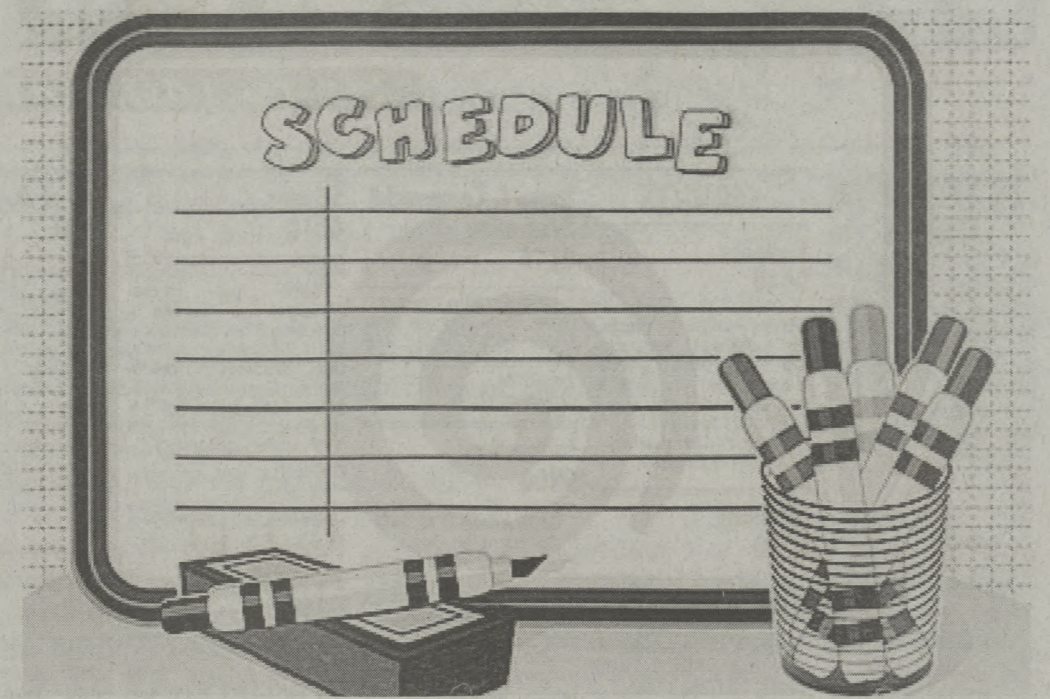
Exploring all of these possibilities can help parents figure out what may be at the basis of their child's reluctance to rise and shine on school days.

Back to School!!

Message boards for families with lots going on

With families on the run and "to do" lists getting longer, it's no wonder message boards are becoming popular fixtures in today's homes and offices. A fun, easy and inexpensive creative alternative to the pre-purchased dry-erase board is to use a dry erase paint, like Rust-Oleum Specialty Dry Erase Paint.

A great idea for kitchens, offices, kid's rooms, teen bedrooms, playrooms, garages, basements - any indoor space in or around the home or office - Dry Erase Paint can turn any paintable surface into a unique writeable-erasable area to express your creativity or to tackle organiza-



tion. The possibilities are unlimited. Here are just a few ideas:

- Tired of misplaced phone messages? Combine fun with function by creating a family message center around your kitchen telephone. Attach a dry-erase marker and eraser to the wall and your family will never again be able use the "I couldn't find a pen" excuse when taking phone messages.
- Celebrate "back to school" with an erasable

learning center on a child's desk or wall. Whether it's the ABCs or quadratic equations, kids of all ages will have more fun learning with this unique writable-erasable space.

- Meeting! What meeting? It's hard to forget important appointments and deadlines with an erasable calendar on the office door or cabinets.
- Track projects in the garage. Dry Erase Paint makes it easy to label or put project notes on tool boxes,

work benches and other garage spaces. Or keep supplies separated by project with separately labeled boxes. Just erase the label when you've completed one project and relabel when you are ready to start on the next!

For more information about Rust-Oleum Dry Erase Paint, and other creative, unique solutions for the home, visit www.paintideas.com.

Tips for working moms to take control of mornings

Working Mom's Tips to Take Control of Mornings

According to the Bureau of Labor Statistics, almost 75 percent of all mothers are employed, and as most working moms would agree, balancing the demands of home and office is no simple task. In fact, these women concur that the toughest job they ever had was being a mom.

Such is the case for CN8 "Your Morning" host and managing editor Connie Colla, a mother of two, whose day begins before the sun even rises. Monday through Friday, from 7 a.m. to 10 a.m., Colla hosts a three-hour live television show. This job demands her to arrive in studio at 5 a.m., research all top news stories that happened overnight, manage her staff of 14, and prepare to deliver news and lifestyle stories to almost nine million homes, across 13 states from Maine to Virginia, and in Washington, D.C. Not to mention, she must look great and remain upbeat throughout the process. But that dwarfs what she oversees at home.

Before even arriving in studio, Colla must conquer a hectic morning schedule to prepare her family for the day, while making sure she gets out the front door on time. Every second counts, so Colla has come up with a few easy ways to maximize her morning routine:

1. Tap Into Technology - Colla swears by her Blackberry, "It's the world's best invention." The PDA stores hundreds of contacts; is a daily appointment book; contains details on important meetings; sends reminders of important family events such as her daughter's upcoming camp project; and alerts her of at-home needs such as picking up dog food on the way home from work.

2. Avoid Fashion Emergencies - Preventing last-minute clothing crises is a must, so Colla sets aside time Sunday night to pick out a week's worth of clothing, from shirts to shoes and even accessories. Colla says, "It sounds like a big project, but it will save you a lot of time in the morning, and help you avoid wear-

ing two different shoes on your mad dash out the door."

3. Do Today, Done Tomorrow - Growing up, Colla could not understand why her grandmother would set the kitchen table for breakfast before bed. Now, she appreciates her grandmother's forethought. Colla says, "There is nothing worse than waking up to a long list of things that have to get done." To get a head start on the day, Colla has come up with a nightly ritual to make mornings easier, including loading the washer, folding the clothes in the dryer, filling the coffee pot, packing lunch for her children and placing their school bags and shoes by the door.

4. The List - One list Colla can't live without is posted in her kitchen. Any time an empty milk carton is thrown out, the family member must add it to the kitchen's "To Do" list. At the end of the week, she grabs the list and heads to the store. "Shopping is easy, and a new jar of peanut butter is back in place in no time."

5. Add 15 Minutes - By setting her alarm clock 15 minutes early, Colla says her day starts off well with a little bit of stretching and personal time. "I don't jump out of bed and hit the treadmill or anything crazy, but spending a few minutes with yourself, stretching, getting the blood back in your sleepy body, praying and mentally running through the day, can empower you for what's ahead."

6. Keep the Kids Busy with ON DEMAND - Entertaining her children while getting ready for work is not always easy, so Colla uses ON DEMAND from Comcast to occupy their time. "It's reassuring to know that my kids can choose from more than 7,500 shows each month that are educational and age appropriate," Colla says. "The ability to stop, rewind and fast forward also makes life easier by allowing us to watch what we want, when we want." The extensive library of children's programming includes 50 hours dedicated just to preschoolers, and special features like parental control that provide mom and dad the final say in what their kids watch.

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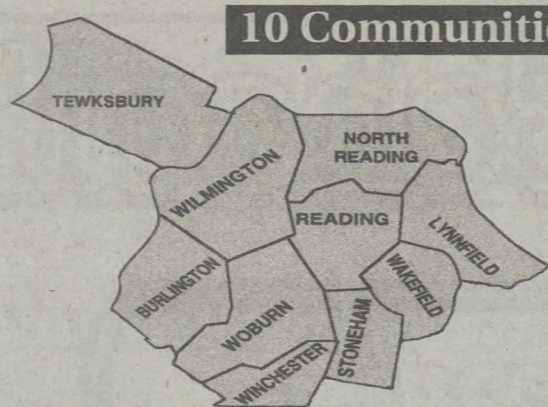
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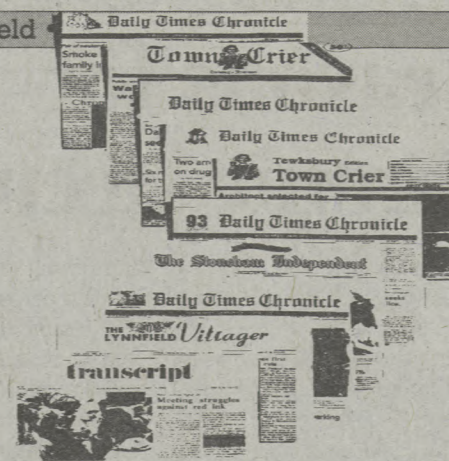
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Computers & Electronics 0090

PcRepairByEd PC repair & virus removal. Free estimates. 978-857-9176. For details visit www.pcrepairbyed.com

Fences, Wall & Masonry 0150

A-1 MASONRY New & restoration. Spec. in brick, block, stone, stairs, walks, chimneys. Free ests. Call Glen 781-935-3511, 617-930-1778.

DELLARUSSO CONCRETE FLOORING

All types of concrete. Patios, walkways, stamped concrete slabs. FREE EST. Michae, Cell 781-706-9746.

G. TUMBARELLO

Stairs, walls, chimneys. Small jobs welcome. References & free estimates. Call Gary 781-933-6647.

Floor, Rug & Tile 0160

A1 CERAMIC TILE REPAIRS Regrouting. New installations. Kitchen & baths. Call 781-438-2401

Home Improvement 0180

HOUSE DOCTORS Handyman Professionals. Home improvements / repairs. Insured - Bonded. Lic. #158222. housedoctor.com 781-944-7081

MR. MAINTENANCE General const. & renov. Additions, kit & baths, tile work, decks, windows, more. 40 yrs. exp. Free ests. 781-933-7543.

RETIRED HANDYMAN Best Prices - Sm. jobs. Carpentry, painting, firing etc. I do it all! Sr. disc. Paul 978-657-8891. Cell 978-833-2999.



Home & Commercial Decorating 0190

Custom Slip Covers Guar. to fit. 26 yrs. exp. Make old furn. look new. Call Joyce 781-438-7824. Customer provides fabric.

Instruction 0200

GIOVANNA'S MUSIC (Winchester, Boston) Piano and voice for all ages and abilities. Member NATS, NEPTA MTNA. 617-606-3000.

The Piano Studio in Winchester - superior private lessons for children and adults, all levels, all styles. 781-729-4347 or email winpiano@gmail.com

Landscaping & Gardening 0220

CUT N EDGE LANDSCAPING SPRING cleanups, lawn cuts, shrub trimming, mulching. Free ests. 781-935-3910. Ins.

Miscellaneous 0240

AIRLINES ARE HIRING - Train for high paying Aviation Career. FAA approved program. Financial aid if qualified - Job placement assistance. CALL Aviation Institute of Maintenance 877-202-0386.

PETERS Art Studio Will paint subjects for all occasions. Hundreds of watercolor paintings for sale. For appt. call 781-944-2450.

SAWMILLS from only \$3997-MAKE MONEY with your own bandmill-Cut lumber any dimension. In stock ready to ship. FREE Info & DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext. 300N

Paint, Paper & Plaster 0260

BRIAN MCGAHAN Painting, Interior and Exterior. Professional, reliable service. Call for free estimate. 781-938-4077

DAN THE HANDYMAN Home Repairs - Paint - Paper - Wallboard - Tile & more. Free estimates. Call Dan 781-258-5304.

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Interior - Exterior. Best rates. Quality work. 30 years experience. Free estimates. 781-272-8882

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35 years experience. Interior & exterior painting. Power wash. Light carpentry. Free estimates. Call 978-774-0192.

MacDonald Plastering Ceilings, walls, repairs, patches. Clean and efficient. Free estimates. Call 781-942-7486

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Interior/Exterior Wallpaper Removal. Free Est. Low Rates. Over 37 Yrs. Experience. 781-932-8299

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Ceilings, walls & woodwork refinished. Paper stripped & hung. 25 yrs. exp. Al Toland, 781-272-6261.

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Plumbing, Heating & Air Conditioning 0280

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Schools 0310

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Rubbish & Junk Removal 0360

ACE REMOVAL Clean-ups, cheap. Why pay for labor? Rent sm. dumpster to clean out home/bus. We provide labor. 781-279-2323.

UNEMPLOYED AMERICAN Demo & Junk Removal. Cleanups - Cleanouts. Free estimates. 978-265-6696

Wedding 0400

WEDDING INVITATIONS The Daily Times Chronicle will provide for all your wedding needs. You are welcome to take our wedding album home overnight or use our online invitation catalog at: www.yourweddingplace.com m/DailyTimesChronicle

MISCELLANEOUS FOR SALE

Furniture & Household Goods 2080

2 LIVING ROOM couches w/pillows, dark blue, 86" x 34". \$100 ea. 978-447-5032.

4 PRS. 46"x70" Pleated draperies & 4 mtchg. gathered valances. Main fabric is lattice pattern, color-Bone with tightly woven citrus color trim. Bought Fabric Prices. \$3500. Asking \$700. 978-851-2519.

BEDROOM - 7 piece

Solid Cherry Sleigh Bed, Dresser/Mirror, Chest and Nightstand. New in boxes. Cost \$2200. Sell \$895. Can deliver. 603-235-1773

BRAND New Kitchen Cabinets in Maple, Cherry, Shaker and Antique White. Never installed. Solid wood. You can add or subtract to fit kit. Cost \$6900. Sell \$1595. Can deliver. Nancy 603-235-1695.

ELEC. Lift chair.

Tan/brown, 2 yrs. old. Pd. \$800, asking \$300. 781-272-0420.

HOT TUB

Brand new 2011. 6 person, 46 jets, LED's. Never hooked up. Cost \$8000, sell \$3500. Can deliver. 781-644-9505.

HOWARD MILLER

1985 Grand Father clock. Exc. cond. \$500. 2 Lane cedar chests. 1 exc. 1 good cond \$150 ea./bo. 781-944-4137.

PERSIAN RUG 9x12.

Exc. cond. \$300. 5 pce. Queen Anne twin BR set. Exc. cond. \$350. DR set. Tble., 5 chrs., buffet in Honey Maple. Exc. cond. \$250. 781-662-4971.

TWO portable high chairs

to put on chairs \$6, 1 pair drapes (lcn) insulated 144 x 84 pd. \$750 will sell for \$300, too heavy for me to handle, 1 never used foot spa, bought at Brookstones \$30. 781-729-1795.

Miscellaneous 2110

NEWSPRINT

The Daily Times Chronicle has a limited supply of newsprint (end of rolls) for sale. \$10 each at it's publishing plant, 1 Arrow Dr., Woburn. These ends of roll can be used for ... moving ... school projects ... packing ... puppies, etc. Call for availability, 781-933-3700.

WOOD STOVE

Gently used, \$300/BO. Call 781-640-1689.

Pets & Supplies 2130

Bengal, Maine Coon/Bengal Kittens/cats available! Exceptional, fun, intelligent, beautiful. Pets @ \$250-\$850. Plus innovative cat toys, cat art. www.attractivecats.com attractivecats@mac.com; 603-818-8136.

Pets & Supplies 2130

Newsprint for Puppies The Daily Times Chronicle has a limited supply of newsprint (end of rolls) for sale. \$10 each at it's publishing plant, 1 Arrow Dr., Woburn. This clean newsprint makes good housetraining material for your puppy. Call for availability, 781-933-3700.

Sporting Goods 2140

GOLF clubs 15 Taylor made complete set w/ fancy head covers & golf bag w/built in stand \$350. Bag Boy golf bag cart \$125. Snorkeling equip. Adult. \$40. 781-272-6364.

Wanted To Buy 2160

ANTIQUES TO COLLECTABLES Antiq., furn., glass, orientals, paintings, jewelry, sterling, 1 pc - entire contents. No obligation. W. White Jr. 781-933-1258

Hand Tools Wanted

Patternmaker, carpenter, sheet metal, machinist. Planes, chisels, calipers, hammers, clamps, anvils. Shop lots. 888-405-2007.

Wanted To Purchase Antiques & Fine Art, 1 Item Or Entire Estate Or Collection, Gold, Silver, Coins, Jewelry, Toys, Oriental, Glass, China, Lamps, Books, Textiles, Paintings, Prints, almost anything old. Evergreen Auctions 978-818-1100. Email evergreenauction@hotmail.com

YARD SALES

Burlington 3020

SAT. 8/27, 9-2, 5 Sandy Brook Rd. Must downsize, many gently used items. Great prices. Hse-ware & baby equip.

Lynnfield 3030

YARD SALE - 509 & LOWELL ST. SOMETHING FOR EVERYONE NO EARLY BIRDS. SAT. AUG. 27, 9AM.

Stoneham 3090

YARD Sale 36 Brookbridge Rd. (off Spring St.) Sat. 8/27, 8am-2pm. No Early Birds! Vintage jewelry, linens + furn., golf items, unique home furnishings. Don't miss this one! Best of the year.

Wilmington 3120

YARD - Perennial Plants, Pots Sale. Old canning jars, ladies hand made desk set, Canon printer. Sat. 8/27, & Sun. 8/28, 9 am - 2pm. 89 Morse Ave.

YARD Sale Sat. 8/27, 9-3, 424 Middlesex Ave. Early birds welcome. Trinkets, dishes, chairs, good & unique stuff, etc.

REAL ESTATE

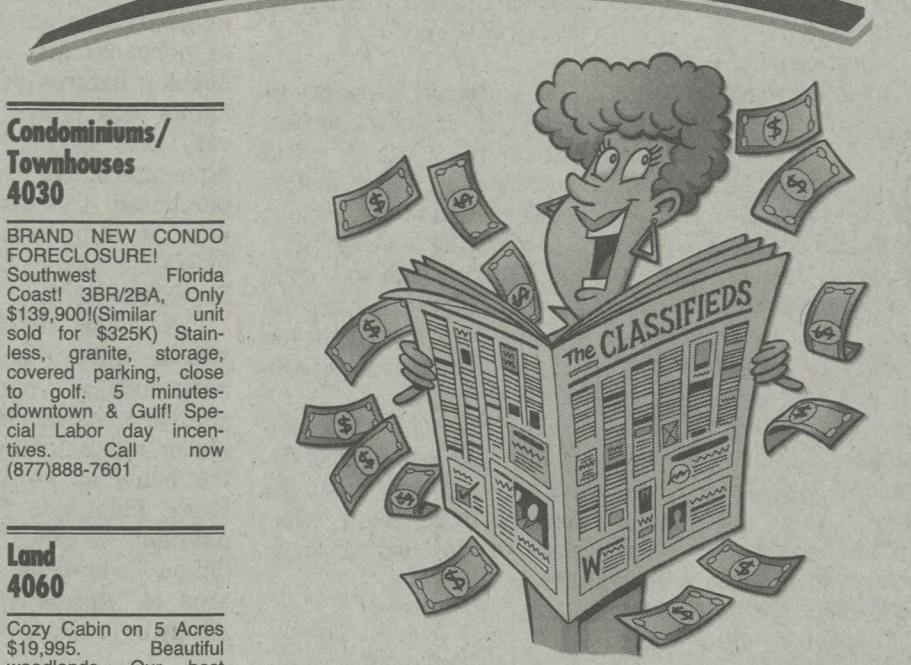
Real Estate Services 4010

EQUAL HOUSING OPPORTUNITY

All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development HUD toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

There are almost twice as many people in Rhode Island than there are in Alaska

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Condominiums/ Townhouses 4030

BRAND NEW CONDO FORECLOSURE! Southwest Florida Coast! 3BR/2BA. Only \$139,900 (Similar unit sold for \$325K) Stainless, granite, storage, covered parking, close to golf. 5 minutes-downtown & Gulf! Special Labor day incentives. Call now (877)888-7601

Land 4060

Cozy Cabin on 5 Acres \$19,995. Beautiful woodlands. Our best deal ever! Call 800-229-7843. Or visit www.landandcamps.com

FREEPORT MAINE LENDER ORDERED; 24 RESIDENTIAL SUBDIVISION LOTS; Auction: September 16; For Details & Terms, visit www.tranzon.com; Tranzon Auction Properties; 207-775-4300; Thomas W. Saturday; ME AUC #757; ME RE Lic. #90600017

WELLS Beach, Maine.

50x100 lot. Town water, sewer, elec. on paved road. 1 mile to beach. 702-468-4413.

Vacation Property 4070

Maine Oceanfront Bargain! 770' WATERFRONT - Only \$89,900 (Bar Harbor Region) Prime 6+ acre coastal building Lot. Over 770' shoreline. Nicely wooded, private, soil tested, survey, power, new paved roads. Great owner financing. L&S Realty 207-781-3294.

Real Estate Wanted 4080

All Run Down Homes Wanted for demo or rehab. Cash buyer, builder. 978-851-4851.

LAND/RUN DOWN PROPERTIES

Best price/quick close. 978-988-2343 rtuast@tritonmanagement.com

RENTALS

Apartments & Condos 5010

NORTH TEWKSBURY 1 bedroom apartment. Off street parking. \$800/mo. Please call 978-851-6172.

READING

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STONEHAM - 2 rooms

plus kitchenette & bath. Cath. cell., slider to deck. \$895 + elec. Call 781-438-9385.

STONEHAM clean 1

bdrm. Off 93, close to 128. 1 car pkg. only. N/S hshld. N/P. \$750. 781-438-7933.

STONEHAM: NO FEE

1 & 2 bdrm. Nr 93/95. Off Main St. Pets ok. D/D, ht/hw incl., laundry, ac, pkg, balc. From \$950. Call 617-547-0026.

WAKEFIELD 3 br, 2 full

baths. W/D h/u, outside deck, hwd flrs., ample off st. prkg. \$1,650 incl. ht & ac. 781-729-2938.

WOBBURN 1 bdrm. & 2

bdrm. appt. Lge. rms. Good location. Prkg. for cars. 1st mo + sec. 781-935-6217.

Apartments & Condos 5010

WOBBURN 5 rm. 2 br. 2 car prkg., patio, on hill by Horn Pond, w/d HU. No pets. \$1,200 + 781-933-2611 b4 8 pm.</

Job Mart

10 CITIES AND TOWNS EVERY WEEK

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UP TO 140,000 READERS

Personal Care Attendants/ Homemakers/ Companions

Griswold Special Care is currently looking for mature, caring, dependable caregivers with a minimum of 2 years experience caring for elderly or disabled individuals in their homes. Flexible full and part time schedules available. Car and certification a plus. Please call:

Griswold Special Care

617-389-0820 to arrange an interview

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Positions available for caring, creative, enthusiastic, dedicated individuals for high quality childcare program. Part time afternoon hours with the potential of additional morning hours. Experience preferred, but not necessary. CORI/DSS evaluation per DEEC guidelines. Certification of Infant/Child First Aid and CPR (will train if necessary). For interview, please send resume to thecw@aol.com or call 781-245-9322

Longwood Place at Reading

Full Time Activities Department

Longwood Place at Reading, an assisted living community, is seeking a creative and dynamic leader to manage Activities Department.

This full-time position requires a very organized & detail oriented individual. Qualified applicant will plan, organize, and implement all regular activities for residents in the community as well as assist in planning special events during the year. Individual will also manage a part-time activity assistant and a van driver.

Experience using a windows computer, email, and basic word processing software is required. Qualified candidate must be able to drive our community passenger van to escort residents on scheduled trips on occasion. This position is responsible for maintaining a budget and for reporting operational success each month in basic report form. Bachelors degree in recreational therapy or education preferred but not required, consideration will be given to talented candidates who demonstrate a high energy level, solid learning skills and the ability to adapt to changing circumstances. Candidate should have some experience working with senior citizens in a regulated environment.

We offer a competitive annual salary with some overtime opportunity, health benefits, 401K, paid vacation time and more.

Please send resumes with a cover letter to:

**Mr. Frank Petras, Executive Director
Longwood Place at Reading**

75 Pearl Street, Reading, MA 01867

Email:

fpetras@longwoodplaceatreading.com

E.O.E.

A full job description is available upon request



THE TOWN OF WINCHESTER Recreation and Community Education Department After-School Teacher

The Winchester Recreation Department needs a part-time person to assist in after-school program at Winchester Recreation Department. Hours will be approximately 20 hours a week during the school year.

If you are energetic, fun and enjoy working with school age children, send a resume to the

Winchester Recreation Department

263 Main Street, Winchester, MA 01890

or call 781-721-7125

for an application

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Middlesex East Real Estate

Transfers From S-12

7 FAIRLANE TER was sold to Jason D. Hoffman & Erika F. Maczuga by Masoud Mohammadi for \$739,900

2 JAMES ST was sold to Jason Petralia & Milene Tabory by Giorgio Lagna & Akiko Hata for \$483,000

25 OXFORD ST was sold to Lemuel B. & Maria S. Hewess by Cynthia E. Murphy for \$1,205,000
63 WESTLAND AVE was sold to Sylvie Durand-Morris & Orin Morris by Leslie J. & Terrence P. Lannon for \$490,000

33 WILDWOOD ST was sold to Karl E. Schmith & Kara L. Goodrich by Michael C. & Melissa J. Giese for \$1,311,000

-WOBURN-

1 BEACH TER was sold to ICCC Investments LLC by Maryjane Stuart for \$209,182

1 BEACH TER was sold to Birch Tree T & Robert W. Murray by ICCC Investments LLC for \$230,000
15 CABOT RD was sold to Strategic Asset

Partners by Lumintron LLC for \$1,750,000

8 CATARINA LN was sold to Eric J. & Alison L. Young by Melanson Dev Group Inc for \$556,500

466 PLACE LN #466 was sold to Cordelia M. Overhiser by Barbara T. Cushing IRT & Sharon D. Cushing for \$25,000

2 ROGERS AVE was sold to Gold Star Homes LLC by Jose R. Raymond by Wells Fargo Bank NA for \$190,000

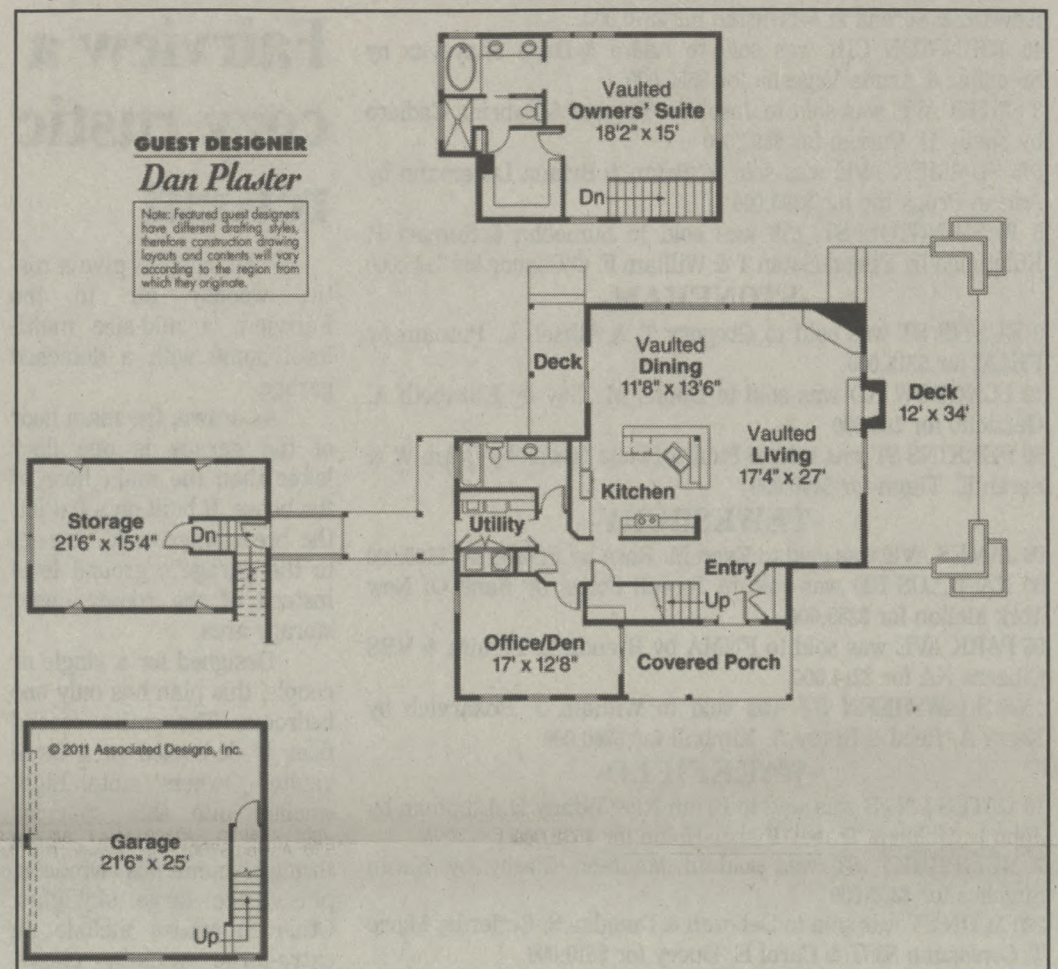
100 UNICORN PARK DR was sold to ND-CR Unicorn LLC by Acquiport Unicorn Inc for \$76,650,000

-LYNNFIELD-

7 CHATHAM WAY was sold to Craig & Jill K. Danese by Jeffrey D. & Kimberly A. Brown for \$735,000

745 MAIN ST was sold to Tracy W. Preston by Don A. Anderson & Nancy J. Hess for \$285,000

1 THWING RD was sold to Bernardo J. Reyes & Claudia C. Hernandez by Alma P. MacIver for \$300,000



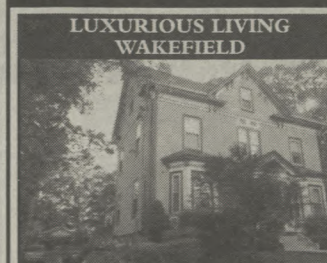
Home From S-12

rally illuminate the living room on all but the darkest of days. When those shorter days and long nights come, a masonry fireplace stands ready to provide warmth and color.

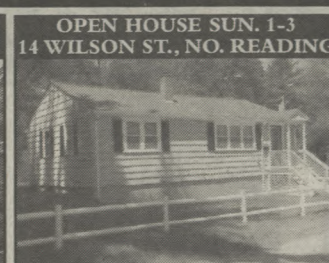
One of the rear corners houses a complete home entertainment center, and wide sliding glass doors offer access to a large deck bounded at the corners by raised brick planters.

Standing on the Fairview's covered entry porch, you have two choices: proceed ahead to the main entry, or walk through sliding glass doors on the left, into a room ideally situated to serve as a home office. Of course, it could also be furnished as a den, second bedroom, hobby room, or whatever suits.

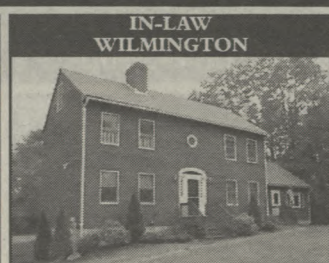
FITZGERALD & ASSOCIATES Real Estate



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WAKEFIELD**
Low Taxes, within minutes to Boston & downtown! Over 4500 sq. ft. of living space w/3 fpl, hdwd flrs top to bottom, some w/inlaid mahogany. Custom cherry 30" kit w/3 sinks, Wolf appl, granite, 2 dishwashers. Acre Plus \$899,900



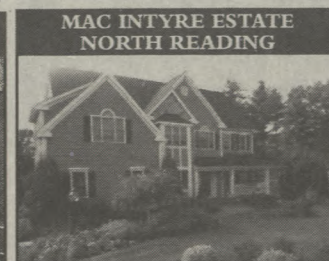
**OPEN HOUSE SUN. 1-3
14 WILSON ST., NO. READING**
Bring your furniture, you'll want to stay! Hdwd flrs, new bath, new septic, new roof, full walk out basement, screened porch. \$259,900



**IN-LAW
WILMINGTON**
A traditional Colonial with a surprise! A wonderful home w/granite to floor fpl, cathedral sunny dining rm PLUS a separate in-law, a 4th bedrm, 2nd kitchen & private entrance. \$487,000



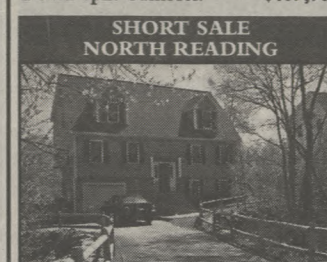
**CONVENIENT LOCATION
STONEHAM**
Minutes to Boston/Peabody or Gloucester! Conv. location yet well family oriented. Private drive, 3 bedrm, 2 bath Split Gambrel. \$469,900



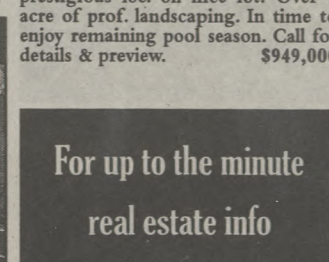
**MAC INTYRE ESTATE
NORTH READING**
Impeccably maintained, designed for family entertainment. Over 4000 sq. ft. of living space in No. Reading's most prestigious loc. on nice lot! Over 1 acre of prof. landscaping. In time to enjoy remaining pool season. Call for details & preview. \$949,000



**684 HAVERHILL ST.
READING**
Be in for the school year. Best Value in today's market at \$315,000. Bring your offer. Hdwd flrs, eat-in kit, 4 season sun rm, gorgeous lot & a garage.



**SHORT SALE
NORTH READING**
Bank Wins - Homeowner O! Now's the time to present your offer. Home offered through short sale process. We've hired a professional to assist w/sale so things should move along. Call for details. \$349,900



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New Home being built - Is there anything better than a new home! This one will be ready for the Holidays so get set! A specification sheet & details are available - just call or email sales@northreading.com \$639,900

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real estate info
log onto
WWW.NORTHREADING.COM

978-664-4709 or email us at sales@northreading.com

~ Real Estate Transfers

-BURLINGTON-

40 7 SPRINGS LN #B was sold to Charles Zha & Qing Huang by 7 Springs Residential for \$599,500
157 BEDFORD ST was sold to 157 Bedford Street LLC by ALJON Realty LLC for \$665,000
33 CAREY AVE was sold to Stanislav Radzinskiy by Gnanarajah & C.K. Baskarakumar for \$374,000
8 GREAT PINES AVE was sold to Marina V. Tsygina by US Bank NA for \$300,000
11 HALLMARK GDNS #11 was sold to Glenn E. Graf & Xinyu Wu by Michael D. Woodman for \$135,000
4 RICHFIELD RD was sold to Kaushik & Godavariben Patel by Debrah L. Pettee for \$310,322
4 RICHFIELD RD was sold to Kaushik & Godavariben Patel by Deborah L. Pettee for \$72,178

-NORTH READING-

3 GREENBRIAR DR #102 was sold to Joseph G. Damato by Linda Pavluk for \$135,000
7 GREENBRIAR DR #206 was sold to Stephen K. Eng by USA HUD for \$85,500
162 HAVERHILL ST was sold to Adriana Y. Iannuzzi & Joseph A. Guzzo by Eisenhuare NT & Sharon L. Fielder for \$10,000
6 MID IRON DR #6 was sold to Leslie R. & Michael T. Corbin by Richard A. Pace for \$370,000
30 NORTHBRIDGE DR #30 was sold to Christine Boudouris by Helen K. Williams for \$290,000

-READING-

BEAR HILL RD was sold to Janice L. Lucas & James Hubbard by Benjamin E. Nichols Est & Richard B. Nichols for \$7,000
714 GAZEBO CIR #714 was sold to Kevin J. & Nancy L. Thompson by Adam J. Shayevitz for \$285,900
83 HANSCOM AVE was sold to Oscar R. & Candis D. Avalos by Edward & Serena P. McGushin for \$370,000
10 JOHNSTON CIR was sold to Adam & Dana Shayevitz by Sreedhar & Aruna Vegesna for \$520,000
8 SMITH AVE was sold to Jason R. Renaud & Sabrina Cadiero by Shelly H. Curran for \$387,000
645 SUMMER AVE was sold to Brian & Briana Ludemann by Adrian Props Inc for \$395,000
5 WASHINGTON ST #A9 was sold to Sumedha & Kumari P. Kulatunga by Eileen Eaton T. & William F. O'Connor for \$125,000

-STONEHAM-

9 EUSTIS ST was sold to Gregory T. & Allison L. Putnam by FHLM for \$315,000
12 LONGBOW RD was sold to Donna M. Gay by Elizabeth A. Gandolfo for \$80,000
50 PERKINS ST was sold to Paul & Iwona Rybak by Brian W. & Sarah E. Timm for \$420,000

-TEWKSBURY-

96 JAMES AVE was sold to Ryan M. Rosa by FNMA for \$160,000
50 NAVILLUS RD was sold to Joseph Pelosi by Bank Of New York Mellon for \$285,000
96 PARK AVE was sold to FNMA by Brenda L. Pereira & RBS Citizens NA for \$214,000
1555 SHAWSHEEN ST was sold to William J. Bokarvich by Kerry A. Reed & Kerry A. Kimball for \$260,000

-WAKEFIELD-

18 GATES LN #B was sold to Brian R. & Wendy H. Lippman by John L. Holup & Tracey Fisher-Holup for \$532,000
7 HUMPHREY ST was sold to Maureen Clasby by Karen Simches for \$355,000
220 MAIN ST was sold to Deborah & Douglas S. Butler by Marie T. Cersosimo RET & Carol E. Ducey for \$610,000

-WILMINGTON-

10 BAKER ST was sold to Ronald J. Lawrenson & Andrea S. Garrigan by Scott J. & Marcia A. Fuller for \$246,000
4 BUCK DR was sold to Kenneth R. & Gillian L. Fisher by Heritage Pines LLC for \$745,000
36 McDONALD RD was sold to Michele E. Semonelli & John M. Healy by 36-48 McDonald Road RT & William J. Roberick for \$600,000
246 MIDDLESEX AVE was sold to Janine Finn by 246 Middlesex Avenue RT & Linda Chamberland for \$340,000
5761 WOBURN ST was sold to Eric D. Rizzo & Carin Bennett-rizzo by Shirley F. Callan Est & Robert G. Peterson for \$420,000

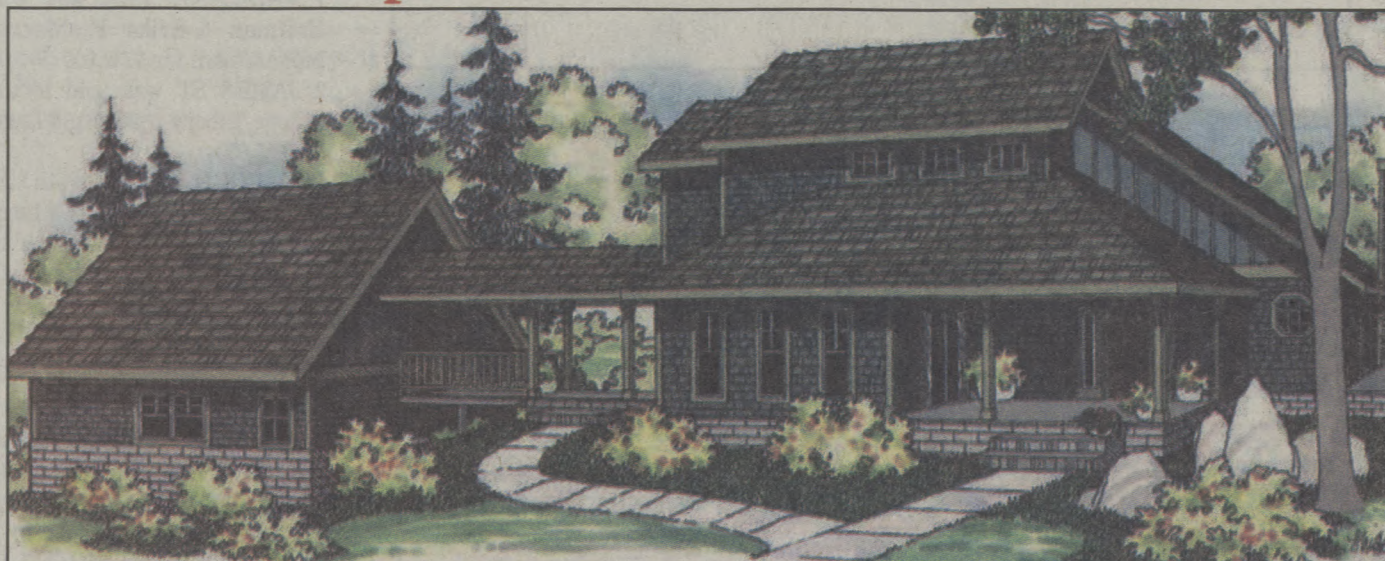
-WINCHESTER-

6 EVERETT AVE was sold to Alvaro A. Simunovic by Neal J. & Patricia Harte for \$2,190,000

Transfers to page S-11

Middlesex East
Real Estate

This Week's Sampler

Multi-level
Fairview a
cozy rustic
retreat

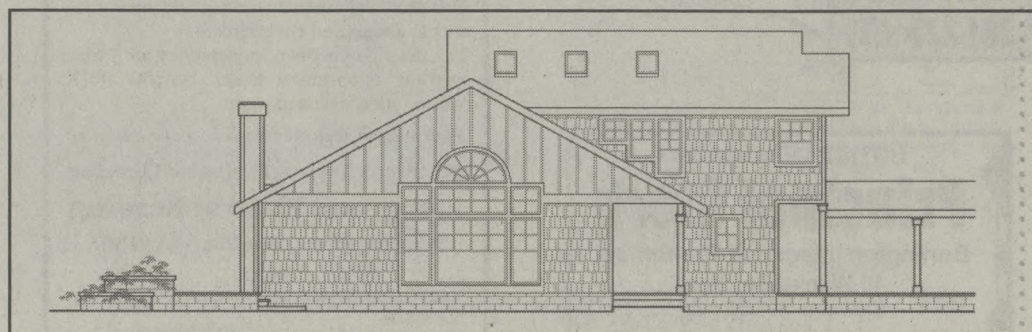
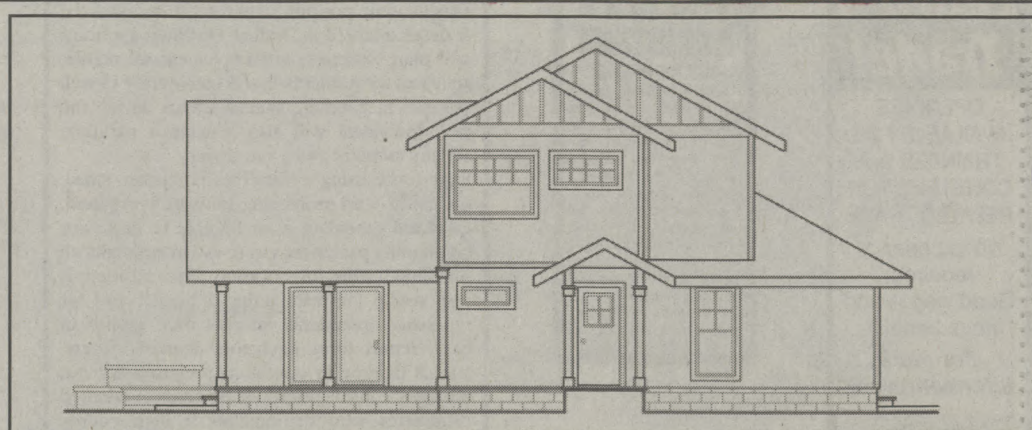
Shake shingles give a rustic, woodsy air to the Fairview, a mid-size multi-level home with a detached garage.

As drawn, the main floor of the garage is one floor lower than the main floor of the house. If built on a flat lot, the breezeway would connect to the garage's ground level instead of the roomy upper storage area.

Designed for a single or couple, this plan has only one bedroom. The entire second floor is dedicated to a large vaulted Owners' suite. Light washes into this spacious sleeping and sitting room through numerous windows, plus three large skylights. Other amenities include an extra-large walk-in closet, dual vanity, spa tub and custom shower.

Vaulted gathering spaces fill most of the ground floor, and the kitchen is very much at the heart of everything. Working there, you can look out across both arms of the L-shaped eating bar into the dining room or living room.

Four skylights, along with plenty of windows, natu-



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TEWKSBURY - \$549,900
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266 MARSHALL ST.

Immaculate Center Entrance Col on 1.73 acres. 8 rm, 4 br, 2.5 bath w/ nothing to do but move in!! Walk-up attic for future expansion.

NEW LISTING
WILMINGTON \$385,000
OPEN HOUSE SUNDAY 12-2
1 JORDAN ST.

This great 3 BR, 1.5 BA S/E home has been updated with upgrades including: new roof, vinyl siding, furnace, sprinkler system, cen A/C, hardwood flrs, ceramic tile & more!

TEWKSBURY - \$789,900
OPEN HOUSE SUNDAY 12-2
200 MITCHELL G DRIVE

This executive 9 rm, 4 bdrm, 3.5 bath custom built (by owner) home is located on a Par 5 Fairway of the Tewksbury Country Club. Call for list of upgrades!!

LOWELL - BELVIDERE
\$419,900

Great home for the extended family in Belvidere. Lower Level has an in-law with 1-2 bedrooms, 1.5 bath & kitchen. Hardwood floors. Owners looking for offer!

WILMINGTON - \$279,900



This home has 4 bedrooms, a fireplaced living room and a large eat-in kitchen. Fenced in back yard with lots of room for family activities. Beautiful shade trees on the lot. Move in ready.

TEWKSBURY \$279,900



Great 3BR, 1 BA Cape-style home with FR addition w/ cath, skylights & fan. Many updates including: new flooring, SS appliances, bath & kitchen updates & much more!

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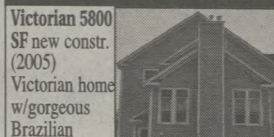
Ali McCoy

STONEHAM \$525,900



Spectacular indoor lap pool/Jacuzzi in Solarium. 10 rooms, 3 fireplaces, cathedral ceilings, skylights, potential for two master suites, two car garage, pristine, level lot, fenced. SWIM ALL WINTER!!

WOBURN \$799,900



Victorian 5800 SF new constr. (2005) Victorian home w/ gorgeous Brazilian Cherry flrs thruout, high ceilings, victorian authenticities, 5 to 7 bdms, Master suite, au pair suite w/2 bdms, sprinkler sys., circular driveway. Chef's kitchen includes Bosch, Sub-zero, full sized double ovens, raised dishwasher, more.

WAKEFIELD \$419,900

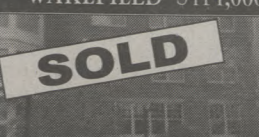


7 rm, 2 bdrm Condo w/ gorgeous roof deck, 2 full baths, SS kitchen, master suite on 1st level, gym & garage. Sought after Wakefield Crossing.

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Wakefield, 5 rm, 2 Bath, 2 Bdrm Condo at Wakefield Crossing. \$414,000

STONEHAM \$269,900



Charming 7 Rm, 3 Bdrm, 2 Full Bath. Needs work... MANY upgrades already completed.

STONEHAM \$705,000



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